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# CANDIDIASIS CRÓNICA

EL SÍNDROME OCULTO DEL SIGLO XXI

Cala H. Cervera nutricionista ortomolecular





# <u>Candidiasis Cronica El Sindrome Oculto Del Siglo Xxi</u> <u>Alternativas</u>

Cala H. Cervera

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Candidiasis Crónica Cala H. Cervera, 2003-04 Candidiasis crónica Cala H. Cervera. 2016-12-23 Candidiasis cr nica es un revolucionario libro que te abrir los ojos a un nuevo concepto de salud y enfermedad a partir de un trastorno muy extendido pero poco conocido Con el enfogue de la moderna nutrici n ortomolecular la nutricionista Cala H Cervera analiza y propone un innovador y eficaz tratamiento para la candidiasis cr nica y da pistas para diagnosticarla Descubre si tus s ntomas cr nicos pueden indicar que padeces de candidiasis c mo se relacionan trastornos como las migra as ataques de p nico hipoglucemias el colon irritable y otros muchos con la infecci n por c ndidas y c mo tratarlos conoce qu tipo de tratamiento alimentaci n nutrientes antif ngicos etc necesitas para combatir este deseguilibrio Adem s este libro propone unas dietas orientativas un ap ndice con las preguntas m s frecuentes de los afectados y un listado de productos naturales adecuados para el tratamiento El poder curativo de los antiácidos naturales Norbert Treutwein, 2004 española ,2004 Candidiasis, tu amiga del alma Cala H. Cervera, 2018-10-02 Padeces un deseo incontrolable de comer carbohidratos Tienes a menudo somnolencia o fatiga Padeces habituales migra as y dolor intestinal Sufres quemaz n picor o falta de deseo sexual Estos son algunos de los s ntomas m s habituales de la candidiasis Pero tras esta enfermedad hay mucho m s que meros s ntomas Eso es al menos lo que desprende la lectura de este libro que no s lo es consecuencia de los a os de trabajo y estudio de su autora sino que adem s tiene la virtud de reflejar el trato con las personas de una manera hol stica integral As podr s aprender Que cuando una persona padece candidiasis intestinal su salud se ver mucho m s comprometida que quien focaliza su infecci n nicamente en la vagina Que el agua del grifo una dieta rica en az cares o un exceso de antibiticos desarrollan m s f cilmente la candidiasis Que reprimir la creatividad en cualquiera de sus expresiones puede afectar a la zona p lvica y a sus rganos Que a la hora de hacer un tratamiento antif ngico no s lo hay que considerar la dieta sino tambi n hay que poner conciencia en los pensamientos y las emociones

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