

Nancy is a 17-year-old vegetarian. Her diet includes only fruit and vegetables without any animal products. She is very active in sport. She started feeling weak and tired most of the time and went to her doctor. The doctor diagnosed a food-related health condition and prescribed the breakfast plan below to improve her health.

BREAKFAST PLAN
<ul style="list-style-type: none">• Fresh fruit• Muesli and plain yoghurt• Hard-boiled eggs• Orange juice

[Own text]

- 3.7.1 Identify the food-related health condition the doctor diagnosed.
- 3.7.2 Discuss reasons why the doctor prescribed the above plan for Nancy.

Consumer Studies Grade 12 November 2013

Memorandum

L Reisser



Consumer Studies Grade 12 November 2013 Memorandum:

Consumer Studies Grade 12 November 2013 Memorandum Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the ability of words has been evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Consumer Studies Grade 12 November 2013 Memorandum**, a literary masterpiece that delves deep into the significance of words and their impact on our lives.

Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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