



Encounters with Aging

MYTHOLOGIES OF
MENOPAUSE IN JAPAN
AND NORTH AMERICA

MARGARET LOCK

Encounters With Aging Mythologies Of Menopause In Japan And North America

Anne E. Imamura



Encounters With Aging Mythologies Of Menopause In Japan And North America:

Encounters with Aging Margaret M. Lock, 1994-01-20 Margaret Lock explicitly compares Japanese and North American medical and political accounts of female middle age to challenge Western assumptions about menopause. She uses ethnography, interviews, statistics, historical and popular culture materials, and medical publications to produce a richly detailed account of Japanese women's lives. The result offers irrefutable evidence that the experience and meanings even the endocrinological changes associated with female midlife are far from universal. Rather, Lock argues they are the product of an ongoing dialectic between culture and local biologies. Japanese focus on middle-aged women as family members and particularly as caretakers of elderly relatives. They attach relatively little importance to the end of menstruation, seeing it as a natural part of the aging process and not a disease-like state heralding physical decline and emotional instability. Even the symptoms of midlife are different: Japanese women report few hot flashes, for example, but complain frequently of stiff shoulders. Articulate, passionate, and carefully documented, Lock's study systematically undoes the many preconceptions about aging women in two distinct cultural settings. Because it is rooted in the everyday lives of Japanese women, it also provides an excellent entree to Japanese society as a whole. Aging and menopause are subjects that have been closeted behind our myths, fears, and misconceptions. Margaret Lock's cross-cultural perspective gives us a critical new lens through which to examine our assumptions.

An Anthropology of Biomedicine Margaret M. Lock, Vinh-Kim Nguyen, 2011-09-09 *An Anthropology of Biomedicine* is an exciting new introduction to biomedicine and its global implications. Focusing on the ways in which the application of biomedical technologies bring about radical changes to societies at large, cultural anthropologist Margaret Lock and her co-author, physician and medical anthropologist Vinh Kim Nguyen, develop and integrate the thesis that the human body in health and illness is the elusive product of nature and culture that refuses to be pinned down. Introduces biomedicine from an anthropological perspective, exploring the entanglement of material bodies with history, environment, culture, and politics. Develops and integrates an original theory that the human body in health and illness is not an ontological given but a moveable, malleable entity. Makes extensive use of historical and contemporary ethnographic materials around the globe to illustrate the importance of this methodological approach. Integrates key new research data with more classical material covering the management of epidemics, famines, fertility, and birth by military doctors from colonial times on. Uses numerous case studies to illustrate concepts such as the global commodification of human bodies and body parts, modern forms of population, and the extension of biomedical technologies into domestic and intimate domains. Winner of the 2010 Prose Award for Archaeology and Anthropology.

Public Policy and the Old Age Revolution in Japan Scott Bass, Masato Oka, Jill Norton, Robert Morris *Deceased*, 2014-06-03 Thirty years ago, when compared to the U.S., England, France, and Sweden, Japan had the lowest life expectancy for males and females. Today, Japan has the highest life expectancy and is the world's most rapidly aging society. *Public Policy and the Old Age Revolution in Japan* captures the vitality of Japanese

policymakers and the challenges they face in shaping a modern society responding to its changing needs The rapid transition to an aging society poses a set of complex policy and resource dilemmas the responses taken in Japan are of great value to policymakers professionals and students in the fields of gerontology Asian and Japanese studies sociology public policy administration and management and anthropology in other industrial aging societies Readers of Public Policy and the Old Age Revolution in Japan will discover the array of social and economic implications that comes with an increasingly aged society Such a change in demographics affects pension expenditures and pension contributions capital formation and savings rates health costs service systems tax bases labor pools career counseling training advertising and marketing This book does not stop with these topics however Readers also learn about how older Japanese workers are staying employed and employable policies in Japan for a smooth transition from work to retirement Japan's Silver Human Resource Centers the new direction of health services in Japan the Japanese financing system for elderly health care the expansion of formalized in home services for Japan's aged Japanese housing policy and the concept of universal design the Gold Plan a comprehensive ten year plan to promote health care and welfare for the aged the concept of ikigai promoting feelings of purpose and self worth in the aged Public Policy and the Old Age Revolution in Japan is one of only a handful of books prepared in English by American and Japanese authors for an international audience about aging and social policy in Japan The book's recent collection of articles by leading scholars on the subject makes it a unique and timely source of information Above all Public Policy and the Old Age Revolution in Japan makes it clear that the rest of the world has many valuable lessons to learn by studying Japan's approach to its rapidly aging society

