



SURGICAL TECH

Essentials needed to perform with organized precision and skill in the operating room



INTRODUCTION

- **Surgical technologist** (a.k.a. "scrub" or "scrub tech")
 - An allied health professional and sterile surgical team member who has completed a CAABEP-accredited (or equivalent) program; required:
 - Basic knowledge of medical terminology, anatomy, physiology, microbiology, and pharmacology to apply while in the operating room (OR).
 - Vast knowledge of sterile technique, surgical

- instruments, and surgical supplies to apply while protecting the sterile supplies from contamination within the sterile workspace
- **Certified surgical technologist (CST)**
 - Surgical technologist who has completed a CAABEP-accredited program (or the equivalent) and has passed the NIBSTSA certification exam
 - Once a CST has obtained NIBSTSA certification, the CST must either:
 - Obtain and report at least 30 continuing education

units (CEU) every two years through AST-approved sources and submit the official renewal form and fee to NIBSTSA.

- Renew certification by retaking and passing NIBSTSA's CST exam

Note: Some states and employers require certification for employment. Visit www.ast.org for an overview of state laws related to the education/certification of surgical technologists.

OPERATING ROOM (OR) TEAM



- **Goal:** Assist in optimal patient care
- **Motto:** "Aeger primo" (patient first)

Sterile Members

- **Surgical technologist:** See Surgical Tech Duties, right
- **Surgeon:** Performs the procedure,

maintains homeostasis, and directs the OR team

- **Surgeon's assistant:** Collaborates with the surgeon during the surgical procedure to provide visualization, homeostasis, wound closure, and patient care

Nonsterile Members

- **Anesthesia provider:** Sedates the patient, maintains the airway, and monitors vital signs and blood loss to maintain homeostasis
- **Circulator:** Ensures all perioperative protocols are completed, such as prepping and positioning the patient, clustering patient information while in the OR, distributing nonsterile items, and obtaining/opening sterile supplies for the sterile team with the sterile technique during a surgical procedure
- **Auxiliary staff** (pathology, radiology, etc.): Processes, tests, and analyzes specimens and reports results; provides real-time diagnostic support during the surgical procedure

Surgical Tech Duties

Perioperative Duties

- Time management

- Organization
- Critical thinking
- Stress management
- Teamwork
- Patient care

Preoperative Duties

- Prepare the OR with case-specific sterile and nonsterile surgical supplies
- Complete surgical scrub and don a sterile surgical gown and sterile gloves
- Organize sterile supplies using sterile technique, including labeling medications and other sterile solutions
- Complete mandatory counts of supplies within the sterile workspace for each surgical case including, but not limited to, sponges, sharps, and instruments
- Assist in draping patient with sterile technique
- Complete WHO-required "sign in" and "time out" with the OR team

Intraoperative Duties

- Maintain sterile technique within sterile field with all other sterile and nonsterile team members
- Recognize and correct breaks in sterility when/ if they occur
- Follow along with the sequence of the case and anticipate the needs of the

surgeon and surgical assistant

- Prepare and pass all sterile supplies to the surgeon and surgical assistant
- Hold organs and retractors
- Care for specimens (if obtained) until surgeon gives a specific plan of action
- Complete intraoperative supply counts (sponges, sharps, instruments, accessories, etc.)

Postoperative Duties

- Complete postoperative supply counts (sponges, sharps, instruments, accessories, etc.)
- Complete WHO "sign out" with the OR team
- Assist with dressing the wound
- Maintain sterility of supplies until patient leaves the OR
- After patient leaves the OR, break down the case into respective supply receptacles (sharps container, biohazard container, garbage, linen, etc.)
- Take used surgical case supplies to designated area within the OR department for disposal, cleaning, or sterilization
- Assist in cleaning the OR for the next surgical case

CST-ASSOCIATED ORGANIZATIONS

- **National Board of Surgical Technology and Surgical Assisting (NBSTSA, www.nbstsa.org):** Develops the certification exam and verifies, awards, and revokes credentials of surgical technologists and surgical assistants
- **Commission on Accreditation of Allied Health Education Programs (CAAHEP, www.caahep.org):** Largest programmatic accreditor of the health sciences professions
- **Association of Surgical Technologists (AST, www.ast.org):** Upholds the standards of practice for patient care and the profession

