



# **The Adult Attachment Interview**

Clinical Applications to  
Accelerate Therapy Progress

Karen Buckwalter, LCSW, RPT-S

# Clinical Applications Of The Adult Attachment Interview

**Rahil D. Briggs**



## **Clinical Applications Of The Adult Attachment Interview:**

**Clinical Applications of the Adult Attachment Interview** Howard Steele, Miriam Steele, 2013-12-09 The Adult Attachment Interview AAI is both a mainstay of attachment research and a powerful clinical tool This unique book provides a thorough introduction to the AAI and its use as an adjunct to a range of therapeutic approaches including cognitive behavioral therapy psychoanalytic psychotherapy parent infant psychotherapy home visiting programs and supportive work in the context of foster care and adoption Leading authorities provide detailed descriptions of clinical procedures and techniques illustrated with vivid case material Grounded in research the volume highlights how using the AAI can enhance assessment and diagnosis strengthen the therapeutic alliance and facilitate goal setting treatment planning and progress monitoring

**Adult Attachment Patterns in a Treatment Context** Sarah Daniel, 2014-08-27 Attachment theory posits that the need for attachment is a life long phenomenon that becomes especially relevant in times of crisis or trauma When adults experience illness accidents assaults psychological difficulties or losses their attachment behavioural systems are activated motivating them to seek help and support from family and friends and or from helping professionals However the resulting request for help is affected and shaped by earlier experiences regarding the support and trustworthiness of attachment figures Can others be trusted Is it safe to show vulnerability How should one behave to increase the likelihood of receiving the help needed Adult Attachment Patterns in a Treatment Context provides an integrated introduction to the subject of adult attachment Research into adult attachment patterns offers professional helpers a theoretically sound insight into the dynamics underlying a range of client behaviours including some of the more puzzling and frustrating behaviours such as denying obvious pain or continually pushing the professional for more personal involvement Sarah Daniel shows how applying knowledge of attachment patterns to treatment settings will improve the way in which professionals engage with clients and the organization of treatments This book will be relevant to a range of helping professionals such as psychotherapists psychologists and social workers both in practice and in training

**The Routledge Handbook of Attachment (3 volume set)** Paul Holmes, Steve Farnfield, 2022-07-30 The Routledge Handbooks of Attachment provide a uniquely detailed yet accessible approach to attachment Paul Holmes and Steve Farnfield have assembled an international selection of contributors and here present three volumes covering theory assessment and implications and interventions The Routledge Handbook of Attachment Theory presents a broadly based introduction to attachment theory and associated areas written in an accessible style by experts from around the world The book covers the basic theories of attachment and discusses the similarities and differences of the two predominant schools of attachment theory The Routledge Handbook of Attachment Assessment provides a detailed discussion of the formal measurement tools available to assess attachment across the age range including with families It contains comprehensive chapters on many attachment based validated procedures for assessing parenting and evaluating risk to enable professionals to decide what type of assessment is appropriate who

should conduct it and the usefulness of the results The Routledge Handbook of Attachment Implications and Interventions offers an introduction to therapies produced as a result of the popularity of attachment studies These therapies can be divided into two categories those that are attachment based in that they use evidence based attachment assessments in their development or attachment informed in that the theories of attachment have been integrated into the practice of existing schools of therapy The Routledge Handbooks of Attachment are indispensable guides for clinical psychologists psychiatrists and social workers working with and assessing children and families clinicians in training and students     **Attachment** Phyllis Erdman,Kok-Mun Ng,2011-01-11 Attachment Expanding the Cultural Connections is an exciting exploration of the latest trends in the theory and application of attachment within cross cultural settings The book s insightful analysis remarkable case studies and groundbreaking research make it essential reading for any clinician or scholar interested in perceptions of love and attachment     **The Routledge Handbook of Attachment: Implications and Interventions** Paul Holmes,Steve Farnfield,2014-06-27 The Routledge Handbook of Attachment Implications and Interventions offers an introduction to therapies produced as a result of the popularity of attachment studies These therapies can be divided into two categories those that are attachment based in that they use evidence based attachment assessments in their development or attachment informed in that the theories of attachment have been integrated into the practice of existing schools of therapy The book reviews the field and provides a range of interventions for children adults and parents beginning with a detailed review of both evidence base and evidence informed interventions including individual psychotherapy family therapy and parenting The remaining chapters provide accounts from the practitioner s perspective of interventions that address issues of attachment from the level of one to one therapy family and social work to social interventions involving courts and Care Proceedings illustrated with examples from day to day practice Discussing how an understanding of formal assessments of attachment can be used to inform therapeutic social and legal interventions to assist and protect children The Routledge Handbook of Attachment Implications and Interventions is an indispensable guide for clinical psychologists psychiatrists and social workers working with children and families clinicians in training and students     The Developing Mind Daniel J. Siegel,2020-04-20 This highly influential work now in a revised and expanded third edition incorporating major advances in the field gives clinicians educators and students a new understanding of what the mind is how it grows and how to promote healthy development and resilience Daniel J Siegel synthesizes cutting edge research from multiple disciplines revealing the ways in which neural processes are fundamentally shaped by interpersonal relationships throughout life And even when early experiences are not optimal building deeper connections to other people and to one s own internal experience remains a powerful resource for growth Professors praise the book s utility in courses from developmental psychology and child development to neuroscience and counseling New to This Edition Incorporates findings from a huge body of recent research over 1 000 citations added Revisits and refines the core hypotheses of interpersonal neurobiology Chapter on the experience

