

SERIES IN ANXIETY AND RELATED DISORDERS

CONCEPTS AND  
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Edited by  
Jonathan S. Abramowitz  
and  
Arthur C. Houts

# Concepts And Controversies In Obsessive Compulsive Disorder Series In Anxiety And Related Disorders

**Guillaume Favre**



## **Concepts And Controversies In Obsessive Compulsive Disorder Series In Anxiety And Related Disorders:**

**Oxford Handbook of Anxiety and Related Disorders** Martin M. Antony, Murray B. Stein, 2009 This handbook reviews research and clinical developments through synthetic chapters written by experts from various fields of study and clinical backgrounds It discusses each of the main anxiety disorders and examines diagnostic criteria prevalence rates comorbidity and clinical issues

*Concepts and Controversies in Obsessive-Compulsive Disorder* Jonathan S. Abramowitz, Arthur C. Houts, 2006-11-22 Few syndromes in psychopathology generate as much popular curiosity and clinical exploration as does obsessive compulsive disorder OCD Since the 1970s research on OCD has increased exponentially Specific advances include an improved grasp of the heterogeneity of the disorder identification of putative subtyping schemes and the development of increasingly sophisticated theoretical models of the etiology and maintenance Perhaps most importantly research has led to advances in treatment and where as the first line therapies cognitive behavior therapy and serotonergic medication are not entirely effective for every sufferer they have transformed OCD from an unmanageable lifetime affliction into a treatable problem that need not reduce quality of life Despite the aforementioned advances there have emerged a number of sharp disagreements concerning OCD Differences have surfaced over phenomenological issues etiological models and approaches to treatment and often occur but not exclusively along disciplinary lines between biologically oriented and cognitively behaviorally oriented authorities For example medical approaches posit that abnormal biological processes cause OCD whereas psychosocial formulations emphasize the role of learning and dysfunctional cognitions Yet because theoretical conjecture and empirical findings from within each tradition are typically addressed toward distinct and narrow audiences clinicians researchers and students with broad interests are hindered from gaining a clear grasp of the diverse and sometimes polarized perspectives

*Child and Adolescent Psychopathology* Linda A. Wilmschurst, 2017-09-14 *Child and Adolescent Psychopathology A Casebook* by Linda A Wilmschurst provides 25 real life cases to give readers a deeper understanding of a wide range of disorders within the context of the DSM 5 As they explore complex cases readers learn to integrate theory into research based assessments and interventions Each case provides opportunities to practice clinical skills in the assessment diagnosis and treatment of childhood disorders from a number of theoretical perspectives and at various levels of interest and expertise Reflecting the latest developments in the field the Fourth Edition now includes a new case study on social phobia social anxiety disorder additional post case questions and an expanded introductory chapter discussing trends in case formulation

**The Cambridge Handbook of Anxiety and Related Disorders** Bunmi O. Olatunji, 2019-01-03 This Handbook surveys existing descriptive and experimental approaches to the study of anxiety and related disorders emphasizing the provision of empirically guided suggestions for treatment Based upon the findings from the Diagnostic and Statistical Manual of Mental Disorders DSM 5 the chapters collected here highlight contemporary approaches to the classification presentation etiology assessment and treatment of anxiety and related disorders The collection also considers a biologically informed framework

for the understanding of mental disorders proposed by the National Institute of Mental Health's Research Domain Criteria RDoC. The RDoC has begun to create a new kind of taxonomy for mental disorders by bringing the power of modern research approaches in genetics, neuroscience, and behavioral science to the problem of mental illness. The framework is a key focus for this book as an authoritative reference for researchers and clinicians.

