

COUPLES COPING WITH STRESS

Emerging Perspectives on Dyadic Coping



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Karen Kayser, and Gary Bodenmann

Couples Coping With Stress Emerging Perspectives On Dyadic Coping Decade Of Behavior

Julie Hakim-Larson



Couples Coping With Stress Emerging Perspectives On Dyadic Coping Decade Of Behavior:

Couples Coping with Stress Tracey A. Revenson, Karen Kayser, Guy Bodenmann, 2005-01-01 This volume addresses the construct of dyadic coping between people in intimate relationships By strict definition dyadic coping involves both partners and is the interplay between the stress signals of one partner and the coping reactions of the other or a genuine act of common shared coping As the chapters in this volume illustrate the construct of dyadic coping is nuanced interpreted differently by the chapter authors to include processes such as everyday communication interpersonal conflict joint problem solving the giving and receiving of emotional support and dealing with life stressors as a we not just two Is The primary aim of this book is to present current approaches on stress and coping in couples to bring American and European contributions together and to stimulate further fruitful scientific exchange on this topic of growing importance Intended primarily for scholars in the field of marital research stress and coping research and interpersonal relationships the book also serves as a useful reader for practitioners As the idea of dyadic coping is a new and innovative approach in the area of marital therapy this volume should be of interest to therapists as well Preface PsycINFO Database Record c 2006 APA all rights reserved

Couples Coping with Stress Mariana K. Falconier, Ashley K. Randall, Guy Bodenmann, 2016-05-12 This is the first book that reviews both empirical and clinical applications of how couples jointly cope with stress dyadic coping around the globe The Systemic Transactional Stress Model STM developed by co editor Guy Bodenmann is used as a consistent framework so readers can better appreciate the contrasts and similarities across the fourteen cultures represented in the book Written by scholars from the particular culture each chapter provides a conceptual review of the dyadic coping research conducted in their specific cultures and also provides empirical and clinical recommendations Additional contributions include how to measure dyadic coping so others can apply the STM model in other contexts The latest treatment approaches for therapy and prevention are also highlighted making this book ideal for professionals interested in expanding their cultural competence when working with couples from various backgrounds Highlights include How couples in different cultures deal with stress and how values and traditions affect dyadic stress and coping Global applications especially to couples in the regions highlighted in the book the U S including one chapter on Latino couples in the U S Australia China Greece Hungary Italy Japan Kenya Nigeria Pakistan Portugal Romania and Switzerland Factors encountered in examining dyadic coping using the STM Model including measurement and assessment issues Suggestions for making treatment prevention and intervention programs for couples more effective Ideal for relationship researchers psychologists mental health counselors social workers and advanced students who work with couples dealing with stress This book is also appropriate for advanced courses on interpersonal processes close relationships stress and coping multicultural issues in marriage and family therapy or counseling or family systems taught in a variety of social science disciplines [Dyadic Coping: A Collection of Recent Studies](#) Guy Bodenmann, Mariana K. Falconier, Ashley K. Randall, 2019-09-25 Dyadic coping is a concept that has reached

increased attention in psychological science within the last 20 years Dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands planning together how to deal with the stressors and engage in supportive or joint dyadic coping Among the different theories of dyadic coping the Systemic Transactional Model STM Bodenmann 1995 1997 2005 has been applied to many studies on couples coping with stress While a recent meta analysis shows that dyadic coping is a robust and consistent predictor of relationship satisfaction and couple s functioning in community samples some studies also reveal the significance of dyadic coping in dealing with psychological disorders e g depression anxiety or severe illness e g cancer diabetes COPD etc Researchers all over the world build their research on this or other concepts of dyadic coping and many typically use the Dyadic Coping Inventory DCI for assessing dyadic coping So far research on dyadic coping has been systematically presented in two books one written by Revenson Kayser Bodenmann in 2005 focussing on emerging perspectives on couples coping the other by Falconier Randall Bodenmann more recently in 2016 addressing intercultural aspects of dyadic coping in African American Asian and European couples This eBook gives an insight into recent dyadic coping research in different areas and countries

