Therapeutic Goals for Management of Metabolic Syndrome

Metabolic Risk Factors

Dyslipidemia	
Primary Target Elevated LDL-C	High risk: <100 mg/dL (preferably <70 mg/dL)
	Moderate Risk: <130 mg/dL
	Low Risk: <160 mg/dL
Target HDL-C	Raise to extent possible with weight reduction and exercise
Elevated BP	Reduce to at least > 140/90 (<130/80 if diabetic)
Elevated Glucose	For IFG, encourage weight reduction and exercise
	For Type II DM, target A1C < 7 percent
Prothrombotic State	Low dose aspirin for high risk patients
Proinflammatory State	Lifestyle therapies; no specific interventions

<u>Contemporary Diagnosis And Management Of The</u> <u>Metabolic Syndrome</u>

J Elliott

Contemporary Diagnosis And Management Of The Metabolic Syndrome:

Whispering the Techniques of Language: An Mental Journey through **Contemporary Diagnosis And Management Of The Metabolic Syndrome**

In a digitally-driven earth where screens reign supreme and instant connection drowns out the subtleties of language, the profound strategies and mental subtleties hidden within phrases frequently move unheard. Yet, situated within the pages of **Contemporary Diagnosis And Management Of The Metabolic Syndrome** a captivating fictional value pulsating with fresh feelings, lies an extraordinary journey waiting to be undertaken. Published by an experienced wordsmith, that wonderful opus encourages visitors on an introspective journey, lightly unraveling the veiled truths and profound impact resonating within ab muscles material of each and every word. Within the mental depths with this touching review, we shall embark upon a genuine exploration of the book is primary subjects, dissect their charming publishing type, and fail to the strong resonance it evokes strong within the recesses of readers hearts.

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