of belonging and the development of identity New or expanded discussions of behavioral epigenetics the default mode network of the brain social neuroscience cultural and gender issues theory of mind the Wheel of Awareness contemplative practice the science of consciousness and more

**Integrated Science for Sustainable Development Goal 3** Nima Rezaei,2024-12-11 This contributed volume offers an interdisciplinary view on several topics related to the Sustainable Development Goal 3 SDG 3 These targets mainly involve reducing maternal mortality ending preventable deaths under five years of age fighting communicable diseases e g tuberculosis HIV malaria hepatitis B and neglected tropical diseases reducing mortality from non communicable diseases e g cardiovascular disease cancer diabetes chronic respiratory disease and suicide and promoting mental health prevention and treatment of substance abuse reducing road injuries and deaths universal access to sexual and reproductive care family planning and education achieving universal health coverage reducing illnesses and deaths from hazardous chemicals and pollution implementation of the WHO framework convention on tobacco control supporting research development and universal access to affordable vaccines and medicines increasing health financing and supporting health workforce in developing countries improving early warning systems for global health risks

Measuring Attachment Everett Waters,Brian E. Vaughn,Harriet Salatas Waters,2021-05-10 This volume provides an in depth examination of traditional and emerging measures of attachment behavior and representations from infancy to adulthood Leading authorities share their expertise on the Strange Situation the Attachment Q set Ainsworth's Maternal Sensitivity Scales the Adult Attachment Interview the Attachment Script Assessments and the Adult Attachment Projective Picture System as well as analogue and experimental methods The book clarifies the conceptual and empirical underpinnings of the various measures and shows how they fit into a coherent developmental framework Offering detailed discussions of key constructs such as attachment security the secure base phenomenon disorganization and narrative structure this is a valuable resource for both researchers and practitioners who use attachment assessments in their work

Attachment Assessment in treatments, prevention and intervention programs Silvia Salcuni,2015-05-13 Attachment theory assessment and research offers a broad far reaching view of human functioning and it can enrich a psychologist's understanding of subjects and their relational adjustment both in clinical and non clinical settings Ongoing research in attachment has led to a number of individual treatments and prevention and intervention programs The assessment of an individual's attachment organization can play a crucial role in explaining and previewing the unfolding treatment the relational adjustments or concerns and the psychological well being We hope to receive empirical papers that give evidence for the usefulness of attachment assessment in both clinical e g patients with Eating Disorder or Axis II psychotherapy patients or not clinical population e g Adoptive and or foster families or couples Mother infant assessment in prevention field These papers should include methodological issues and information about the participants the methods used to assess attachment the process of scorer training and the availability of the manual used to obtain inter scorer reliability Case studies may be of interest to the

extent that they demonstrate the value of a systematic approach to attachment material A range of theoretical perspectives is welcome as well presentation of new emergent tools on attachment Because *Frontiers in Psychology* is an international journal each empirical paper should comment on the international implications of the findings and discuss its cross cultural use Such comments may include for example its linguistic specificity its robustness in translation and the cross cultural generalizability of the constructs and behaviors of the measure and its usual correlates Cross cultural generalizability is not however a requirement

**Integrated Early Childhood Behavioral Health in Primary Care** Rahil D. Briggs, 2016-07-26

This book provides a step by step guide to integrating early childhood behavioral health care into primary care with hands on advice for creating implementing and evaluating programs It discusses the unique advantages of pediatric primary care as a setting for mental health services from birth into the early school years particularly for addressing parent child stress and trauma issues Contributors illustrate in depth how bringing behavioral health into pediatric services can engender care that is replicable and sustainable not only cost effective but also clinically effective Guidelines and case examples from frontline practitioners highlight typical challenges and workable recommendations Among the featured topics The fit between early intervention programs and primary care Staffing workforce development and funding issues On the job teamwork concerns from time constraints to continuity of care Culturally competent care geared toward key child care issues Intervening with parents of young children in the integrated pediatric setting *Integrated Early Childhood Behavioral Health in Primary Care* is an essential resource for clinicians practitioners graduate students and researchers in child and school psychology pediatrics and social work

