Nursing 4020 Community Health Nursing, Fall Exam 1 Study Guide

Community Based Nursing vs. Community Oriented Nursing

- Community-based:
 - O Focus is on illness care
- Community-oriented:
 - O Focus is on promoting quality of life
 - O Focus is on healthcare of entire community or populations
 - Includes public health nursing
 - O Goal is to prevent disease and preserve, promote, restore, and protect health for the community and the population within it

Public Health Nursing and Population Based Nursing

- Public Health Nursing
 - Population –focused and involves a combination of nursing knowledge along with social and public health sciences
 - O Goal is promoting health and preventing disease.
 - Includes the study of epidemiology, statistics, and assessment
- Population-focused Nursing
 - O Includes assessing to determine needs, interviewing to protect and promote health, and preventing disease within a specific population
 - At risk for HTN
 - Without health insurance
 - With a specific knowledge deficit

Principles of public health and core functions

- Monitor health status to identify community health problems.
- Diagnose and investigate health problems and hazards in the community.
- · Inform, educate, and empower people about health issues.
- Mobilize community partnerships to identify and solve health problems.
- Develop policies and plans that support individual and community health efforts.
- Enforce laws and regulations that protect health and ensure safety.
- Link people to needed personal health services and ensure the provision of health care that is otherwise unavailable.
- Ensure a competent public health and personal health care workforce.
- Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
- Research for new insights and innovative solutions to health problems.

Public health core functions

- Assessment
 - O Systematic data collection on the population, monitoring the population's health status, and making information available about the health of the community.

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