

# **Evidence-Guided Practice**

## **A Framework for Clinical Decision Making in Athletic Training**

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# Evidence Guided Practice A Framework For Clinical Decision Making In Athletic Training

**William Prentice**



## **Evidence Guided Practice A Framework For Clinical Decision Making In Athletic Training:**

Evidence-Guided Practice Bonnie Van Lunen, Dorice Hankemeier, Cailee Welch, 2024-06-01 Athletic trainers must have a foundation in the concepts of evidence based practice to deliver patient care in an effective way It is critical that students and clinicians formulate clinical plans that will be effective for individual patients With that goal in mind Evidence Guided Practice A Framework for Clinical Decision Making in Athletic Training teaches the athletic trainer that evidence based practice concepts must be incorporated into daily clinical practice Written in a conversational tone Drs Bonnie Van Lunen Dorice Hankemeier and Cailee Welch provide a practical and concise resource for athletic trainers to use when interpreting what the available evidence means for them and how it can be effectively applied in daily patient care The competencies within athletic training and other health care professions were considered when each chapter was constructed Special care was taken to include examples that are specific to athletic training and instructional applications for educators What Is Inside Types of research design Foundations of research and statistics Introduction to critical appraisal Concepts of validity Diagnostic accuracy Disablement models Patient oriented outcome assessments Health care informatics The first of its kind Evidence Guided Practice A Framework for Clinical Decision Making in Athletic Training is the only resource athletic training students clinicians or other health care professionals will need to properly put evidence based concepts into practice

**Evidence-guided Practice** Bonnie Van Lunen, 2015 Evidence Guided Practice A Framework for Clinical Decision Making in Athletic Training teaches the athletic trainer that evidence based practice concepts must be incorporated into daily clinical practice Written in a conversational tone Drs Bonnie Van Lunen Dorice A Hankemeier and Cailee E Welch provide a practical and concise resource for athletic trainers to use when interpreting what the available evidence means for them and how it can be effectively applied in daily patient care

**Study Guide for the Board of Certification, Inc., Athletic Trainer Certification Examination** Susan Rozzi, Michelle Futrell, 2019-10-24 A complete roadmap to success on the Board of Certification Athletic Trainer Certification Examination This popular study guide delivers everything students need to sit for the exam with confidence *Current Index to Journals in Education*, 1996 Serves as an index to Eric reports microform

**Evidence-Based Practice in Athletic Training** Scot Raab, Debbie Craig, 2015-11-17 As one of the first texts of its kind Evidence Based Practice in Athletic Training contains essential information on the fundamentals of evidence based practice EBP for students who are working toward certification in athletic training and athletic trainers who wish to stay up to date on best practices in the field With EBP all clinical decisions are based on available research studies and these studies are selected and assessed according to specific criteria that yield evidence of benefit EBP is a continuing education requirement for athletic trainers who are certified with the Board of Certification BOC Grounded in solid science Evidence Based Practice in Athletic Training explains the basics of EBP and the research design methods that are so vital to its implementation Starting in part I the text introduces the various levels of evidence well built question development using the PICO technique

patient problem or population intervention comparison and outcomes the five steps of searching for evidence and search techniques Part II guides readers through researching specific questions and evaluating research studies including how to incorporate the evidence they find into their clinical practice Part III reviews the various research types their uses and benefits and research ethics as a critical part of the process of EBP Through these step by step chapters readers will be able to formulate clinical questions perform research on current studies analyze the available data and apply the principles in their practice in order to provide the best and most accurate care possible In addition to in depth information on the principles and application of EBP Evidence Based Practice in Athletic Training presents clinically based scenarios that allow students to apply their recently acquired knowledge to real life situations thus encouraging a deeper understanding of the topics presented throughout the text These scenarios allow those who are learning EBP concepts for the first time to understand how EBP is incorporated clinically The most efficient systematic and thorough resource of its kind Evidence Based Practice in Athletic Training encourages students and current certified athletic trainers to ask meaningful questions gain the knowledge they need for excelling in future practice and rise to the top of their profession For students who want a thorough skill base in EBP and for credentialed health care professionals who seek further knowledge in the area Evidence Based Practice in Athletic Training will help all current and future athletic trainers provide the best care for their athletes and clients

