

# Critical Care Case Study

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## NURS 451 - Clinical Management of Adult Health Nursing III

### Purpose of Assignment

The purpose of this case study is to integrate knowledge from the humanities and sciences, including nursing research and theory, to plan, provide, and evaluate holistic care provided to a client selected during this clinical rotation.

### Student Approach to Assignment

I chose to write this case study on this particular patient because this was the first patient I had cared for that was not generally awake and alert. This patient came into the hospital with a septic infection that progressed to an inability to adequately oxygenate himself and renal failure. He had been on a ventilator for several weeks by the time I was with him and had received a tracheostomy through which to be mechanically ventilated. This experience was difficult for me as he did not respond on any level to anything except for pain.

### Reason for Inclusion of this Assignment in the Portfolio

This assignment gave me a new outlook on patient care and an experience that I had yet to have first hand. Caring for this patient was difficult for me for many reasons. The following program objectives are highlighted in this case study:

#### Critical Thinking

*Evaluates nursing care outcomes through the acquisition of data and the questioning of inconsistencies*

By assessing and reassessing this patient, I was able to quickly notice the changes our interventions were causing. Also, rounds on this patient included a discussion as to his need or contraindication of heparin as an anticoagulant related to his platelet and aggregation counts. This patient was still on heparin but was being evaluated on the first day for heparin-induced thrombocytopenia and on the second day, for disseminated intravascular coagulation. Both of these were the discussions during interdisciplinary rounds.

#### Nursing Practice

*Applies appropriate knowledge of major health problems to guide nursing practice*

By researching and understanding the pathophysiology going on with this patient, I was better able to treat his multiple organ dysfunction syndrome by not only correcting the root cause of the problem, but also by intervening with the associated signs and symptoms to lessen their devastating effects on this patient's health. We used his ABG values to determine appropriate ventilation settings and to ensure that his body was being properly oxygenated.

# Critical Care Case Study Examples

**Mike Jess**



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