**Massachusetts General Hospital Comprehensive Clinical Psychiatry** Theodore A. Stern, Maurizio Fava, Timothy E. Wilens, Jerrold F. Rosenbaum, 2015-04-09. The Massachusetts General Hospital is widely respected as one of the world's premier psychiatric institutions. Now preeminent authorities from MGH present the newly updated edition of Massachusetts General Hospital Comprehensive Clinical Psychiatry, a unique medical reference book that continues to simplify your access to the current clinical knowledge you need both in print and online. It provides practical approaches to a wide variety of clinical syndromes and settings aided by stunning graphics and hundreds of questions and answers geared to each chapter. You'll have convenient access to all the authoritative answers necessary to overcome any clinical challenge. User-friendly, highly templated organization with abundant boxed summaries, bulleted points, case histories, algorithms, references, and suggested readings. Peerless hands-on advice from members of the esteemed MGH Department of Psychiatry helps you put today's best approaches to work for your patients. Interactive and downloadable Q&A. Neuroanatomical Systems Relevant to Neuropsychiatric Disorders. Legal and Ethical Issues in Psychiatry. Military Psychiatry and Approaches to Collaborative Care and Primary Care Psychiatry. Features full new DSM-5 criteria, new art, tables, and key points, and new Alzheimer's Disease guidelines. Highlights recent developments in the field such as neurotherapeutics, new psychotropics, military psychiatry, collaborative care, ensuring your knowledge is thoroughly up to date. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

Interdisciplinary Perspectives on Sustainable Development Dimitrios A. Karras, Sai Kiran Oruganti, Sudeshna Ray, 2023-10-19. ISC 2022 is dedicated to the Niti Aayog policies to promote sustainability through exchange of ideas emerging out of the academia. The ISC is an annual conference that is held in virtual mode until COVID restrictions on travel exist. The vision of the conference is to capacitate Academia with the necessary ideas that provide insights of the grassroots level development to various stakeholders of the Niti Aayog policies. Towards this goal, the conference creates a conjunction of various stakeholders of Niti Aayog policies that include academic institutions, government bodies, policy makers, and industry. The ISC organizers make concerted efforts to promote academic research that would technological, scientific, management, business practices, and insights into policy merits, disruptions. The framework of exchange of ideas is geared towards adoption of deep technologies, fundamental sciences, engineering, energy research, energy policies, advances in medicine-related case studies. This framework enables the round table discussions between the academia, industry, and policy makers through its range of plenary and keynote speakers.

*Psychiatric Advanced Practice Nursing* Eris F. Perese, 2012-01-05. Here's an evidence-based holistic approach to caring for

psychiatric and mental health patients in outpatient settings Using a biopsychosocial model this text addresses mental health issues through stabilization of brain chemistry individualized psychotherapy and re socialization into the community Inside you ll find an in depth focus on specific psychiatric disorders including the epidemiology etiology biological basis clinical presentation of adults older adults and children co morbidities differential diagnosis and treatment There is also comprehensive coverage of the interventions and Levers of Change used to aid patients in their recovery as well preventative interventions

**Imagery in Cognitive-Behavioral Therapy** Lusía Stopa,2021-07-06 Richly illustrated with clinical material this book presents specific techniques for working with multisensory imagery in cognitive behavioral therapy CBT Leading researcher clinician Lusía Stopa explores how mental images similarly to verbal cognitions can trigger distress and drive maladaptive behavior She guides the therapist to assess imagery and help clients to recognize and explore it A range of interventions are described including imaginal exposure imaginal reliving rescripting working with self images and using positive imagery to improve well being Extensive sample dialogues and a chapter length case example demonstrate the techniques in action with clients with a range of frequently encountered psychological problems

*Current Perspectives on the Anxiety Disorders* Steven Taylor,Dean McKay,Jonathan S. Abramowitz,Gordon J. G. Asmundson,2009-06-22 This book synthesizes the best of the new research related to anxiety disorders and how they are classified and diagnosed Dr Dean McKay and his co editors have brought together leading authorities from multiple theoretical traditions to present the new directions and perspectives in the field of anxiety research The contributors also discuss why current classification systems are inadequate and what revisions should be made The book presents in depth discussions of how anxiety disorders are understood and assessed as well as potential new implications for DSM V Key features Covers the existing descriptive approach to the study of anxiety disorders its adequacy in diagnosis and its limitations Discusses the major theoretical and methodological approaches used to assess anxiety such as fear circuitry taxometric methods actigraphy neuroscience and behavioral genetics Reviews diagnostic and classification controversies that center on specific anxiety disorders such as obsessive compulsive disorder social anxiety posttraumatic stress disorder and worry This book covers the full spectrum of theoretical and empirical approaches used in the study diagnosis and classification of anxiety problems In short this volume serves as the authoritative reference book on the conceptualization and diagnosis of anxiety disorders

