

Doxepin/ <del>Sinequan</del>	75-150 mg/day MDD 3-6 mg insomnia	Psychoneurotic depression/anxiety, depression/anxiety r/t alcoholism, depression anxiety r/t organic disease, insomnia, depression
Trazodone/ Desyrel	150-600mg/day 50, 100, 150, 300	<u>Depression, Insomnia</u> , anxiety
Hydroxyzine/ Atarax	Anxiety: 50-100/QID Pruritus: 75/day Sedation: 50-100 IM 10, 25, 50, 100	Anxiety, <u>histamine-mediated pruritus</u> , premedication sedation, acute , disturbance/hysteria, anxiety withdrawal symptoms in alcoholics, nausea/vomiting, insomnia
ANXIETY: LFTs, CBC, TFT, UDS, BAI, HAM-A		
Bupropion/ Wellbutrin	20-30mg/day 5,10,15,30	Management of anxiety d/os, short term tx of symptoms of anxiety, mixed anxiety, depression, tx- resistant depression

## Bipolar Disorder: LFTs, uds, cbc, ~~tt~~ ~~st~~ scan, YMRS, MDQ

Lithium	Levels: .8-1.2 300-1200/day	Bipolar mania, Bipolar depression, MDD, vasoular headache, neutropenia
Valproate/ Depakote	Levels: 50-110 1200-1500 mg/day	Acute mania/bipolar, complex partial seizures, migraine prophylaxis, maintenance bipolar, psychosis, schizophrenia (adjunctive)
Carbamazepine/ Tegretol	400-1200mg/day  Initiate 200mg BID (see Stahl for rest)	Seizures, pain r/t trigeminal neuralgia, Acute mania/mixed mania, bipolar depression/maintenance, psychosis, schizophrenia (adjunctive)
Lamotrigine /Lamictal	100-200mg/day  25 mg x 2 weeks 50 mg x 2 weeks 100 mg x 1 week 200 mg x 1 week	Maintenance bipolar I, partial seizures, other seizures, bipolar depression, bipolar mania, psychosis schizophrenia adjunct, MDD adjunct,

# Cheat Sheet For Mental Health Medication

**Lei Shi**



## **Cheat Sheet For Mental Health Medication:**

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