The Handbook of Systemic Family Therapy, Systemic Family Therapy with Couples Adrian J. Blow, 2020-10-19 Volume III of The Handbook of Systemic Family Therapy focuses on therapy with couples Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment Developed in partnership with the American Association for Marriage and Family Therapy AAMFT it will appeal to clinicians such as couple marital and family therapists counselors psychologists social workers and psychiatrists It will also benefit researchers educators and graduate students involved in CMFT

Affect Dynamics Christian E. Waugh, Peter Kuppens, 2021-11-27 This book features cutting edge research on the theory and measurement of affect dynamics from the leading experts in this emerging field Authors will discuss how affect dynamics are instantiated across neural psychological and behavioral levels of processing and provide state of the art analytical and computational techniques for assessing temporal changes in affective experiences In the section on Within episode Affect Dynamics the authors discuss how single emotional episodes may unfold including the duration of affective responses the dynamics of regulating those affective responses and how these are instantiated in the brain In the section on Between episode Affect Dynamics the authors discuss how emotions and moods at one point in time may influence subsequent emotions and moods and the importance of the time scales on which we assess these dynamics In the section on Between person Dynamics the authors propose that interactions and relationships with others form much of the basis of our affect dynamics Lastly in the section on Computational Models of Affect authors provide state of the art analytical techniques for assessing and modeling temporal changes in affective experiences Affect Dynamics will serve as a reference for both seasoned and beginning affective science researchers to explore affect changes across time how these affect dynamics occur and the causal antecedents of these dynamics

Individual versus Dyadic Processes: Health and Relationship Outcomes Maria

Nicoleta Turliuc, Tea L. Trillingsgaard, Anne Milek, 2021-10-01 Psycho-Oncology William Breitbart, Phyllis Butow, Paul Jacobsen, Matthew Loscalzo, Wendy Lam, Mark Lazenby, 2021 Psycho oncology 4th Edition is solemnly dedicated to Professor Jimmie C Holland M D internationally recognized as the founder of the field of Psycho oncology Dr Holland who was affectionately known by her first name Jimmie had a profound global influence on the fields of Psycho oncology Oncology Supportive Care Psychiatry Behavioral Medicine and Psychosomatic Medicine At the time of her passing Dr Holland was the Attending Psychiatrist and Wayne E Chapman Chair at Memorial Sloan Kettering Cancer Center MSK and Professor of Psychiatry Weill Medical College of Cornell University in New York **Emotional Development and Families** Julie Hakim-Larson, 2017-09-30 This lively and engaging book conducts a thorough review of the current research literature in developmental psychology and socialisation and then clearly links theory to practical applications in both clinical and everyday situations Life s first important lessons on how to handle emotions often emerge early on within family relationships forming the foundation for emotional development over the life span Couples siblings parents and extended family members all have profound influences on each other s emotional lives as well as on the lives of the children they are socialising Students can expect to learn a wide range of relevant topics bringing together theory practice and research in a comprehensive and lucid way Covering the main topics of emotional development this textbook reviews contemporary research and makes recommendations for how students might practically use the findings in their future studies or in practice Filled with a wealth of resources and suggestions for further reading this book is an ideal supplementary text suitable for students taking undergraduate and postgraduate courses on developmental psychology family psychology and child clinical psychology This book may also be helpful for those taking undergraduate and postgraduate courses on social work counselling education studies and family studies **Stress, Coping, and Development** Carolyn M. Aldwin, 2009-10-14 How do people cope with stressful experiences What makes a coping strategy effective for a particular individual This volume comprehensively examines the nature of psychosocial stress and the implications of different coping strategies for adaptation and health across the lifespan Carolyn M Aldwin synthesizes a vast body of knowledge within a conceptual framework that emphasizes the transactions between mind and body and between persons and environments She analyzes different kinds of stressors and their psychological and physiological effects both negative and positive Ways in which coping is influenced by personality relationships situational factors and culture are explored The book also provides a methodological primer for stress and coping research critically reviewing available measures and data analysis techniques