*Psychopathology* Louis G. Castonguay,Thomas F. Oltmanns,Abigail Powers Lott,2021-08-18 This authoritative text gives students and practicing psychotherapists a rich understanding of the connections between psychopathology research and clinical practice Chapters thoroughly describe the etiology DSM 5 classification symptoms and clinical features course epidemiology and associated comorbidities of prevalent psychological disorders What sets this tightly edited volume apart are insightful discussions of how current empirical findings can inform assessment case formulation the therapeutic relationship and intervention strategies regardless of theoretical orientation Each chapter is written collaboratively by leading

psychopathology and psychotherapy researchers      *Handbook on Obsessive-Compulsive and Related Disorders* Katharine A. Phillips, Dan J. Stein, 2015-03-19

Obsessive compulsive and related disorders OCRDs are both prevalent and a source of significant impairment for patients who suffer from them yet they remain underrecognized and underdiagnosed. *Handbook on Obsessive Compulsive and Related Disorders* provides comprehensive and cutting edge coverage of OCRDs for clinicians and trainees in the context of the new classification framework established by the DSM 5. Chapters cover OCD, body dysmorphic disorder, BDD, hoarding disorder, trichotillomania, hair pulling disorder, excoriation skin picking disorder, and illness anxiety disorder among other related conditions, ensuring that readers are current on both the research on and the standard of care for these illnesses. In addition, each chapter employs a logical and consistent structure addressing diagnostic criteria and symptomatology, epidemiology, etiology, and pathophysiology, comorbidities, course and prognosis, assessment and differential diagnosis, psychosocial impairment, and suicidality, and other topics such as cultural and gender related issues. Treatment approaches and considerations are explored in depth. The *Handbook's* useful features are many. The first book focused on the OCRDs to be published since the development of DSM 5, it reflects a deep understanding of the disorders and the DSM 5 development process. Readers can depend on the utmost compatibility with DSM 5 because the book was edited by the chair of the DSM 5 work group and the chair of the sub work group that oversaw the development of the OCD category. The editors have provided a helpful introductory chapter that thoroughly addresses the changes from DSM IV. The book includes a chapter on disorders that were seriously considered for though ultimately not included in the DSM 5 OCD chapter and for which research offers some support for a close relationship to OCD. These include tic disorders, illness anxiety disorder, hypochondriasis, and obsessive compulsive personality disorder. Case studies are provided in each chapter as well as key clinical points both of which help the reader understand, contextualize, and make use of the book's content. Recommended readings at the end of each chapter offer the opportunity to deepen understanding. The costs to society of undiagnosed and/or untreated OCD are high in both human and financial terms, and clinicians need to master all available tools to help patients and families understand and cope with these disorders. *Handbook of Obsessive Compulsive and Related Disorders* deserves a prominent position both in the literature and on the clinician's bookshelf.

*Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions* Jonathan S. Abramowitz, Dean McKay, Steven Taylor, 2011-04-28

Researchers and clinicians working with Obsessive Compulsive Disorders, OCD, and related disorders who need the most current information available will find this volume of great use. *Obsessive Compulsive Disorder: Subtypes and Spectrum Conditions* covers contemporary theory, research, and treatment of the various subtypes of OCD and problems often referred to as OCD spectrum disorders. As the mental health field considers the next iteration of the DSM, an entire research agenda is being planned to elucidate issues such as how best to understand and classify OCD. The questions of subtypes and spectrum disorders are at the heart of this issue and will guide how OCD is conceptualized in DSM V. This volume dedicated to such diagnostic, theoretical, and treatment issues

helps inform the field of the most up to date knowledge and what remains to be resolved Deconstructs OCD into its subtypes Reviews current research and treatment for these problems Considers how OCD will be conceptualized in DSM V Represents an international scope with contributions from field experts in psychology psychiatry and social work Includes critical discussion of the OCD subtype and OCD spectrum concepts