Re-Imaging Japanese Women Anne E. Imamura, 1996-07-31 Re-Imaging Japanese Women takes a revealing look at women whose voices have only recently begun to be heard in Japanese society politicians practitioners of traditional arts writers radicals wives mothers bar hostesses department store and blue collar workers This unique collection of essays gives a broad interdisciplinary view of contemporary Japanese women while challenging readers to see the development of Japanese women's lives against the backdrop of domestic and global change These essays provide a second generation analysis of roles issues and social change The collection brings up to date the work begun in Gail Lee Bernstein's *Recreating Japanese Women 1600-1945* California 1991 exploring disparities between the current range of images of Japanese women and the reality behind the choices women make

Ethnography and Human Development Richard Jessor, Anne Colby, Richard A. Shweder, 1996-08 Studies of human development have taken an ethnographic turn in the 1990s In this volume leading anthropologists psychologists and sociologists discuss how qualitative methodologies have strengthened our understanding of cognitive emotional and behavioral development and of the difficulties of growing up in contemporary society Part 1 informed by a post positivist philosophy of science argues for the validity of ethnographic knowledge Part 2 examines a range of qualitative methods from participant observation to the hermeneutic elaboration of texts In Part 3 ethnographic methods are applied to issues of human development across the life

span and to social problems including poverty racial and ethnic marginality and crime Restoring ethnographic methods to a central place in social inquiry these twenty two lively essays will interest everyone concerned with the epistemological problems of context meaning and subjectivity in the behavioral sciences **Caring for the Elderly in Japan and the US**

Susan Orpett Long,2013-01-11 In an era of changing demographics and values this volume provides a cross national and interdisciplinary perspective on the question of who cares for and about the elderly The contributors reflect on research studies experimental programmes and personal experience in Japan and the United States to explicitly compare how policies practices and interpretations of elder care are evolving at the turn of the century *History of Soybeans and Soyfoods in*

Japan, and in Japanese Cookbooks and Restaurants outside Japan (701 CE to 2014) William Shurtleff,Akiko

Aoyagi,2014-02-19 The world s most comprehensive well documented and well illustrated book on this subject with 445 photographs and illustrations Plus an extensive index *The Wrong Prescription for Women* Maureen C. McHugh,Joan C.

Chrisler,2015-07-14 This groundbreaking book challenges the medicalized approach to women s experiences including menstruation pregnancy and menopause and suggests that there are better ways for women to cope with real issues they may face Before any woman diets douches botoxes reduces reconstructs or fills a prescription for antidepressants statins hormones menstrual suppressants or diet pills she should read this book Contesting common medical practice the book addresses the many aspects of women s lives that have been targeted as deficient in order to support the billion dollar profits of the medical pharmacological industry and suggests alternatives to these remedies The contributors psychologists sociologists and health experts are also gender experts and feminist scholars who recognize the ways in which gender is an important aspect of the human experience In this eye opening work they challenge the marketing and science that increasingly render women s bodies and experiences as a series of symptoms diseases and dysfunctions that require treatment by medical professionals who prescribe pharmaceutical and surgical interventions Each article in the book addresses the marketing of a specific condition that has been constructed in a way that convinces a woman that her body is inadequate or her experience and behavior are not good enough Among the topics addressed are menstruation menopause pregnancy post partum adjustment sexual desire weight body dissatisfaction moodiness depression grief and anxiety