- The CST must renew AST membership annually.
- **The Joint Commission (TJC, www.jointcommission.org):** Independent nonprofit organization that sets standards and accredits/verifies health-care facilities that meet or exceed safe and effective care of the highest quality and value
- **Occupational Safety and Health Administration (OSHA, www.osha.gov):** Ensures safe and healthy working conditions for employees and patients by setting and enforcing standards through training, outreach, education, and assistance
- **World Health Organization (WHO, www.who.int):** Global health organization that establishes, monitors, and enforces international norms and standards of health and disease

MEDICAL TERMINOLOGY USED IN THE OR

- **Sterile:** Free of all living microorganisms
- **Sterile technique:** Specific practices and procedures performed to protect a designated area or supplies used to prevent the contamination and spread of pathogens and maintain sterility
 - **Strike-through contamination:** Contamination of a sterile surface or object that occurs when fluid passes through a microbial barrier or nonsterile surface
- **Surgical site infection (SSI):** Infection acquired in a surgical wound from the healing process or contamination
- **Contaminated:** To infect by contact or association with pathogenic materials

- **Decontaminated:** To rid of contamination
- **Nonsterile:** Not free from living microorganisms; not sterile
- **Perioperative:** The entire operative sequence for a specific operative case and patient care procedures
 - **Preoperative (pre-op):** Beginning of the operative sequence of supplies entering the OR until the first incision is made or orifice entered
 - **Intraoperative (intra-op):** Actual surgical procedure from the first incision/orifice entered until the last stitch is complete or orifice exited
 - **Postoperative (post-op):** Conclusion of the surgical procedure from the dressing of the wound until the patient leaves the OR
- **Surgical conscience:** Putting the patient first by doing what is moral and just at all times; the surgical technologist must:

- Accept and maintain patient confidentiality
- Ensure the safety of everyone in the OR
- Be practical with medical supplies, cost, and time
- Maintain sterile practices and hold team members accountable
- Prevent any and all contaminations
- Be attentive to the patient's scheduled time in the OR during perioperative services
- Conduct productive and professional communication



Free Surgical Technology Study Guide

**S. Ali Mostoufi, Tony K. George, Alfred
J. Tria Jr.**



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Surgical Technology Review Karen L. Chambers, Valerie Roche, 2022-09-26 THE BEST I wish our instructor would have given us this to study with Passed my exam with a 90% and felt VERY prepared Pam L Online Reviewer Be prepared for certification exam success A concise outline format reviews the essential content on The National Board of Surgical Technology and Surgical Assisting NBSTSA Certification Examination for Surgical Technology CST and the Tech in Surgery Certified TS C exam administered by the National Center for Competency Testing NCCT Reinforce and test your knowledge with more than 1 600 practice questions with detailed rationales You ll be ready to meet the growing demand for certified surgical technologists Now with online Q A practice in Davis Edge Purchase a new print copy of the text and receive a FREE 1 year subscription to Davis Edge the online Q A program with more than 1 000 questions Davis Edge helps you to create quizzes in the content areas you choose to focus on build simulated practice exams and track your progress every step of the way The Text Expanded Content on laparoscopic and robotics procedures More Photographs that reflect current practice and advances in the field More questions 640 questions at the recall problem solving and application levels New Comprehensive rationales for correct and incorrect responses for all practice questions Updated The latest advances in surgical technology including minimally invasive surgery and the use of robotics in surgery Brief content outlines for each chapter 40 review questions at the end of each chapter followed by the answer key and rationales 150 line drawings and photographs precisely illustrating anatomy positioning and instruments Tidbit boxes highlighting important content for exams and practice Davis Edge Online Q A NEW FREE 1 year access with purchase of new print text Online Q A quizzing platform features 1 000 questions Comprehensive Exam Builder creates practice tests that simulate a certification exam experience Quiz Builder feature lets you select practice questions by exam section or topic area Rationales for correct and incorrect responses provide immediate feedback Student Success Center dashboard monitors your performance over time helping to identify areas for additional study Access from laptop tablet and mobile devices makes study on the go easy