**Evidence-Based Practice in Sport and Exercise** Brent L Arnold, Brian K Schilling, 2016-08-24 What is the evidence Why do you need it How do you evaluate it How do you use it to make decisions Put the evidence to work for your patients Master the knowledge and clinical decision making skills you need to provide the very best care for your clients based on the evidence Step by step you ll learn how to find and evaluate the existing research and determine whether there is sufficient clinical evidence to support a specific treatment and whether it should be recommended or used to address a client s need A wealth of examples drawn from the literature illustrates its role in everyday practice

**Implementation of Evidence-based Practice Within an Athletic Training Athletic Model** Valerie Stevenson, 2016 The Dissertation of Clinical Practice Improvement DoCPI is a culmination of clinical practice growth and scholarly development Doctorate of Athletic Training DAT students are encouraged to examine not only their patient care but also reflect upon themselves in a meaningful and practical manner Reflection upon patient outcomes and clinical strengths and weaknesses combined to contribute to the chapters that are contained within this DoCPI The final research multi site study reflects the philosophy of the DAT in its mission to emphasize collection and use of patient outcomes to drive clinical decision making The examination of the effects of the Mulligan Squeeze Technique on the symptoms of meniscus tears has preliminarily provided a means to treating a very common and cost intensive injury with manual therapy Thoughtfully identifying common injuries and seeking out viable and effective treatments is the foundation of action research in clinical practice and research The following DoCPI provides evidence of how action research can be implemented and utilized in a systematic and clinically meaningful way as

well as detail my student journey to from novice athletic trainer to advanced practitioner      Epidemiology for Athletic Trainers Melanie Adams,Wanda Swiger,2024-06-01 Evidence based practice requires clinicians to be knowledgeable of the current standards of care and be willing to consider the effectiveness of new methods Athletic Trainers especially must understand how epidemiology shapes healthcare practices for physically active patients To meet this need Epidemiology for Athletic Trainers Integrating Evidence Based Practice is a succinct and comprehensive reference meant to develop and refine student and clinician evidence based practice skills This text addresses the prevalence risk factors and surveillance of sports related injury and illness at youth college and professional levels Inside Epidemiology for Athletic Trainers Integrating Evidence Based Practice Drs Wanda Swiger and Melanie M Adams guide the reader through the steps of evidence based practice by presenting basic research and statistical methods needed to read medical literature Key sport epidemiology studies are reviewed for both historical and clinical significance This foundation is built on with a deeper discussion of injury and illness prevention and future research Chapters cover a wide range of topics including the health benefits of physical activity concussion return to play guidelines ACL prevention and mental health concerns This text provides an exceptional approach to integrating evidence based practice skills with clinical practice Features Meets the Commission on Accreditation of Athletic Training Education CAATE outcomes Includes classroom activities to make the text interactive and expand the student s or clinician s research skills Fosters the use of prevention practices and health promotion within athletic training Included with the text are online supplemental materials for faculty use in the classroom Epidemiology for Athletic Trainers Integrating Evidence Based Practice is a must have for any athletic training student or clinician looking to improve his or her decision making skills within an evidence based context      **Critically Appraising Evidence Within the Literature**

Lindsey Stokes,2017      *Principles of Athletic Training* William E. Prentice,2017-01-16      **The Athletic Trainer's Guide to Differential Diagnosis** Sharon Clark,Andrew P. Winterstein,2024-06-01 As educators we strive to teach students to think critically and to commit to a diagnosis the ability to make that commitment is one of the most difficult steps for clinicians in training With many possible injuries and conditions and an equally large number of diagnostic elements a clear and logical method is needed The Athletic Trainer s Guide to Differential Diagnosis A Visual Learning Approach provides an approach that helps the reader sort through the possibilities and think about the clinical evaluation within a clinical thinking framework using a visual mapping approach The Athletic Trainer s Guide to Differential Diagnosis is not designed to be a how to evaluation text Rather it is designed to create a framework that allows the reader to think differently about differential diagnoses access existing knowledge in anatomy and clinical evaluation and assess information for the purpose of making higher order clinical decisions Dr Andrew P Winterstein and Sharon V Clark have organized The Athletic Trainer s Guide to Differential Diagnosis by body part as well as by location in the body The reader will be able to examine the possible diagnoses by location and approach the evaluation in a more focused and organized fashion This method of evaluation also

