

FACING FEAR

*A Young Woman's Personal Account
of Surviving Breast Cancer*



Nancy Mikaelian Madey

Facing Fear A Young Womans Personal Account Of Surviving Breast Cancer

Fran Lenzo

Facing Fear A Young Womans Personal Account Of Surviving Breast Cancer:

Facing Fear Nancy Mikaelian Madey,2001-02-07 Just five months after giving birth to her first child Nancy is diagnosed with breast cancer at the age of 35 As a wife new mother and working woman she candidly shares her compelling survival story of how she dealt with the emotions of being diagnosed with breast cancer twice by the age of 37 Nancy vividly illustrates how she faced her own mortality and the impact this disease had on herself her husband family and friends To further expand on this she includes a special section called Perspectives at the end of the book It's here that her loved ones express their intimate thoughts and feelings on how they coped with Nancy's diagnosis Learn from her experience on how to deal with the highs and lows of breast cancer diagnosis and treatment Nancy writes her story and shares her tribulations to help women young and old alike cope with breast cancer in a more positive light [Facing Fear](#) Nancy Mikaelian

Madey,2001-02-07 Just five months after giving birth to her first child Nancy is diagnosed with breast cancer at the age of 35 As a wife new mother and working woman she candidly shares her compelling survival story of how she dealt with the emotions of being diagnosed with breast cancer twice by the age of 37 Nancy vividly illustrates how she faced her own mortality and the impact this disease had on herself her husband family and friends To further expand on this she includes a special section called Perspectives at the end of the book It's here that her loved ones express their intimate thoughts and feelings on how they coped with Nancy's diagnosis Learn from her experience on how to deal with the highs and lows of breast cancer diagnosis and treatment Nancy writes her story and shares her tribulations to help women young and old alike cope with breast cancer in a more positive light [Chicken Soup for the Kid's Soul 2](#) Jack Canfield,Mark Victor

Hansen,2012-08-14 This book designed for kids ages 6-10 features true character building stories for kids to enjoy alone or with their parents **Books In Print 2004-2005** Ed Bowker Staff,Staff Bowker, Ed,2004 [Halo My Dear Angel](#) Fran Lenzo,2002-05 In 1994 two years after having breast cancer Fran Lenzo did just that when Angel John entered her life with the words Do not be afraid My name is John I am your Guardian Angel and your cancer is gone She chose to continue this new found relationship with Guardian Angel John who is fondly known as her Angel in Residence He has brought angelic guidance and gentle wisdom to Fran and many others Halo My Dear Angel is one woman's spiritual journey A journey of miracles guided by God with the help of her Guardian Angel [The Praeger Handbook on Women's Cancers](#) Michele A.

Paludi,2014-05-28 Written by experts in psycho oncology this book synthesizes the findings of the latest research on women's cancers to empower women to make informed choices about treatment options Each year hundreds of thousands of women are diagnosed with cancer in the United States alone The total number affected is larger still comprising siblings parents partners and children of these women In this single volume work an international team of experts address the physical medical and psychological matters that are triggered by a diagnosis of having a form of women's cancer breast cervical endometrial gestational ovarian uterine vaginal and vulvar being some of the more common The handbook examines and

explains each type of women s cancer covering the specifics of incidence diagnosis treatment options and more providing an up to date guide for women and their families to assist in making informed choices about their treatment options The book includes personal accounts from women who survived cancers and beat their emotional challenges addresses myths versus realities regarding women s cancers and covers relevant related topics such as race sexual orientation religion and cancer coping Special attention is given to the impact of women s cancers on relationships intimacy and body image as well as psychological factors such as anxiety depression and fear

Black Family Today ,1998 *Silicone Survivors* Susan M.