Passages to Modernity Kathleen S. Uno,1999-04-01 Contemporary Japanese women are often presented as devoted full time wives and mothers At the extreme they are stereotyped as education mothers kyoiku mama completely dedicated to the academic success of their children Children of working mothers are pitied day care users both children and mothers are faintly disparaged for their inadequate home lives hired babysitters are virtually unknown Yet historical evidence reveals a strikingly different picture of Japanese motherhood and childcare at the beginning of the twentieth century In contrast to today child tending by non maternal caregivers was widely accepted at all levels of Japanese society Day care centers flourished and there was virtually no expectation of exclusive maternal care of children even infants The patterns of the

formation of modern Japanese attitudes toward motherhood childhood child rearing and home life become visible as this study traces the early twentieth century rise of Japanese day care centers institutions established by middle class philanthropists and reformers to provide for the physical well being and mental and moral development of urban lower class preschool children Day care gained broad support in turn of the century Japan for several reasons For one day care did not clash with widely accepted norms of child care A second factor was the perception of public and private policymakers that day care held the promise of social and national progress through economic and moral betterment of the urban lower classes Finally day care offered working mothers the opportunity to earn a better livelihood with fewer worries about their children In spite of emerging notions that total devotion to child rearing was a woman s highest calling Japanese nationalism a signal force in the genesis of the modern Japanese state economy and middle class culture fed a deep wellspring of support for day care and fostered significant reshaping of motherhood childhood home life and view of the urban lower classes *Passages to Modernity* is an important and original contribution to our understanding of the institutional and ideological reach of the early twentieth century state and the contested emergence of a striking new discourse about woman as domestic caregiver and homemaker

A Companion to the Anthropology of Japan Jennifer Robertson, 2008-04-15 This book is an unprecedented collection of 29 original essays by some of the world s most distinguished scholars of Japan Covers a broad range of issues including the colonial roots of anthropology in the Japanese academy eugenics and nation building majority and minority cultures genders and sexualities and fashion and food cultures Resists stale and misleading stereotypes by presenting new perspectives on Japanese culture and society Makes Japanese society accessible to readers unfamiliar with the country

Japanese Images of Nature Pamela J. Asquith, Arne Kalland, 1997 Documents the great diversity in how people perceive their natural environment and how they come to terms with nature be it through brute force rituals or idealization The main message of the book is that nature and the natural are concepts very much conditioned by their context

The Palgrave Handbook of Critical Menstruation Studies Chris Bobel, Inga T. Winkler, Breanne Fahs, Katie Ann Hasson, Elizabeth Arveda Kissling, Tomi-Ann Roberts, 2020-07-24 This open access handbook the first of its kind provides a comprehensive and carefully curated multidisciplinary and genre spanning view of the state of the field of Critical Menstruation Studies opening up new directions in research and advocacy It is animated by the central question what new lines of inquiry are possible when we center our attention on menstrual health and politics across the life course The chapters diverse in content form and perspective establish Critical Menstruation Studies as a potent lens that reveals complicates and unpacks inequalities across biological social cultural and historical dimensions This handbook is an unmatched resource for researchers policy makers practitioners and activists new to and already familiar with the field as it rapidly develops and expands

Welcome to Middle Age! Richard A. Shweder, 1998-08-03 This pathology of midlife has even recently begun to be exported to all territories in the contemporary world system people around the world are being invited to change the way they think about

mature adulthood and to adopt the middle class American version of middle age Career Women in Contemporary Japan Anne Stefanie Aronsson, 2014-10-24 Since Japan's economic recession began in the 1990s the female workforce has experienced revolutionary changes as greater numbers of women have sought to establish careers Employment trends indicate that increasingly white collar professional women are succeeding in breaking through the glass ceiling as digital technologies blur and redefine work in spatial gendered and ideological terms This book examines what motivates Japanese women to pursue professional careers in the contemporary neoliberal economy and how they reconfigure notions of selfhood while doing so It analyses how professional women contest conventional notions of femininity in contemporary Japan and in turn negotiate new gender roles and cultural assumptions about women whilst reorganizing the Japanese workplace and wider socio economic relationships Further the book explores how professional women create new social identities through the mutual conditioning of structure and self and asks how women come to understand their experiences how their actions change the gendering of the workforce and how their lives shape the economic political social and cultural landscapes of this post industrial nation Based on extensive fieldwork *Career Women in Contemporary Japan* will have broad appeal across a range of disciplines including Japanese culture and society gender and family studies women's studies anthropology ethnology and sociology Home and Family in Japan Richard Ronald, Allison Alexy, 2017-12-04 In the Japanese language the word ie denotes both the materiality of homes and family relations within The traditional family and family house often portrayed in ideal terms as key foundations of Japanese culture and society have been subject to significant changes in recent years This book comprehensively addresses various aspects of family life and dwelling spaces exploring how homes household patterns and kin relations are reacting to contemporary social economic and urban transformations and the degree to which traditional patterns of both houses and households are changing The book contextualises the shift from the hegemonic post war image of standard family life to the nuclear family and to a situation now where Japanese homes are more likely to include unmarried singles childless couples divorcees unmarried adult children and elderly relatives either living alone or in nursing homes It discusses how these new patterns are both reinforcing and challenging typical understandings of Japanese family life Self, Social Identity, and Physical Health Richard J. Contrada, Richard D. Ashmore, 1999 Despite tremendous progress in understanding the human body as a biological mechanism researchers are finding that many aspects of physical health are strongly linked to a person's thoughts emotions and behaviors and to features of the sociocultural environment This interdisciplinary volume the newest in the Rutgers Series on Self and Social Identity provides a survey of this research emphasizing the connections between health and an individual's sense of self Drawing on psychology sociology and anthropology the collection examines the health related effects both of broad social forces and of individual experiences Part I examines the diverse systems involved moving from the biological and psychological systems in the individual to such societal systems as language politics economics and health care Part II