allows the reader the opportunity to apply evidence based principles to the clinical evaluation process The Athletic Trainer s Guide to Differential Diagnosis takes a visual learning approach with an emphasis on diagrams tables and boxes to illustrate the visual evaluation framework In addition each chapter offers a clinical case to provide a springboard for approaching the differential diagnosis process The Athletic Trainer s Guide to Differential Diagnosis A Visual Learning Approach will enhance the athletic training student and clinician s critical thinking skills as well as be an excellent resource for self assessment and preparation for certification

*Clinical Pathology for Athletic Trainers* Rehal Bhojani, Daniel O'Connor, A. Louise Fincher, 2024-06-01 Newly updated with the latest professional content standards Clinical Pathology for Athletic Trainers Recognizing Systemic Disease Fourth Edition provides insight on medical conditions frequently encountered in athletic training Consistent with the profession s shift toward the medical model this Fourth Edition is complemented by the addition of a sports medicine physician s perspective Drs Rehal A Bhojani Daniel P O Connor and A Louise Fincher have written this new edition to emphasize practical knowledge clinical skills and decision making skills Incorporating up to date standards from the Commission on Accreditation of Athletic Training Education National Athletic Trainers Association position statements and the latest guidelines for medical conditions of various organ systems this text reflects the continued growth and evolution of the athletic trainer s role as a health care professional It provides comprehensive knowledge that can be adapted to clinical practices urgent cares academics research and more The Fourth Edition includes updated Cases Evidence and references Position statements NATA and professional documents Information on assessment evaluation and treatment Included with purchase is a supplemental website Perfect for athletic trainers athletic training students and other health care professionals working with physically active populations throughout the lifespan Clinical Pathology for Athletic Trainers Recognizing Systemic Disease Fourth Edition is a must have for any practitioner seeking to develop their clinical skills

**Clinical Pathology for Athletic Trainers** Daniel P. O'Connor, Rehal A. Bhojani, A. Louise Fincher, 2022 Clinical Pathology for Athletic Trainers Recognizing Systemic Disease Fourth Edition Newly updated with the latest professional content standards Clinical Pathology for Athletic Trainers Recognizing Systemic Disease Fourth Edition provides insight on medical conditions frequently encountered in athletic training Consistent with the profession s shift toward the medical model this Fourth Edition is complemented by the addition of a sports medicine physician s perspective Drs Rehal A Bhojani Daniel P O Connor and A Louise Fincher have written this new edition to emphasize practical knowledge clinical skills and decision making skills Incorporating up to date standards from the Commission on Accreditation of Athletic Training Education National Athletic Trainers Association NATA position statements and the latest guidelines for medical conditions of various organ systems this text reflects the continued growth and evolution of the athletic trainer s role as a health care professional It provides comprehensive knowledge that can be adapted to clinical practices urgent cares academics research and more The Fourth Edition includes updated Cases Evidence and references Position statements NATA and professional