Zimmermann,1998 Susan Zimmermann talked with forty women about one of the most sensitive issues of body image and health their breasts the chief attribute of femininity In the aftermath of the early 1990s controversy over the use of silicone breast implants how do women decide to undergo surgery to enhance or reconstruct their bodies How does surgery alter a woman s self image How do they face the possibility of debilitating autoimmune disease from rupturing or leaking implants Now having faced years of medical and personal uncertainty many have coped by reassessing their lives and their relationships by sharing information and support with other women with implants outreach that becomes a means for self empowerment

The Songs We Sing, The Tales We Tell Pasquale De Marco,2025-07-24

The Songs We Sing The Tales We Tell is a comprehensive exploration of the power of music and storytelling This book delves into the history art and science of these two powerful forces examining their impact on our lives and our world Whether you are a musician a songwriter a storyteller or simply someone who loves to listen to music and read stories this book has something to offer you We hope that you will find it to be a valuable resource and that it will inspire you to use the power of music and storytelling to make a difference in your own life and in the world In this book you will learn about The history of folk music and the art of songwriting The role of music in healing and education The relationship between music and culture technology and spirituality The future of music and storytelling We hope that this book will inspire you to use the power of music and storytelling to make a difference in your own life and in the world The Songs We Sing The Tales We Tell is a must read for anyone who is interested in the power of music and storytelling This book is packed with insights inspiration and practical advice It is a valuable resource for musicians songwriters storytellers educators and anyone else who wants to use the power of music and storytelling to make a positive impact on the world Order your copy of The Songs We Sing The Tales We Tell today If you like this book write a review

Psycho-Oncology William Breitbart,Phyllis Butow,Paul Jacobsen,Wendy Lam,Mark Lazenby,Matthew Loscalzo,2021-01-22 Originally published in 1998 Psycho Oncology was the first comprehensive text in the field and remains the gold standard today Previously led by Dr Jimmie C Holland the founder of the field this new edition is edited by a team of internationally renowned experts in psycho oncology The text reflects the interdisciplinary nature and global reach of this growing field It covers evidence based clinical practice guidelines from around the world survivorship issues psychotherapeutic interventions and psychopharmacologic interventions Thoroughly updated and

developed in collaboration with the American Psychosocial Oncology Society and the International Psycho Oncology Society the fourth edition is a current comprehensive reference for psychiatrists psychologists oncologists hospice workers and social workers seeking to understand and manage the psychological issues involved in the care of persons with cancer and the psychological social and behavioral factors that contribute to cancer risk and survival *Oncoplastic and Reconstructive Management of the Breast, Third Edition* Steven Kronowitz, John Benson, Maurizio Nava, 2020-04-07 Oncoplastic and Reconstructive Management of the Breast Third Edition provides a comprehensive and contemporary account of techniques in oncoplastic and reconstructive breast surgery Uniquely this book includes short concise chapters containing only the most critical information Many of the chapters are entitled My Approach and this enables the reader to gain an insight into the clinical practice of the world's breast disease experts The true multidisciplinary nature of the book ensures that the perspectives of all members of the breast cancer team are included This transfer of knowledge between disciplines leads to improved patient care and the integration of multidisciplinary treatment thus providing an educational and practical multidisciplinary breast cancer book for practicing breast cancer doctors and trainees worldwide *Congressional Record*

United States. Congress, 1999 **Not Now, Cancer, I'm Busy** Melissa Trevathan-Minnis, Deanne Meeks Brown, 2022-11-15

Synopsis Are you or is someone you love facing a cancer diagnosis in the prime of life You're not alone The likelihood of developing cancer in one's lifetime is 1 in 2 for males and 1 in 3 for females and the numbers are rising A cancer diagnosis at any age is traumatic but young to middle aged adults who are often raising or planning for children establishing careers and getting on their financial feet face unique challenges When cancer strikes this group can become overwhelmed by navigating treatment options mounting debt from medical bills threats to fertility and the necessity of facing one's mortality It can become a mental battle ground In Not Now Cancer I'm Busy Melissa Trevathan Minnis and Deanne Meeks Brown offer research resources and support to help you overcome the psychological trauma of cancer Sharing their own personal stories along with insights from other young cancer survivors these two mental health professionals guide you through the rollercoaster of emotions from diagnosis and treatment to transitioning back to life post treatment While the challenges of cancer survivorship are many so are the coping strategies available to help promote recovery and well being Not Now Cancer I'm Busy addresses cancer through the lens of mental health and offers strategies to not only cope with the challenges of cancer but to build a life full of meaning and intention despite them From developing a fighting spirit and learning how to slow down to breaking down barriers to mental health and spiritual growth this book will help you tap into your personal strengths and resilience Although a cancer diagnosis in early and midlife can be earth shattering the trauma of cancer can actually leave you stronger and better equipped if you let it WORDS OF PRAISE OMG This is a fabulous book the one everyone dealing with cancer has been waiting for While the book is specifically addressed to YMAS Young and Middle Adults it is an exhaustive compendium of experience issues and directions for all those touched in any way by cancer victims