A New Lens on Emerging Adulthood Shmuel Shulman, 2023-11-03 In recent years fewer young people make a smooth and linear transition to adulthood The age of marriage has increased and the lives of many young people are characterized by instabilities in both their careers and their romantic lives These changes have been conceptualized as an extension of adolescence with some arguing that this reflects the increased narcissism and self absorption of Generation me However

when approaching the age of 30 the vast majority of young people are likely to have settled down More than eighty percent have started a career or have a steady job OECD 2022 and more than two thirds are married or involved in a stable and intimate romantic relationship U S Census Bureau 2021 Measuring Couples and Family Dynamics in India D. Barani Kanth,J. Indumathy,S. Kadiravan,G. Nagasubramaniyan,P. Padma Sri Lekha,2024-06-07 This book provides a cross cultural validation for 18 important questionnaires widely used in family research in India It addresses the issue of cross cultural validity by presenting analytical procedures and evidences for the validity of these scales in the Indian cultural context Additionally it offers valuable methods and procedures involved in the translation adaptation and cross cultural validation of scales in family research The book also discusses essential nuances in data analysis including Confirmatory Factor Analysis CFA Measurement Invariance MI and constructs validity while developing and validating scales used in social science research It is an ideal companion for any researcher or practitioner looking for scales validated in the Indian cultural context in family psychology It is also suitable for students interested in learning the practical aspects of psychometric methods and the validation of scales **Intimacy and Ageing** Torbjörn Bildtgård,Peter Öberg,2018-12-12 To begin new relationships in later life is increasingly common in large parts of the Western world This timely book addresses the gap in knowledge about late life repartnering and provides a comprehensive map of the changing landscape of late life intimacy Part of the Ageing in a Global Context series the book examines the changing structural conditions of intimacy and ageing in late modernity How do longer lives changing norms and new technologies affect older people s relationship careers their attitudes to repartnering and in the formation of new relationships Which forms do these new unions take What does a new intimate relationship offer older men and women and what are the consequences for social integration What is the role and meaning of sex By introducing a gains perspective the book challenges stereotypes of old age as a period of loss and decline It also challenges the image of older people as conservative and instead presents them as an avant garde that often experiment with new ways of being together *Couple Therapy for Depression* David Hewison,Christopher Clulow,Harriet Drake,2014-06-19 Depression is second after heart disease as the most damaging health condition in the world The NHS has devoted huge resources to training thousands of psychological therapists to work in Improving Access to Psychological Therapies services specifically to treat depression in adults and couple therapy has been identified as one of the effective ways of treating it Couple Therapy for Depression is an integrative 20 session couple therapy designed to treat depression in couples where there is also relationship distress Following the recommendations of the UK s National Institute for Clinical Excellence for a behaviourally based couple therapy treatment it draws on RCT studies of efficacy as well as best practice in behavioural cognitive emotionally focused systemic and psychodynamic couple therapies Sticking closely to the competencies identified for the treatment of depression and relationship distress in couples it outlines the ways in which couple therapists can reduce damaging interactions between couples build emotional openness and closeness improve communication and behaviour

change unhelpful cognitions and perceptions and help the couple cope with the ordinary and not so ordinary stresses that arise in the course of everyday relating Written by couple therapists who understand deeply the unique challenges of doing therapy with couples it is based on the training programme for Couple Therapy for Depression commissioned by the NHS for use in its Improving Access to Psychological Therapies services It begins by describing the causes and consequences of depression and then focuses on its impact on the adult couple Highlighting the particular techniques needed in safe and effective work with distressed couples it goes through the different ways in which the couple s feelings thoughts and behaviours need to be understood and worked with in order to reduce relationship distress It outlines the treatment of 4 different couples to illustrate the therapy in action and will be helpful for any therapist wanting to enhance their work with couples

Handbook of Gender Research in Psychology Joan C. Chrisler, Donald R. McCreary, 2010-03-12 Donald R. McCreary and Joan C. Chrisler The Development of Gender Studies in Psychology Studies of sex differences are as old as the field of psychology and they have been conducted in every sub-field of the discipline There are probably many reasons for the popularity of these studies but three reasons seem to be most prominent First social psychological studies of person perception show that sex is especially salient in social groups It is the first thing people notice about others and it is one of the things we remember best Fiske, Haslam, Stangor, Lynch, Duan, Glass 1992 For example people may not remember who uttered a witty remark but they are likely to remember whether the quip came from a woman or a man Second many people hold firm beliefs that aspects of physiology suit men and women for particular social roles Men s greater upper body strength makes them better candidates for manual labor and their greater height gives the impression that they would make good leaders i.e. people we look up to Women s reproductive capacity and the caretaking tasks e.g. breastfeeding, baby minding that accompany it make them seem suitable for other roles that require gentleness and nurturance Third the logic that underlies hypothesis testing in the sciences is focused on difference Researchers design their studies with the hope that they can reject the null hypothesis that experimental groups do not differ