documents Information on assessment evaluation and treatment Included with purchase is a supplemental website with an updated online lab manual Perfect for athletic trainers athletic training students and other health care professionals working with physically active populations throughout the lifespan Clinical Pathology for Athletic Trainers Recognizing Systemic Disease Fourth Edition is a must have for anyone seeking to develop their clinical skills *PRINCIPLES OF ATHLETIC TRAINING* WILLIAM. PRENTICE,2023 **Athletic Training and Therapy** Leamor Kahanov, Ellen K. Payne, 2022 This graduate level textbook instills evidence based knowledge of contemporary practices in athletic training and health care Integrating essential competencies outlined by the NATA BOC and CAATE future athletic trainers will build a foundation for clinical expertise to improve patient outcomes **Professional Ethics in Athletic Training** Gretchen A. Schlabach, Kimberly S. Peer, 2020 This new edition of Professional Ethics in Athletic Training provides a framework for understanding and applying ethical principles across the career span of an athletic training professional As a professional textbook this book is intended for use in accredited professional athletic training programs to do the following Provide a strong theoretical and practical foundation for defining and understanding professional ethics The professional obligation of the athletic trainer is defined with comprehensive insight regarding the definition of a profession upholding the social contract with society as a professional and the unique values and obligations that guide our professional behaviors while infusing ethical constructs for consideration Through an awakening process a rich description of integrity is provided as the underlying element of professional practice Practicing with integrity is introduced and applied through discussion of theory and development of the constructs of character and moral courage Define the multiple components of practicing with integrity throughout the career path of an athletic trainer through individual consideration at each level of professional development as an athletic training professional Preprofessional students are in a unique situation as they transition into the academic and clinical athletic training programs These students require a strong foundation in the ethical considerations of the profession as well as a comprehensive insight into the potential ethical and legal dilemmas associated with the practice of athletic training By clarifying values and understanding academic and clinical practice regulations the preprofessional student is guided to embark upon the practice of athletic training Professional students are in the evolutionary process of practicing with integrity and lend a comprehensive approach to ethical decision making and professional responsibility Professional ethics provide the foundation for professional students to emerge from academic programs with sound responsible reasoning to facilitate ethical courses of action and decisions Young professionals are faced with incredible practice challenges as they transition to independent clinical practice Workplace influences can provide great challenges for young professionals so a solid framework for understanding the importance of practicing with integrity and potential implications of straying from one's moral compass are addressed Introduce and encourage ethical leadership as a fundamental element of professionalism and encourage athletic trainers to commit to a lifetime of leading with integrity

throughout their professional careers Addressing the leadership crisis in health care contextualizes the role of athletic training in the larger construct of health care while providing a comprehensive overview of athletic training leadership opportunities and impact Character development to promote leadership with integrity is addressed through a rich discussion of leadership styles traits and behaviors As athletic trainers understanding the essence of ethical leadership in the context of the greater health care system is instrumental to making strong ethical decisions throughout one s career Leaders are faced with challenges on a regular basis and leading with integrity through crisis is critically important Tests of leadership are addressed to promote self discovery and facilitate leadership development among constituents within the organization to promote participative leadership and strong leadership involvement within the profession of athletic training Ethical leadership needs strong foundational models upon which to anchor professional behaviors and decisions Multiple ethical decision making models are presented to guide athletic trainers through a lifetime of ethical leadership to develop a strong professional leadership plan and to establish the confidence needed in ethical decision making to ultimately practice and lead with integrity Educational settings and scholars within the profession of athletic training face unique challenges As athletic trainers fulfill the multiple roles in the academy understanding the potential ethical dilemmas that could emerge as well as the obligation to pay it forward as an ethical leader is emphasized

*Acute and Emergency Care in Athletic Training*  
Michelle Cleary, Katie Walsh Flanagan, 2019-03-01 Athletic trainers are often the first ones on the scene when an individual sustains an acute injury Therefore knowing how to assess injuries and illnesses and begin treatment quickly is of vital importance for aspiring athletic trainers *Acute and Emergency Care in Athletic Training With Web Study Guide* teaches students how to recognize and manage emergency conditions so they can provide appropriate patient care between the field and the emergency department Authors Michelle Cleary and Katie Walsh Flanagan take an interdisciplinary approach drawing from literature position statements and guidelines from numerous professional health care organizations to offer current evidence based clinical best practices The book s comprehensive coverage adheres to and incorporates guidelines from the Commission on Accreditation of Athletic Training Education CAATE and the Board of Certification BOC and it is one of the first textbooks to align with the competencies outlined in the CAATE 2020 standards To prepare students to effectively provide appropriate care before getting an injured or ill athlete to the hospital *Acute and Emergency Care in Athletic Training* includes the following learning aids Case studies in the web study guide offer practical scenarios that will facilitate critical thinking and decision making skills Clinical Skills sidebars guide students through the process of completing specific tasks such as splinting wound care and airway maintenance Red Flag sidebars indicate areas where significant caution is warranted Decision making algorithms and decision trees lead students through selecting the most appropriate treatment option based on a patient s signs and symptoms Key terms are boldfaced in the text and are defined in the glossary section With a full color presentation and more than 280 photos and illustrations the text takes a systematic approach to acute and