**Intergenerational Cycles of Trauma and Violence: An Attachment and Family Systems**

**Perspective** Pamela C. Alexander, 2014-12-15 Exploring the conditions under which children as a function of their own abuse become abusive themselves That experiences from childhood affect our behavior in adulthood especially in the ways we treat our children and intimate partners is generally accepted Indeed theories of intergenerational transmission of violence indicate that if we ourselves have been abused and neglected as children we will likely be abusive and neglectful to others close to us thus extending the cycle across generations However many individuals who were maltreated as children do not replicate this cycle and such models make little sense of the individual raised in a good family who is violent either as a child or as an adult These discontinuities of cycles of violence and trauma have challenged professionals and nonprofessionals alike However broadening our vision and attending to new areas of research can help to illuminate this conundrum and open up new avenues of intervention In this book Pamela Alexander does just that She proposes that an increased risk for abusive behavior or revictimization as a function of one's own experiences of abuse or trauma in childhood can best be understood through the complementary lenses of attachment theory focusing on the relationship between the child and the caregiver and family systems theory focusing on the larger context of this relationship That is what a child acquires from her relationship with a caregiver is not simply a reflection of what she has learned from experiencing or witnessing abuse Rather it emerges

from the child's felt experience of the relationship itself on implicit emotional physical and neurobiological levels Alexander founds the book on this multifaceted parent child attachment relationship and its place in the wider family system integrating clinical experience with close attention to the long term neurobiological and epigenetic effects of trauma She focuses on common outcomes of a history of maltreatment and of child sexual abuse in particular including peer victimization partner violence parenting problems and sexual offending A detailed review of the literature accompanies instructive case examples Sources of trauma from outside the family including combat exposure political terrorism foster care and incarceration of parents are considered Finally Alexander analyzes the multiple sources of natural resilience the neurobiological the individual the relational and the social to enable professionals of all backgrounds to tailor make effective interventions for interrupting cycles of trauma and violence

**Psychodynamic Psychotherapy Research** Raymond A. Levy, J. Stuart Ablon, Horst Kächele, 2011-12-27 Psychodynamic Psychotherapy Research Evidence Based Practice and Practice Based Evidence continues the important work of the first book published in 2009 by Humana Press Handbook of Evidence Based Psychodynamic Psychotherapy Bridging the Gap Between Science and Practice This landmark title presents in one volume significant developments in research including neuroscience research in psychodynamic psychotherapy by a team of renowned clinician researchers The demand for ongoing research initiatives in psychodynamic psychotherapy from both internal and external sources has increased markedly in recent years and this volume continues to demonstrate the efficacy and effectiveness of a psychodynamic approach to psychotherapeutic interventions in the treatment of psychological problems The work in this volume is presented in the spirit of ongoing discussion between researchers and clinicians about the value of specific approaches to specific patients with specific psychiatric and psychological problems Multiple forms of treatment interventions have been developed over the past fifty years and this volume makes clear with firm evidence the authors support for the current emphasis on personalized medicine Groundbreaking and a major contribution to the psychiatric and psychologic literature Psychodynamic Psychotherapy Research Evidence Based Practice and Practice Based Evidence provides firm grounding for advancing psychodynamic psychotherapy as a treatment paradigm

**The State of the Art in Creative Arts Therapies** Tal Shafir, Hod Orkibi, Felicity Anne Baker, David Gussak, Girija Kaimal, 2020-07-08 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office [frontiersin.org](mailto:frontiersin.org) about contact

**Evolution, Early Experience and Human Development** Darcia Narváez, 2012-11-29 The field of cognitive psychology has expanded rapidly in recent years with experts in affective and cognitive neuroscience revealing more about