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Surgical Technology for the Surgical Technologist Bob Caruthers, Teri L. Junge, Association of Surgical Technologists, 2001 This new text is written by surgical technologists and surgical technology educators with over 50 years of combined experience in the field the only text written specifically for the surgical technologist it focuses on the knowledge and cognitive skills required of the surgical technologist It introduces the A Positive Care Approach a systematic approach to intraoperative problem solving that focuses on the ability of the surgical technologist serving in the traditional role called first scrub to predict the surgeon's and patient's needs Features Meets the Association of Surgical Technologists Core Curriculum for Surgical Technology 4th edition Surgical procedures are presented by surgical speciality in a consistent illustrative format throughout the text that helps students develop a pattern for learning procedures Objectives reflect the CARE and APOS acronyms memory tools for systematic problem solving Case studies and questions for further study in each chapter apply concepts learned and stimulate critical thinking The color insert provides an overview of select anatomic systems and illustrates practical aspects of surgical technology Pearls of Wisdom tips from the author's experience help the student maintain a practical focus on the procedure Supplements Computerized Testbank 0 7668 0665 0 Instructor's Manual 0 7668 0663 4 Student Workbook 0 7668 0664 2

Undergraduate Guide: Two-Year Colleges 2011
Peterson's, 2010-08-24 Peterson's Two Year Colleges 2011 includes information on nearly 2 000 accredited two year undergraduate institutions in the United States and Canada as well as some international schools It also includes scores of

detailed two page descriptions written by admissions personnel College bound students and their parents can research two year colleges and universities for information on campus setting enrollment majors expenses student faculty ratio application deadline and contact information SELLING POINTS Helpful articles on what you need to know about two year colleges advice on transferring and returning to school for adult students how to survive standardized tests what international students need to know about admission to U S colleges and how to manage paying for college State by state summary table allows comparison of institutions by a variety of characteristics including enrollment application requirements types of financial aid available and numbers of sports and majors offered Informative data profiles for nearly 2 000 institutions listed alphabetically by state and followed by other countries with facts and figures on majors academic programs student life standardized tests financial aid and applying and contact information Exclusive two page in depth descriptions written by college administrators for Peterson s Indexes offering valuable information on associate degree programs at two year colleges and four year colleges easy to search alphabetically

Surgical Technologist Certifying Exam Study Guide Association of Surgical Technologists,2004-01-01 [Surgical Technologist Certifying Exam Study Guide](#) Asa,2013-01-01 Questions written and reviewed by surgical technologist educators Practice exams designed to represent the national exam content outline This comprehensive examination study resource offers proven test taking strategies and approaches to help you achieve success Cover

Study Guide for the Association of Surgical Technologists' Surgical Technology for the Surgical Technologist: A Positive Care Approach Association of Surgical Technologists,2023-11-11 The study guide includes lab activities for each chapter that inspire learning through creative and practical applications hundreds of questions in each chapter to help reinforce and test your understanding of the concepts image labeling exercises to build your knowledge of instruments and anatomy and case studies with related questions to develop and sharpen your critical thinking skills *Resources in Education* ,2001 *Professional Careers Sourcebook* Kathleen M. Savage,Charity Anne Dorgan,1990 Provides a comprehensive overview of the literature and professional organizations that aid career planning and related research for 111 careers requiring college degrees or specialized education

3D Printing in Oral Health Science Prabhat Kumar Chaudhari,Dinesh Bhatia,Jitendra Sharan,2022-09-26 This book on 3D printing in oral health science aims to equip the reader with a sound understanding of contemporary clinical applications in all fields of dentistry and their future directions In the last few years the development of 3D printing for medical and dental applications has increased tremendously Advancements in 3D printing create the possibility of customized products savings on small scale productions ease of sharing and processing of patient image data and educational up gradation Looking at the dental specialties it is evident that 3D printing has applications in all aspects of oral health science including prosthodontics oral surgery periodontics endodontics and orthodontics This book will cover all major fields in dentistry and will help the practitioner in the process of decision making and apply concepts in clinical or laboratory practice It is based on current scientific evidence

to provide readers with an up to date contemporary understanding of the subject both from the clinical and the technological side The book is a valuable asset for all who specialize in 3D printing and for those interested in learning more about this field