emergency care with the content divided into two parts Part I provides critical information on prevention and risk management strategies including developing an emergency action plan conducting an emergency examination and administering emergency medications Part II then provides the basics of emergency evaluations describing how to examine treat and manage common acute injuries and illnesses to limit the severity of these potentially life threatening conditions To aid instructors using Acute and Emergency Care in Athletic Training in the classroom there is a full array of ancillaries including a test package an instructor guide with sample answers to the case study questions and a presentation package plus image bank When an athlete is injured on the field of play time is of the essence Acute and Emergency Care in Athletic Training is an invaluable resource for training and preparing the initial responders to recognize critical situations and treat the acutely injured or ill patient *Evidence-based Practice in Clinical Athletic Training Education* Dorice A.

Hankemeier,2011 **Professional Ethics in Athletic Training - E-Book** Gretchen A. Schlabach, Kimberly S.

Peer,2007-10-25 An invaluable resource for any athletic training curriculum this text introduces athletic training as a profession by presenting an ethical framework of values principles and theory Chapters explore important issues related to cultural competence foundational behaviors of professional practice professional and moral behavior and ethical decision making skills that both inform and transcend the athletic training profession Learning activities at the end of each section help you see connections between the material and clinical practice revealing new insights about yourself your profession and the organizations with which you will interact Content draws connections between ethical values principles and theory as relating to the Foundational Behaviors of Professional Practice Over 100 case studies promote critical thinking with clinical examples of ethical situations and conflicts that correspond to the domains identified by the Board of Certification BOC Role Delineation Study Learning Activities chapters at the end of each section provide over 60 activities designed to link content and theory to clinical practice Organized into three levels Level One consists of an introduction to professional ethics in athletic training Level Two focuses on professional enculturation and Level Three explores the application of ethical concepts in professional life Good to Know boxes highlight information throughout the chapters to enrich content and identify applications in the field Professional Pearl boxes contain quotes from NATA Hall of Fame Inductees offering advice about the challenges often faced in the profession Chapter outlines learning objectives and ethical concepts at the beginning of each chapter lay out the information in an easy to follow framework Appendices include self assessment and evaluation tools that encourage you to assess where your own responses fall within ethical boundaries Sections on cultural competence and ethical dilemmas increase awareness of diversity by exploring scenarios in which the practitioner s and patient s morals may conflict *Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice* William Prentice,2016-12-13 A Doody s Core Title for 2015 Principles of Athletic Training A Competency Based Approach is designed to be used by athletic trainers in courses concerned with the scientific evidence based and clinical foundations of athletic training and sports

medicine The text leads the student from general foundations to specific concepts relative to injury prevention evaluation management and rehabilitation As the student progresses from beginning to end he or she will understand the complexities of the profession of athletic training An over arching goal of the text is to make certain that each and every one of the educational competencies identified by the Education Council is specifically covered After using this text the student should be able to apply the appropriate techniques and concepts in the day to day performance of his or her job as an athletic trainer McGraw Hill Connect is a subscription based learning service accessible online through your personal computer or tablet Choose this option if your instructor will require Connect to be used in the course Your subscription to Connect includes the following SmartBook an adaptive digital version of the course textbook that personalizes your reading experience based on how well you are learning the content Access to your instructor s homework assignments quizzes syllabus notes reminders and other important files for the course Progress dashboards that quickly show how you are performing on your assignments and tips for improvement The option to purchase for a small fee a print version of the book This binder ready loose leaf version includes free shipping Complete system requirements to use Connect can be found here <http://www.mheducation.com/highered/platforms/connect/training/support/students.html>

## The Enigmatic Realm of **Evidence Guided Practice A Framework For Clinical Decision Making In Athletic Training**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Evidence Guided Practice A Framework For Clinical Decision Making In Athletic Training** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those that partake in its reading experience.

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