

FAST FOOD

Maniac



From Arby's
to White Castle,
One Man's
Supersized Obsession
with America's
Favorite Food

JON HEIN

Ebook Fast Food Maniac Supersized Obsession

Stan Cullimore



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Fast Food Maniac Jon Hein, 2016-02-02 The beloved personality from The Howard Stern Show celebrates American fast food exploring the history and secret menu items of both national and regional chains ranking everything from burgers and fries to ice and mascots and offering his own expert tips on where to go and what to order Jon Hein is the ultimate fast food maniac and in this book he draws on his extensive knowledge of and love for both nationwide chains and regional gems from McDonald's and KFC to In N Out Burger and Carvel He digs into their origin stories reveals secret menu items includes best lists for everything from fried chicken and shakes to connoisseur concerns such as straws and biscuits takes a nostalgic look back at the best giveaways slogans and uniforms and even provides a battle tested drive thru strategy With behind the counter looks at places like the Dunkin' Donuts headquarters and Nathan's original hot dog stand Fast Food Maniac is the definitive cross country guide to some of America's best loved guilty pleasures *Fast Food* Stephanie Watson, 2008-01-15 Explores the dangerous physical and mental effects on a person when indulging too often in fast foods **Supersized** Morgan Spurlock, 2011 Do you dare find out what's happening behind the counters of your neighborhood fast food joint Then grab a bucket and dive into one of the creepiest graphic novels of the year Supersized Strange Tales from a Fast Food Culture is an entertaining and at times gut wrenching series of stories focusing on America's ubiquitous and potentially destructive fast food culture A perfect companion to Super Size Me the graphic novel will bridge the gaps between humor fact and heart while peering behind the scenes of the fast food world Publisher's description **Chew on this** Eric Schlosser, Charles Wilson, 2006 Everything you don't want to know about fast food **Supersized: Strange Tales from a Fast-Food Culture** Morgan Spurlock, 2007-03-06 Do you dare find out what's happening behind the counters of your neighborhood fast food joint Then grab a bucket and dive into one of the creepiest graphic novels of the year Supersized Strange Tales from a Fast Food Culture is an entertaining and at times gut wrenching series of stories focusing on America's ubiquitous and potentially destructive fast food culture A perfect companion to Super Size Me the graphic novel bridges the gaps between humor fact and heart while peering behind the scenes of the fast food world Written by Morgan Spurlock with writer Jeremy Barlow and drawn by a variety of creators Supersized Strange Tales from a Fast Food Culture is an original graphic novel companion to the Academy Award nominated movie and expands on some of the bizarre stories not featured in the original film The creative brain trust behind The Simpsons chose Morgan Spurlock Super Size Me 30 Days Where in the World Is Osama bin Laden to direct the Simpsons twentieth anniversary documentary **Don't Eat This Book** Morgan Spurlock, 2006-05-02 Don't eat this groundbreaking hilarious book but if you care about your country's health your children's and your own you better read it For thirty days Morgan Spurlock ate nothing but McDonald's as part of an investigation into the effects of fast food on American health The resulting documentary earned him an Academy Award nomination and broke box office records worldwide But there's more to the story and in Don't Eat This Book Spurlock examines everything from

school lunch programs and the marketing of fast food to the decline of physical education He looks at why fast food is so tasty cheap and ultimately seductive and interviews experts from surgeons general and kids to marketing gurus and lawmakers who share their research and opinions on what we can do to offset a health crisis of supersized proportions

Don't Eat This Book Morgan Spurlock,2008-09 For 30 days Spurlock ate nothing but McDonald s as part of an investigation into the effects of fast food on American health The resulting documentary earned him an Academy Award nomination and broke box office records worldwide In this book Spurlock examines everything from school lunch programs and the marketing of fast food to the decline of physical education He looks at why fast food is so tasty cheap and ultimately seductive and interviews experts from surgeons general and kids to marketing gurus and lawmakers who share their research and opinions on what we can do to offset a health crisis of supersized proportions This fact packed and humorous book has been praised as A powerful work of reporting and punditry **Fast Food Nightmare** Stan Cullimore, *Fast Food Junky* Tre Garcia,2018-12-07 Fast Food Junky is not a diet or nutritional book This is a memoir about the obese times of Tre Garcia who once was a slender 179 pound man Tre Garcia shares his stories about how he lost control of his eating habits and one day stepping on the scale and weighing a whopping 401 pounds **Chew on This 10th Anniversary Edition** Charles Wilson,Eric Schlosser,2016-09-13 Kids love fast food And the fast food industry definitely loves kids It couldn t survive without them Did you know that the biggest toy company in the world is McDonald s It s true In fact one out of every three toys given to a child in the United States each year is from a fast food restaurant When Eric Schlosser s best selling book Fast Food Nation was published for adults in 2001 many called for his groundbreaking insight to be shared with young people Now Schlosser along with co writer Charles Wilson has investigated the subject further uncovering new facts children need to know In Chew On This they share with kids the fascinating and sometimes frightening truth about what lurks between those sesame seed buns what a chicken nugget really is and how the fast food industry has been feeding off children for generations This edition features a new introduction by Eric Schlosser

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