Key Topics in Critical Care, Second Edition T. M. Craft, M. J. A. Parr, Jerry P. Nolan, 2004-11-10 High quality critical care medicine is a crucial component of advanced health care Completely revised and updated Key Topics in Critical Care Second Edition provides a broad knowledge base in the major areas of critical care enabling readers to rapidly acquire an understanding of the principles and practice of this area of modern clinical medicine Expanded to include the latest hot topics the new edition puts an increased emphasis on recent reviews and contains added references to key landmark papers Using the trademark Key Topics style each topic has been written by an expert in the field and includes a succinct overview of the subject with references to current publications for further reading The book provides a framework for candidates of postgraduate medical examinations such as FRCS MRCP and FRCA and a reference that can be consulted in emergency situations New topics include Critical illness polyneuromyopathy End of life care Inotropes and vasopressors Medical emergency team outreach critical care Status epilepticus Venous thromboembolism

Digital Dentistry Arthur R. G. Cortes, 2022-04-26 An indispensable introduction to using digital technology in dentistry Digital Dentistry A Step by Step Guide and Case Atlas provides basic information on the use of digital resources to find a diagnosis create a treatment plan and execute that strategy within different dental specialisms This manual includes the science behind all procedures that use digital technology and provides a clinical step by step guide toward the use of these developments for every dental specialty area Users will find a wide range of areas covered from prosthodontics restorative dentistry and endodontics to oral and maxillofacial surgery and public health This book also includes A guide to all current basic digital imaging and CAD CAM procedures with an emphasis on the most popular systems and software programs An atlas of multidisciplinary cases that were treated with digital dentistry from diagnosis and treatment planning to execution and follow up in order of complexity Assessment of the scientific basis for using digital dentistry in each category A presentation of clinical cases to support the use of digital methodologies in all relevant scenarios An exploration of the role of digital dentistry in dental public health preventive dentistry and dental education Ideal for dental clinicians general practitioners and specialists as well as all other dental professionals such as dental technologists dental hygienists and dental students Digital Dentistry A Step by Step Guide and Case Atlas is an essential tool and reference work to help dental practitioners streamline and update their practice with the most up to date technologies

Core Techniques in Flap Reconstructive Microsurgery Dariush Nikkhah, Jeremy Rawlins, Georgios Pafitanis, 2023-04-25 This book provides a practical step by step guidance on modern workhorse flaps for plastic and reconstructive surgeons in training or in their early career The 50 chapters cover everything from surgical fundamentals to preconditions of microsurgical techniques but also covers pre operative planning steps of microsurgical dissection and management of complications in a straightforward explanatory style and are supplemented by over 600

clinical illustrations and cadaveric images Further videos demonstrations with pertinent steps in flap dissection anatomical nomenclature and long term outcomes are also demonstrated For each flap a detailed discussion of key papers concerning its origin pitfalls technical refinements and tips for success are also included Thanks to specific notes on common reconstructive challenges and complications this book offers a valuable reference tool and would be unquestionably an integral reference guide for every surgeon interested in reconstructive microsurgical techniques especially during their early microsurgical career

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Clinical Guide to Musculoskeletal Medicine S. Ali Mostoufi,Tony K. George,Alfred J. Tria Jr.,2022-05-10 This unique clinical guide will explore specific evidence based literature supporting physical therapist guided exercises and interventional treatments for commonly prevalent orthopedic spine and extremity presentations Using this book the sports medicine and interventional pain physician will be better able to coordinate therapy exercises after interventional treatments with their physical therapy colleagues This will include a treatment course that will monitor progress in restoring and accelerating patients function A myriad of musculoskeletal conditions affecting the spine joints and extremities will be presented including tendinopathies bursopathies arthritis fractures and dislocations everything a clinician can expect to see in a thriving practice Each chapter co authored by a physician and a physical therapist will follow a consistent format for ease of accessibility and reference introduction to the topic diagnosis medical interventional and surgical management and will be accompanied by relevant radiographis figures and illustrations Additional topics include osteoarthritis rheumatic disorders entrapment syndromes the use of orthobiologics and more Comprehensive enough to function as a learning tool but practical and user friendly enough for quick reference Clinical Guide to Musculoskeletal Medicine will be an essential resource for sports medicine physicians interventional and physical therapists

