



Engage Fundamentals

Fluid, Electrolyte, and Acid-Base Regulation

Clinical Judgment Case Study with Concept Map

Case study

The nurse is caring for a 52-year-old client who has experienced a complex lower leg fracture that needed surgical repair and is now immobilized. The client is approximately 24 hr postoperative and describes the pain as "severe". The client has a history of anxiety, depression, high blood pressure, and exercise-induced asthma. The client's current home medications include an antianxiety medication, antidepressant, and antihypertensive. The provider has not prescribed these medications in the hospital. The nurse enters the client's room to administer opioid pain medication and notes the client is breathing rapidly, hyperventilating, reports feeling lightheaded, and has numbness of their hands and feet. The client struggles to state, "My chest hurts." The nurse further assesses the client and talks with the family present. The family states that they think the client is having an anxiety attack because this is similar to how the client has responded previously during anxiety attacks. The client's vital signs are temperature 99.2°F, HR 114, RR 38, and BP 160/90.

Assessment Questions

1. Identify the relevant subjective and objective assessment information related to the client's condition and place the findings in the assessment data box below. (Recognizing Cues; Assessment)
2. Based upon assessment information, identify and prioritize the top 3 client problems. Write one client problem in each of the Client Problem boxes below. (Analyze Cues; Analysis and Prioritize Hypothesis; Planning)
3. Below each client problem, determine and enter the relevant assessment information that supports the identified client problem. (Analyze Cues; Analysis and Prioritize Hypothesis; Planning)
4. Identify important nursing interventions that should be taken to address each client problem and enter them in the related intervention box for the associated client problem. (Take Action; Implementation)

Fluid Electrolyte And Acid Base Balance A Case Study Approach

Puja Mehta



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Table of Contents Fluid Electrolyte And Acid Base Balance A Case Study Approach

1. Understanding the eBook Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - The Rise of Digital Reading Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Advantages of eBooks Over Traditional Books
2. Identifying Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - User-Friendly Interface
4. Exploring eBook Recommendations from Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Personalized Recommendations
 - Fluid Electrolyte And Acid Base Balance A Case Study Approach User Reviews and Ratings
 - Fluid Electrolyte And Acid Base Balance A Case Study Approach and Bestseller Lists
5. Accessing Fluid Electrolyte And Acid Base Balance A Case Study Approach Free and Paid eBooks

- Fluid Electrolyte And Acid Base Balance A Case Study Approach Public Domain eBooks
- Fluid Electrolyte And Acid Base Balance A Case Study Approach eBook Subscription Services
- Fluid Electrolyte And Acid Base Balance A Case Study Approach Budget-Friendly Options
- 6. Navigating Fluid Electrolyte And Acid Base Balance A Case Study Approach eBook Formats
 - ePub, PDF, MOBI, and More
 - Fluid Electrolyte And Acid Base Balance A Case Study Approach Compatibility with Devices
 - Fluid Electrolyte And Acid Base Balance A Case Study Approach Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Highlighting and Note-Taking Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Interactive Elements Fluid Electrolyte And Acid Base Balance A Case Study Approach
- 8. Staying Engaged with Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Fluid Electrolyte And Acid Base Balance A Case Study Approach
- 9. Balancing eBooks and Physical Books Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Fluid Electrolyte And Acid Base Balance A Case Study Approach
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Setting Reading Goals Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Fact-Checking eBook Content of Fluid Electrolyte And Acid Base Balance A Case Study Approach
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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