**Encyclopedia of Human Behavior** ,2012-01-31 The Encyclopedia of Human Behavior Second Edition Three Volume Set is an award winning three volume reference on human action and reaction and the thoughts feelings and physiological functions behind those actions Presented alphabetically by title 300 articles probe both enduring and exciting new topics in physiological psychology perception personality abnormal and clinical psychology cognition and learning social psychology developmental psychology language and applied contexts Written by leading scientists in these disciplines every article has been peer reviewed to establish clarity accuracy and comprehensiveness The most comprehensive reference source to provide both depth and breadth to the study of human behavior the encyclopedia will again be a much used reference source This set appeals to public corporate university and college libraries libraries in two year colleges and some secondary schools Carefully crafted well written and thoroughly indexed the encyclopedia helps users whether they are students just beginning formal study of the broad field or specialists in a branch of psychology understand the field and how and why humans behave as we do Named a 2013 Outstanding Academic Title by the American Library Association's Choice publication Concise entries ten pages on average provide foundational knowledge of the field Each article features suggested further readings a list of related websites a 5 10 word glossary and a definition paragraph and cross references to related articles in the encyclopedia Newly expanded editorial board and a host of international contributors from the United States Australia Belgium Canada France Germany Ireland Israel Japan Sweden and the United Kingdom

**Obsessive-Compulsive Spectrum Disorders** Eric Hollander, Joseph Zohar, Paul J. Sirovatka, Darrel A. Regier, 2010-05-28 The five year process of preparing for the revision of the Diagnostic and Statistical Manual DSM has been organized around a series of conferences convened by the American Psychiatric Association in collaboration with the World Health Organization and the U S National Institutes of Health to address the future of psychiatric diagnosis Obsessive Compulsive Spectrum Disorders Refining the Research Agenda for DSM V is the fruit of one of those conferences and presents the most academically sound thought provoking and timely papers from the proceedings As the conference and book demonstrate recent advances in psychiatric diagnosis suggest a new approach to obsessive compulsive disorder OCD classification Research into the pathogenesis of OCD increasingly supports reclassification out of the anxiety disorders and into a separate group of obsessive compulsive related disorders OCRDs The relationships among OCRDs may be better defined delineated and understood if the current categorical diagnostic approach is supplemented with a dimensional approach which assesses obsessive compulsive symptom domains Obsessive compulsive disorders are believed to be underdiagnosed in patients who complain of broad symptoms of anxiety and reclassification of OCD as an OCRD would

promote more careful examination of distinct obsessive compulsive symptoms yield more accurate diagnosis and result in more effective treatments. Reclassification may facilitate future research directions in examining the biological underpinnings of these disorders. In addition to examining the genetic, neurological, and ethno-cultural bases for OCDs, the book gives special attention to disorders that cross current diagnostic categories including Body Dysmorphic Disorder (BDD), Tourette's syndrome, and trichotillomania. Impulse control disorders. The process leading to publication of DSM V is by its nature an exhaustive and complex one, and the conferences play a critical role in reviewing relevant research, assessing the status of scientific knowledge, and advancing that knowledge base. *Obsessive Compulsive Spectrum Disorders: Refining the Research Agenda for DSM V* represents the cutting edge thinking that will culminate in new diagnoses, classifications, and standards of practice for this debilitating set of disorders. Clinicians and academicians will be fascinated by this glimpse into the next generation of the DSM V. Understanding and Treating Obsessive-Compulsive Disorder Jonathan S.

Abramowitz, 2006-04-21 Among the most prevalent and personally devastating psychological disorders, the development of a cognitive approach to obsessive compulsive disorder (OCD) has transformed our understanding and treatment of it. In this highly practical and accessible book, Jonathan Abramowitz presents a model of OCD grounded in the most up-to-date research that incorporates both cognitive and behavioral processes. He then offers a step-by-step guide to psychological treatment that integrates psychoeducation, cognitive techniques, and behavioral therapy, exposure, and response prevention. Unlike other manuals for the treatment of OCD, this book teaches the reader how to tailor the choice of techniques and delivery modes for individuals presenting with a wide range of specific OCD symptoms, such as contamination fears and cleaning rituals, fears of harm, and compulsive checking, symmetry, and ordering, and severe obsessions with mental rituals. The techniques are illustrated with numerous case examples. Clinical forms and handouts are provided for use with patients. A final chapter suggests strategies for overcoming common obstacles in treatment. *Obsessive-compulsive Disorder* Christopher

Pittenger, 2017 Obsessive compulsive disorder (OCD) affects one person in 40 and can cause great suffering. This volume provides the first comprehensive summary of our understanding of this enigmatic condition, summarizing current work ranging from genetics and neurobiology through cognitive psychology, treatment, personal experiences, and societal implications. **Handbook of Psychology, Clinical Psychology** Irving B. Weiner, George Stricker, Thomas A.