Campbell's Operative Orthopaedics E-Book S. Terry Canale,James H. Beaty,2012-10-29 Campbell s Operative Orthopaedics by Drs S Terry Canale and James H Beaty continues to define your specialty guiding you through when and how to perform every state of the art procedure that s worth using With hundreds of new procedures over 7 000 new illustrations a vastly expanded video collection and new evidence based criteria throughout it takes excellence to a new level because that is what your practice is all about Consult this title on your favorite e reader with intuitive search tools and adjustable font sizes Elsevier eBooks provide instant portable access to your entire library no matter what device you re using or where you re located Achieve optimal outcomes with step by step guidance on today s full range of procedures from Campbell s Operative Orthopaedics the most trusted and widely used resource in orthopedic surgery authored by Drs S Terry Canale James H Beaty and 42 other authorities from the world renowned Campbell Clinic Access the complete contents online with regular updates view all the videos and download all the illustrations at www.expertconsult.com See how to proceed better than ever before with 45 surgical videos demonstrating hip revision patellar tendon allograft preparation open reduction internal fixation clavicle fracture total shoulder arthroplasty total elbow

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Evidence-based Implant Treatment Planning and Clinical Protocols Steven J. Sadowsky, 2017-01-17 Evidence based Implant Treatment Planning and Clinical Protocols provides a systematic approach to making treatment decisions and performing restorative procedures Offers a clinically relevant resource grounded in the latest research Applies an evidence based approach to all aspects of implant dentistry including maxillofacial prosthodontics from planning to surgery and restoration Describes procedures in detail with accompanying images Covers all stages of treatment from planning to execution Includes access to a companion website with video clips demonstrating procedures and the figures from the book in PowerPoint

Surgical Tech Lora Smith, 2019-11 Quick reference to the answers you need for your education as a surgical technologist also known as a scrub scrub tech surgical technician or operating room tech Working in an operating room for surgery requires organized precision and skill to be part of a lifesaving team In 6 laminated pages this tool will keep the most important core elements of your education at your fingertips for easy and quick review at a moment s notice in the classroom as a last minute review or during marathon study sessions Frequent reviews will commit these answers to your memory for class tests the CST exam for certification and beyond to job interviews and ultimately the operating room Ensure success in this exciting and growing field with a study tool that offers more value per page than any surgical tech study tool out there 6 page laminated guide includes Introduction Operating Room OR Team CST Associated Organizations Medical Terminology Used in the OR Prefixes Suffixes Abbreviations OR Layout Furniture Air Quality Control Anatomy for the Surgical Technician Patient Positions on the OR Table Surgical Instruments in the OR Anesthesia Pharmacology Hemostasis Disinfection Sterilization The Instrument Cycle

Clinical Scenarios in Reconstructive Microsurgery Andreas Gravvanis, Despoina D. Kakagia, Venkat Ramakrishnan, 2022-11-26 This book presents 100 cases covering all areas of reconstructive surgery Divided into six parts Head Neck Upper Extremity Lower Extremity Trunk Breast and Lymphedema it guides the reader through the difficult path of problem diagnosis analysis and decision making presenting concrete steps and techniques for the successful management of patients with specific reconstructive needs Each full color case starts with a patient profile and continues with the diagnosis key decisions treatment plan surgical procedure s

and technical steps postoperative management outcome and case conclusion Further each case includes a discussion of pros and cons comments learning points and suggestions for further reading This book will be useful for all surgeons actively involved or interested in Reconstructive Microsurgery and valuable for Senior Residents and Fellows in Plastic Head and Neck Breast Surgery and Orthopedics *Educators Index of Free Materials* ,1997

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