



Diabetes, obesidad y síndrome metabólico

Un abordaje multidisciplinario

Isaías Balderas Rentería



Manual Moderno

Diabetes Obesidad Y Síndrome Metabólico Un Abordaje Multidisciplinario Spanish Edition

**Rubén Antonio Gómez Mendoza, Raúl
Carrillo Esper, Antonio González
Chávez**

Diabetes Obesidad Y Síndrome Metabólico Un Abordaje Multidisciplinario Spanish Edition:

Diabetes, obesidad y síndrome metabólico Isaías Balderas Rentería, 2015-01-01 La diabetes, la obesidad y el síndrome metabólico son epidemias que los médicos enfrentan día a día en los consultorios o centros de salud. Del mismo modo, las complicaciones de estas patologías indican un alto índice de morbilidad y mortalidad en el país. Diabetes, obesidad y síndrome metabólico. Un abordaje multidisciplinario es un texto desarrollado por el doctor Isaías Balderas y su equipo de expertos en la materia, en el que a través de una exposición precisa indica las principales características y el tratamiento de estos tres padecimientos antes mencionados, todo bajo un enfoque científico con base en datos y cifras de instituciones internacionales, así como en los estudios más recientes. Diabetes, obesidad y síndrome metabólico. Un abordaje multidisciplinario proporciona información detallada para adquirir las competencias clínicas que todo médico y estudiante de medicina debe tener, y lo complementa con sugerencias para su prevención y seguimiento oportuno.

Síndrome metabólico y su impacto sobre corazón, cerebro y riñón Rubén Antonio Gómez Mendoza, Raúl Carrillo Esper, Antonio González Chávez, 2025-01-02 El síndrome metabólico, la obesidad y la diabetes mellitus son o representan un grave problema de salud pública a nivel global. México ocupa uno de los primeros lugares en incidencia y prevalencia de estas tres entidades clínicas. Es bien conocido que un elevado número de pacientes que acuden a consulta y son ingresados a los hospitales padecen alguna de estas entidades o una combinación de ellas. La enfermedad por sí o alguna de sus múltiples complicaciones representan una elevada carga sanitaria y costos de atención por las múltiples morbilidades y secuelas que las acompañan. La atención y el manejo de estos pacientes requiere un abordaje transdisciplinario, en el que el internista tiene un papel fundamental debido a que es el coordinador de una completa atención.

Síndrome metabólico y su impacto sobre corazón, cerebro y riñón Rubén Antonio Gómez Mendoza, Raúl Carrillo Esper, 2025-06-02 El síndrome metabólico, la obesidad y la diabetes mellitus son o representan un grave problema de salud pública a nivel global. Nuestro país ocupa uno de los primeros lugares en la incidencia y prevalencia de estas tres entidades. Es bien conocido que un elevado número de pacientes que acuden a consulta y son ingresados a los hospitales padecen alguna de estas entidades o una combinación de ellas. La enfermedad por sí o alguna de sus múltiples complicaciones representan una elevada carga sanitaria y costos de atención por las múltiples morbilidades y secuelas que las acompañan. La atención y el manejo de estos pacientes requiere un abordaje transdisciplinario, en el que el internista tiene un papel fundamental debido a que es el coordinador de una completa atención.

Manual práctico para la detección y el tratamiento integral del síndrome metabólico Antonio González Chávez, Roberto López Espinosa, José Agustín Mesa Pérez, 2025-06-02 Identificar los factores de riesgo para prevenir el desarrollo de obesidad y diabetes tipo 2 es una prioridad en los sistemas de salud, y es donde juega un papel primordial el diagnóstico oportuno del síndrome metabólico al considerarlo como una herramienta útil para detectar a la población que está en riesgo de desarrollar enfermedades no transmisibles y las alteraciones metabólicas que a menudo no pueden ser reversibles. En esta revisión se hace énfasis en algunos

fenotipos clínicos del síndrome metabólico que deben ser considerados al momento de evaluar al paciente con riesgo y que si bien aún no han sido integrados en los criterios diagnósticos la evidencia científica hace referencia a su papel preponderante en esta entidad y que pueden ser tanto factores de riesgo como parte de la enfermedad o ser factores que influyen en la evolución de la misma dado que influyen directamente en el entorno de su vida cotidiana *Síndrome metabólico y enfermedad cardiovascular* Fernando J. Lavalle González, Antonio González Chávez, José de Jesús Ríos González, 2006

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