

**Functional Family Therapy**  
**PROGRESS NOTE**  
**Motivation/Engagement Phase**  
*(Early Sessions)*

Client Name / Case Number: Lee  
Owen / 111

Session  
Date: 11/06/06

Therapist #:

Session Number: 1

**This Session: Engagement/Motivation Phase**

*Goals of the session and progress made toward those goals in this session*

**Initial Family  
Presentations**

Greg stated that Lee has no consideration for him (which hurts) nor anything else as demonstrated by his substance use and that he has been a problem since he was 2 y/o.

Lee stated that Greg thinks he can control him and that he wants to be my father in the sense that he is my "god" instead of a father who cares and teaches values. Says the stuff they fight about is bullshit and doesn't need to happen.

Lanai stated that she walks a a fine line between Lee and Greg and has to be careful to not support one more than the other. She does not like Lee's cursing, but does not fear him. Feels they don't listen to her so she has quit trying to intervene.

**SESSION INTERVENTIONS**

**Relationship Building**

At the beginning of session, started to being curious about what the family does--learned about Lanai's child care (\*\*\*note, "child care" not "day care"). Greg's work as a construction worker (\*\*\*note he has to drive 3 hours daily for work), and Lee's regular attendance in school. Also learned that there is a 6 y/o brother and teenage sister in the home...and an older brother out of the home.

**Initial Family Presentations Addressed Through:**

**Matching**

Greg doesn't "do feelings"--would rather talk about trucks and sports. Matching to Lee is about intensity of voice, language of "fuck you", asking his permission to ask him

# Family Therapy Progress Notes

**Arthur E. Jongsma, Jr., Timothy J. Bruce**

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