focuses on stress and emotion and includes an extensive discussion of race related stress and of the beneficial effects of disclosing and talking about individual traumatic events Part III addresses health in the context of personality and development proposing a multilevel view of personality and describing the emergence of sexual identities during adolescence The final part then looks at the other side of the self health relationship by examining the effects of illness on one's sense of self As a whole the collection provides a wide ranging survey of existing work on how self and health are linked and is a valuable source of ideas for future research

The Anatomy of Loneliness Chikako Ozawa-de Silva, 2021-12-07

Introduction disconnected people and the lonely society Subjectivity and empathy Too lonely to die alone internet group suicide Connecting the disconnected suicide websites Meaning in life exploring the need to be needed among young Japanese Surviving 3 11 The anatomy of resilience What loneliness can teach us

Cross-Cultural and Cross-Disciplinary

Perspectives in Social Gerontology Tannistha Samanta, 2016-08-02 This volume intends to re-establish social gerontology as a discipline that has pragmatic links to policy and practice Collectively the chapters enrich public debates about the moral cultural and economic questions surrounding aging thereby ameliorating the problems associated with aging societies This volume is uniquely cross cultural theory driven and cross disciplinary It fills a gap in the gerontological scholarship of the global south that is predominantly descriptive and empirical Based on original research this volume examines in particular the sociological question of inequality and its intersection with age gender health family and social relations In the process the studies herein highlight the unique historical institutional and social systems that govern the subjective experience of aging in diverse contexts globally Specifically societies in transition including India Lebanon Nigeria Japan China Israel and in Europe are studied while connecting the micro social experience of aging loneliness wellbeing discrimination relationships and resilience with larger temporal and political contexts This exercise generates intellectual capital that reformulates links between aging research and policy in innovative ways Overall the volume echoes the global scientific commitment to understand the socio cultural process of aging in transitional societies and utilizes rich opportunities for cross fertilization of ideas disciplines and methods to advance the gerontological promise of critical inquiry training and practice

Encyclopedia of Medical Anthropology Carol R. Ember, Melvin Ember, 2003-12-31 Medical practitioners and the ordinary citizen are becoming more aware that we need to understand cultural variation in medical belief and practice The more we know how health and disease are managed in different cultures the more we can recognize what is culture bound in our own medical belief and practice The Encyclopedia of Medical Anthropology is unique because it is the first reference work to describe the cultural practices relevant to health in the world's cultures and to provide an overview of important topics in medical anthropology No other single reference work comes close to matching the depth and breadth of information on the varying cultural background of health and illness around the world More than 100 experts anthropologists and other social scientists have contributed their firsthand experience of medical cultures from around the world

Widows of Japan

Debora Aoki, 2010 The author examines widowhood in Japanese society through an anthropological lens It discusses the history of the Japanese widow as compared her to her Chinese and Korean counterparts Gender roles the government's role particularly in respect to war widows religion and the changing face of widowhood today are also considered

Uncover the mysteries within Crafted by is enigmatic creation, **Encounters With Aging Mythologies Of Menopause In Japan And North America** . This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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