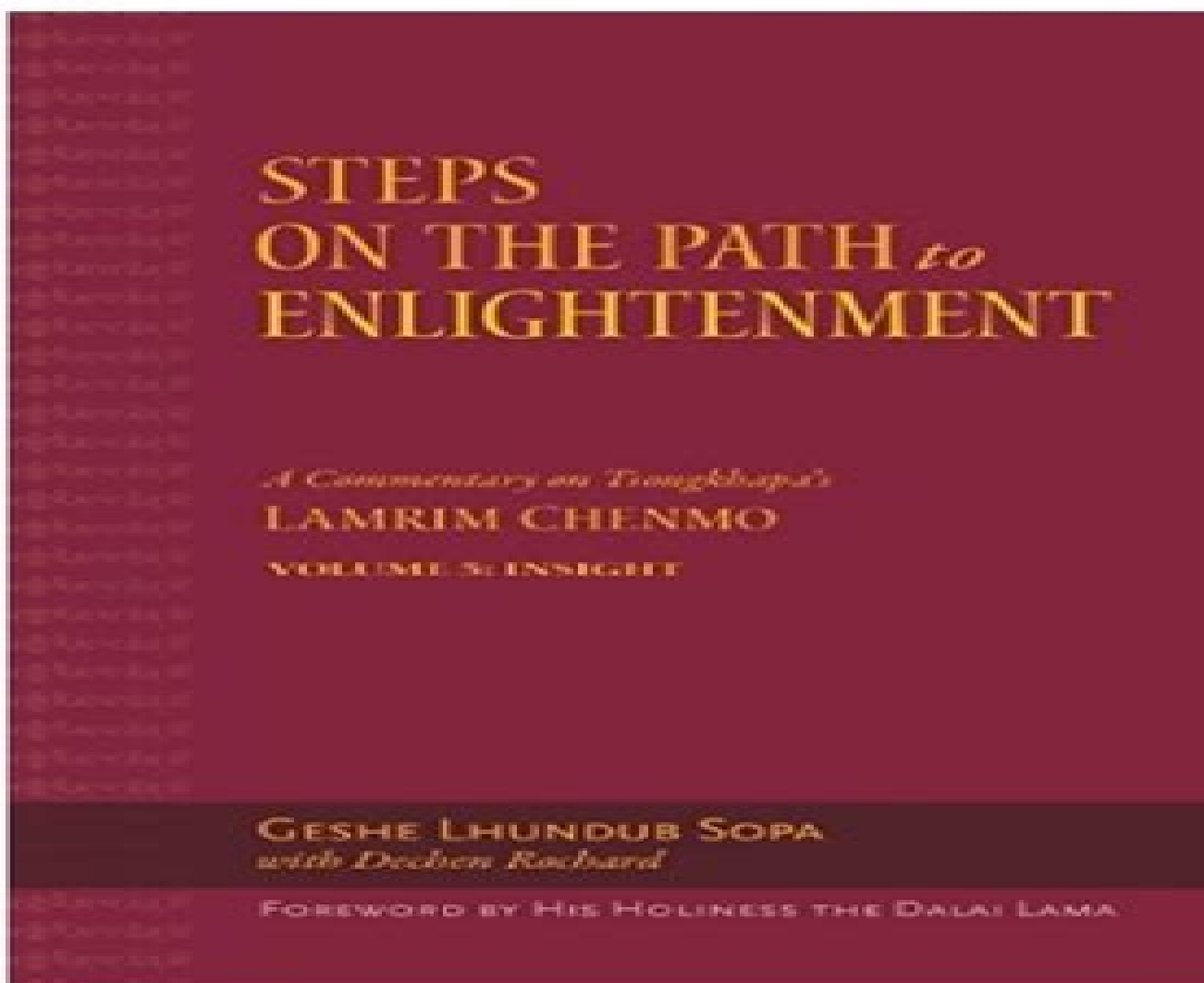


Steps on the Path to Enlightenment: A Commentary on Tsongkhapa's Lamrim Chenmo. Volume 5: Insight (5)



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Lama Yeshe



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Clean-Clear: Refuge, Bodhicitta and the Nature of the Mind Lama Yeshe, 2025-05-16 The gray clouds of ego come and go but the blue sky of totality is always there It s always been there it s there now and it will always be there The essential clean clear nature of the mind is like the sky always there The heavy blanket of ego is laid on top of that but it is not inextricably mixed with it Lama Yeshe This collection contains teachings Lama Yeshe gave in England in 1976 and the Netherlands in 1980 Lama taught mainly on refuge and bodhicitta and also gave a public lecture on the nature of the mind Clean clear as always Everybody loved attending Lama s teachings Even though they were profound Lama presented them very lightly with pertinent contemporary examples a lot of laughter and frequent jokes I m joking dear ah I m joking so much But then every now and then he would remind students I m not joking when I say I m joking Compiled and edited by Nicholas Ribush this book is the second volume in a series of Lama Yeshe s collected teachings the first volume being Knowledge Wisdom The Peaceful Path to Liberation Since the topics are similar there is a little repetition but according to Lama Zopa Rinpoche repetition never hurts This is not an academic work and is essentially an introduction to fundamental Tibetan Buddhist teachings on refuge and bodhicitta

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