survivors family friends and the rest of us who care in one way or another From diagnosis to survivorship or to disability and death Melissa and Deanne offer amazingly comprehensive research suggestions and enlightenment at every step of the journey they take us on Most interesting to me as a psychologist psychoanalyst and survivor of cancer at age 21 are the sections on post traumatic growth developing a personal narrative and the progression from surviving to thriving Not Now Cancer is an absolute triumph by two people who artfully weave their personal thriving experiences of themselves and of their families and friends with a wealth of incredible details of their cancer experiences that are equally well applicable to people of all ages who are faced with life threatening diagnoses or circumstances Congratulations Melissa and Deanne and thanks Lawrence Hedges PhD PsyD ABPP Director the Listening Perspectives Study Center **Psycho-oncology** Jimmie C. Holland,2015 Originally published by Oxford in 1998 Psycho Oncology was the first comprehensive text in the field and remains the gold standard today Edited by a team of leading experts in psycho oncology spearheaded by Dr Jimmie C Holland the founder of the field the text reflects the interdisciplinary nature and global reach of this growing field Thoroughly updated and developed in collaboration with the American Psychosocial Society and the International Psycho oncology Society the third edition is a current comprehensive reference for psychiatrists psychologists oncologists hospice workers and social workers seeking to understand and manage the psychological issues involved in the care of persons with cancer and the psychological social and behavioral factors that contribute to cancer risk and survival New to this edition are chapters on gender based and geriatric issues and expanded coverage of underserved populations community based programs and caregiver training and education Oncology Nursing Forum ,1998 **Cancer in Children and Young People** Faith Gibson,Louise Soanes,2008-04-15 Much has changed since the first book Paediatric Oncology Acute Nursing Care 1999 therefore this new edition encompasses these changes in relation to the practice itself and the evidence that underpins it Emphasis is placed on ensuring terminology is accurate in keeping with the language of the current day The book is divided into six sections Chemotherapy Haematopoietic Stem Cell Transplantation General Surgery Radiotherapy Late Effects of cancer therapies and Palliative Care There is a brief commentary at the end of each section chapter by a novice author but experienced practitioner highlighting to the reader what is already known and what the section chapter adds to their current knowledge and practice **Surviving After Cancer** Anne Katz,2011-04-16 With so many people surviving cancer and living the new normal guiding survivors and their families through the phases of recovery has become an imperative But learning to live as a survivor and dealing with both the triumphs and challenges including fear of recurrence depression life and occupational stress the need for surveillance for complications and secondary cancers sex and relationship issues diet and exercise for a healthy life can be confusing and difficult Finding resources to help equip survivors and their families for this new phase can be difficult However this book based on studies and current practice in the area of cancer survivorship will help guide readers through the most crucial areas of recovery post cancer Each chapter presents the

story of a cancer survivor who meets the challenges of survivorship and contains tips and solutions for problems encountered in all aspects of survivorship Readers will not only gain a better understanding of this new phase of life but will come away with solid advice for leading a healthy and productive life again **Journal of the National Cancer Institute** ,2001

Touched by Cancer... Loved by God Maybelline Hicks-Samuel,2025-03-20 Touched by Cancer Loved by God was written to address the shame and stigma associated with the disease of breast cancer Hopefully it will help empower women to deal with the disease of breast cancer in a more enlightening way Further it speaks to the fear surrounding the disease the psychological and sociological issues that impact women fear being a key component This book provides a great deal of information about the disease based on medical and scientific research backed by notable institutions and organizations It offers hope and encouragement to women living with this disease through testimonials about women living purposeful lives well into super senior hood The focus of this book is centric to the importance of mammogram screenings in order for early detection and proactive treatment Touched by Cancer Loved by God offers inspiration and a pathway for individuals to build faith when they find themselves in a dark place My story demonstrates how it s possible for women to emerge better and stronger after going through the ordeal of breast cancer It s my testimony of what God is capable of doing when we have faith and trust Him I have tried to speak with candor and remain optimistic by providing a window into my life that will give you a view of what to expect if you or someone you know is diagnosed with breast cancer a disease with many facets

Encyclopedia of Human Development Neil J. Salkind,2006 Publisher description

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