Widiger, 2012-10-15 Psychology is of interest to academics from many fields as well as to the thousands of academic and clinical psychologists and general public who can't help but be interested in learning more about why humans think and behave as they do. This award-winning twelve-volume reference covers every aspect of the ever-fascinating discipline of psychology and represents the most current knowledge in the field. This ten-year revision now covers discoveries based in neuroscience, clinical psychology's new interest in evidence-based practice and mindfulness, and new findings in social, developmental, and forensic psychology. The Oxford Handbook of Obsessive Compulsive and Spectrum Disorders Gail



Steketee,2012 A review of current literature on obsessive compulsive disorder OCD and its associated spectrum conditions including body dysmorphic disorder BDD hoarding trichotillomania tic disorders and Tourette s Syndrome Aggressive und sexuelle Zwangsgedanken Thomas Hillebrand,2023-08-21 Sch tzungsweise ein Viertel aller Zwangspatientinnen und patienten sind mit extrem scham und schuldbesetzten aggressiven und sexuellen Zwangsgedanken belastet und stellen f r Psychotherapeutinnen und Psychotherapeuten eine gro e Herausforderung dar Der Therapieleitfaden widmet sich als erste deutschsprachige Publikation ausschlie lich dieser Gruppe von Betroffenen Viele Therapeutinnen und Therapeuten sind zwar mit der Behandlung von Handlungszw ngen vertraut finden jedoch die Behandlung von aggressiven und sexuellen Zwangsgedanken sehr herausfordernd Woran erkennt man dass es sich tats chlich nur um Gedanken handelt und keine kriminelle p dophile oder andere sexuelle Neigung vorliegt Wie geht man mit dem permanenten Zweifel um den die Patientinnen und Patienten u ern Wie soll bei diesen Themen eine Exposition durchgef hrt werden wenn doch kein offensichtliches Zwangsverhalten vorliegt Der Autor geht diesen Fragen nach und erm glicht ein Verst ndnis der besonderen Dynamik der aggressiven und sexuellen Zwangsgedanken die sich in zentralen Punkten von anderen Zwangsgedanken unterscheidet Daraus leiten sich Besonderheiten im Umgang mit dieser Patientengruppe ab Beispielhafte Therapeut Patienten Dialoge illustrieren den Umgang mit typischen Fragen und Vorbehalten der Patientinnen und Patienten im Rahmen der Distanzierung von Zwangsgedanken Ein zentrales Augenmerk gilt der Vorbereitung und Durchf hrung einer Exposition in sensu die die massive Furcht der Betroffenen vor dem aggressiven oder sexuellen Zwangsgedanken an sich in den Fokus stellt Varianten der Exposition in vivo komplettieren den konfrontativen Behandlungskanon Eine Analyse vorhandener Diagnoseinstrumente sowie die Skizzierung des zwangsspezifischen inferenzbasierten Therapieansatzes nach O Connor der im deutschsprachigen Raum trotz Aufnahme in die S3 Leitlinien bislang kaum Ber cksichtigung findet runden den Therapieleitfaden ab *The Corsini Encyclopedia of Psychology, Volume 3* Irving B. Weiner,W. Edward Craighead,2010-01-19 Psychologists researchers teachers and students need complete and comprehensive information in the fields of psychology and behavioral science The Corsini Encyclopedia of Psychology Volume Three has been the reference of choice for almost three decades This indispensable resource is updated and expanded to include much new material It uniquely and effectively blends psychology and behavioral science The Fourth Edition features over 1 200 entries complete coverage of DSM disorders and a bibliography of over 10 000 citations Readers will benefit from up to date and authoritative coverage of every major area of psychology

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