mammalian brain function than ever before In contrast psychological problems such as ADHD autism anxiety and depression are on the rise as are medical conditions such as diabetes obesity and autoimmune disorders Why in this era of unprecedented scientific self knowledge does there seem to be so much uncertainty about what human beings need for optimal development Evolution Early Experience and Human Development asserts that human development is being misshaped by government policies social practices and public beliefs that fail to consider basic human needs In this pioneering volume scientists from a range of disciplines theorize that the increase in conditions such as depression and obesity can be partially attributed to a disparity between the environments and conditions under which our mammalian brains currently develop and our evolutionary heritage For example healthy brain and emotional development depends to a significant extent upon caregiver availability and quality of care These include practices such as breastfeeding co sleeping and parental social support which have waned in modern society but nevertheless may be integral to healthy development As the authors argue without a more informed appreciation of the ideal conditions under which human brains minds develop and function human beings will continue to struggle with suboptimal mental and physical health and as problems emerge psychological treatments alone will not be effective The best approach is to recognize these needs at the outset so as to optimize child development Evolution Early Experience and Human Development puts forth a logical empirically based argument regarding human mammalian needs for optimal development based on research from anthropology neurobiology animal science and human development The result is a unique exploration of evolutionary approaches to human behavior that will support the advancement of new policies new attitudes towards health and alterations in childcare practices that will better promote healthy human development

**Early Childhood Mental Health: Empirical Assessment and Intervention from Conception through Preschool, An Issue of Child and Adolescent Psychiatric Clinics of North America, E-Book** Mini Tandon, 2017-06-09 This issue of Child and Adolescent Psychiatric Clinics edited by Dr Mini Tandon will cover a broad range of topics in Early Childhood Mental Health Subjects discussed include but are not limited to Newborns preschoolers Internalizing Disorders ADHD and the Externalizing Disorders Trauma Sleep Disorders Attachment issues Autism and Feeding Disorders among others

The American Psychiatric Publishing Textbook of Psychiatry, Sixth Edition Robert E. Hales, M.D., M.B.A, Stuart C. Yudofsky, M.D., Laura Weiss Roberts, M.D., M.A., 2014-03-18 The new sixth edition the only comprehensive psychiatry textbook to integrate all the new DSM 5 R criteria provides the most up to date authoritative insightful foundational text in the field Its contributors include authors of the definitive texts in their areas of specialization

**Handbook of Psychodynamic Approaches to Psychopathology** Patrick Luyten, Linda C. Mayes, Peter Fonagy, Sidney J. Blatt, Mary Target, 2017-05-04 Authoritative and comprehensive this volume provides a contemporary psychodynamic perspective on frequently encountered psychological disorders in adults children and adolescents Leading international authorities review the growing evidence base for psychoanalytic theories and therapeutic models Chapters



examine the etiology and psychological mechanisms of each disorder and thoroughly describe effective treatment strategies Highly accessible the book is richly illustrated with clinical case material It demonstrates ways in which psychodynamic theory and therapy are enhanced by integrating ideas and findings from neuroscience social and personality psychology cognitive behavioral therapy and other fields Winner Goethe Award for Psychoanalytic and Psychodynamic Scholarship

**Working with Sex Offenders** Daniel Wilcox, Marguerite Donath, Rosie Gray, Clark Baim, 2017-02-03 Working with Sex Offenders is a unique book which brings together leading practitioners in the field to provide a comprehensive and up to date distillation of relevant guidance to assist anyone who works with sex offenders The authors examine topics including assessment treatment supervision and safeguarding Skills and strategies for successful engagement with offenders are a key focus of the book as well as improving understanding of underpinning factors associated with offending and desistance This volume which is derived from well received presentations hosted by the UK's National Organisation for the Treatment of Abusers NOTA over a number of years also offers a detailed examination of individual organisational and societal roles in relation to identifying and preventing sexual abuse in our communities Using case examples throughout Working with Sex Offenders will be essential reading for all professionals involved in the management and treatment of sex offenders

**International Advances in Adoption Research for Practice** Gretchen Miller Wrobel, Elsbeth Neil, 2009-01-12 This is a unique compilation of cross cultural and international attitudes towards adoption research and outcomes Whilst informal adoption of children has probably always existed across all human societies this work is timely in that interest in the role of legal adoption as both a child welfare solution and as a means of alternative family formation for adults wanting to become parents has never been higher This book is an edited collection of 13 papers based on invited keynote presentations or paper symposia presentations given at the Second International Conference on Adoption Research ICAR2 2006 It gives a unique Cross cultural look at adoption from worldwide multidisciplinary community of distinguished and emerging adoption researchers International appeal with different countries laws attitudes and outcomes fully explored *The Oxford Handbook of Infant, Toddler, and Preschool Mental Health Assessment* Rebecca DelCarmen-Wiggins, Alice S. Carter, 2019 The Oxford Handbook of Infant Toddler and Preschool Mental Health Assessment Second Edition brings together leading clinical and developmental researchers to provide empirically based recommendations for assessment of social emotional and behavior problems and disorders in the earliest years The second edition is fully updated and revised according to an upsurge of research in the field of assessment especially with regard to infants and children

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