Feeling Hurt in Close Relationships Anita L. Vangelisti, 2009-07-31 Feeling Hurt in Close Relationships presents a synthesis of cutting edge research and theory on hurt Being hurt is an inevitable part of close relationships What varies from relationship to relationship is not whether partners hurt each other but how their relationship is affected by hurtful episodes Given the potential influence of hurt feelings on people s interpersonal relationships it is not surprising that scholars have begun to study the antecedents, processes and outcomes associated with hurt This collection integrates the various issues addressed by researchers, theorists and practitioners who study the causes of hurt feelings, the interpersonal events associated with hurt and the ways people respond to hurting and being hurt by others To capture the breadth and depth of the literature in this area the work of scholars from a variety of disciplines including social psychology, communication, sociology and family studies is highlighted

The Psychology of Romantic Relationships Ami Rokach, Erez Zverling, Ami Sha'ked, 2025-08-01 Psychology of Romantic

Relationships delves into the myriad factors that contribute to successful relationships Starting with Intimacy in Romantic Relationships the book unveils new facets of the complex dynamics underpinning successful marriages From the pivotal role of communication and trust to the delicate balance of gratitude and forgiveness each chapter provides insightful knowledge to understand and enhance marital bonds Furthermore the book covers additional essential aspects such as the importance of mutual respect the role of shared activities in bonding and the impact of individual growth on relationship harmony It is a must read for psychologists therapists and anyone interested in the intricacies of love Combines theoretical insights with real world applications Reviews what constitutes a marriage including trust attitudes and control Outlines the key factors that contribute to the problems and obstacles in an intimate relationship

Lifestyle Management Dr. Rubi ,2023-07-27 This book on lifestyle management has been published for the B Ed students and also for the modern generation to manage their day to day lifestyle issues The book has been divided into four units and Practicum dealing with various aspects of lifestyle management in order to gain an insight into this subject as well as to guide people to manage their lifestyle with the objective of enabling them to lead a healthy and productive life

Gender and the Transition to Parenthood Kristin D. Mickelson,Kristen Marcussen,2023-03-15 This book provides a new approach by examining gender and the transition to parenthood by using the actor partner interdependence model Unlike other books which focus on the individual perspective of becoming a parent especially for mothers this book examines how couples and individuals successfully navigate this important life passage This book covers a mix of psychological and sociological studies on the transition to parenthood Readers will learn about the affective behavioral and cognitive aspects of this transition in early 21st century America and how it has changed in the past three decades The book is aimed at graduate students researchers and professionals who are interested in an interdisciplinary approach to this most formative passage in adult life By bringing together past and current research this book tells the story of becoming parents in 21st century America from his her and their points of view Actor partner interdependence model approach Affective behavioral and cognitive processes Broad review of gender and the transition

The Psychology of Gender Vicki S. Helgeson,2015-07-17 This book provides the nature of gender and the development of gender roles It focuses on women s and men s communication and interaction styles and provides an overview of sex differences in health and theories as to their origins

Handbook of Divorce and Relationship Dissolution Mark A. Fine,John H. Harvey,2013-12-19 This Handbook presents up to date scholarship on the causes and predictors processes and consequences of divorce and relationship dissolution Featuring contributions from multiple disciplines this Handbook reviews relationship termination including variations depending on legal status race ethnicity and sexual orientation The Handbook focuses on the often neglected processes involved as the relationship unfolds such as infidelity hurt and remarriage It also covers the legal and policy aspects the demographics and the historical aspects of divorce Intended for researchers practitioners counselors clinicians and advanced students in psychology sociology family studies

communication and nursing the book serves as a text in courses on divorce marriage and the family and close relationships

Reviewing **Couples Coping With Stress Emerging Perspectives On Dyadic Coping Decade Of Behavior**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Couples Coping With Stress Emerging Perspectives On Dyadic Coping Decade Of Behavior**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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