



HEALTH & MEDICAL ISSUES TODAY

CUTTING AND SELF-HARM

CHRIS SIMPSON

Cutting And Self Harm Health And Medical Issues Today

Chris Simpson Ph.D.



Cutting And Self Harm Health And Medical Issues Today:

Cutting and Self-Harm Chris Simpson Ph.D.,2015-09-29 What is self harm and what causes it Learn the terms and concepts related to this type of behavior Non suicidal self injury has been in existence to some extent for centuries Today the practices are increasing in terms of the number of people engaging in this often baffling behavior By the use of accessible language rich descriptions of concepts and realistic case examples *Cutting and Self Harm* seeks to demystify these behaviors that afflict self injuring individuals and negatively impact their family members and friends Author Chris Simpson PhD has written and presented on the subject of self harm since 2001 He begins the book by answering the question What is cutting and self harm and how does it occur and by explaining important terms and concepts related to the behavior He then covers current controversies about self harming behaviors and addresses frequently confusing topics such as the contributing factors to self injury psychopharmacological treatment of the behavior and the use of group therapeutic approaches in treatment facilities The final section of the book presents additional resources for those impacted by self injury

Universal Health Care Claudio Buttice,2019-11-15 This accessibly written book explains universal healthcare the many forms it can take and the issues debates and historical context underpinning the continued struggle for its implementation in the United States Universal healthcare may be defined as any healthcare system that ensures at least basic coverage to most if not all citizens of a country Although it may be implemented in many ways universal healthcare has been widely accepted by international humanitarian organizations such as the World Health Organization WHO as the best way to ensure the universal human right to health So why is the United States the only industrialized country without universal healthcare What are the political social and economic factors that have prevented its successful introduction *Universal Healthcare* explores what universal healthcare is the many forms it can take using examples from countries around the world and the tumultuous history of attempts to implement a system of universal healthcare in the United States Part II delves into the contentious issues and debates surrounding adoption of universal healthcare in the United States Lastly Part III provides a variety of useful materials including case studies a timeline of critical events a glossary and a directory of resources [Stem Cells](#) Evelyn B. Kelly,2019-07-10 This accessibly written book explores the different types of stem cells their current and potential future medical applications and the many controversies that surround their creation and use Whether from adults or embryos stem cells have the potential to develop into many other types of cells an ability that makes them potentially invaluable for curing a wide variety of diseases and disorders And while some stem cell treatments are already in use today and have achieved remarkable results the use of such cells continues to be clouded in controversy This second edition of *Stem Cells* offers a wealth of new information and features Coverage of research breakthroughs in the past decade has been added including descriptions of recently discovered types of stem cells and stem cell therapies In addition to addressing ethical and scientific controversies the book also addresses issues such as the discrepancy between the public s expectations

for regenerative medicine and current medical realities Also new in this edition is a collection of case studies each of which helps to make the topics discussed in the book more accessible to readers *Prescription Drug Abuse* Robert L.

Bryant,Howard L. Forman MD,2019-10-25 The misuse and abuse of prescription drugs has reached epidemic proportions in recent years yet many individuals still believe incorrectly that their use is without risk This book explores those risks as well as controversies surrounding this public health issue Prescription drugs are powerful tools that can be used to treat a variety of ailments from pain to anxiety to insomnia Their potency and perceived safety also make them targets for abuse The misuse of prescription drugs can have dire health consequences for individuals and high economic costs for society among other dangers A part of Greenwood s Health and Medical Issues Today series this book identifies prescription drugs that are abused and the consequences such abuse can have for both individuals and society and discusses the many questions relating to how to address this public health issue Part I explores the current magnitude of the prescription drug abuse epidemic in the United States which drugs are most frequently abused how individuals obtain these medications and the consequences of abuse Part II delves into the controversies surrounding the topic including the roles that doctors and Big Pharma play and legal issues regarding prosecution of prescription drug abusers Part III provides a variety of useful materials including case studies a timeline of critical events and a directory of resources **Transgender Health Issues** Sarah

Boslaugh,2018-08-03 Transgender individuals face unique challenges when it comes to their physical psychological and social health and well being This accessible reference investigates these concerns in depth offering readers insights into topics such as discrimination and access to health care Although transgender individuals have always existed their fight for acceptance and equal rights is just beginning Within this larger context one area of emerging concern is their health physical psychological and social From legislation determining public restroom access to insurance coverage of hormone therapy for transitioning individuals to harassment and discrimination transgender people face a number of challenges that can negatively affect their well being A part of Greenwood s Health and Medical Issues Today series Part I of this book explores definitions of sex and gender the history of transgender awareness and activism physical and psychological health concerns specific to transgender individuals and how identifying as transgender can have different effects on individuals health at different stages in their life Part II examines issues and controversies related to the health and well being of transgender individuals Part III provides a variety of useful materials including case studies a timeline of critical events a glossary and a directory of resources *American Reference Books Annual* Juneal M. Chenoweth,2019-06-24 Read professional fair

reviews by practicing academic public and school librarians and subject area specialists that will enable you to make the best choices from among the latest reference resources This newest edition of American Reference Books Annual ARBA provides librarians with insightful critical reviews of print and electronic reference resources released or updated in 2017 2018 as well as some from 2019 that were received in time for review in the publication By using this invaluable guide to consider

both the positive and negative aspects of each resource librarians can make informed decisions about which new reference resources are most appropriate for their collections and their patrons needs Collection development librarians who are working with limited budgets as is the case in practically every library today will be able to maximize the benefit from their monetary resources by selecting what they need most for their collection while bypassing materials that bring limited value to their specific environment

Drug Resistance Sarah Boslaugh, 2017-01-16 Written in clear nontechnical language this investigation of drug resistance provides readers with an overview of the scientific issues the current scope of the problem nationally and globally and the measures that can be taken to combat this public health crisis Drug resistance the reduction in the effectiveness of a particular medicine particularly antimicrobials in treating a disease or condition is considered one of the most pressing issues in medicine today This problem is likely to have profound impacts on society in the decades to come This understandable single volume book explores the history of drug resistance explains how drug resistance occurs cites the most problematic examples identifies the potential consequences and describes how drug resistance can be prevented It also pays attention to current issues and controversies surrounding this topic such as the role of the industrialized food system in breeding antibiotic resistant strains of E coli The coverage includes up to date information about specific diseases like tuberculosis malaria human immunodeficiency virus HIV and methicillin resistant Staphylococcus aureus MRSA for which drug resistance is a particular issue Readers will understand how human behavior such as patient non adherence to treatment and physician over prescription of antibiotics have served to foster drug resistance A selection of primary documents sourced from organizations such as the World Health Organization the U S Food and Drug Administration and the Centers for Disease Control and Prevention will serve those interested in pursuing more detailed research on particular topics

Work-Life Balance Janice Arenofsky, 2017-01-16 This powerful resource investigates how a positive work life balance can help create engaged productive employees how imbalances in work life balance create serious issues for workers and identifies different ways to greatly improve one s work life balance Of the 35 countries in the Organisation for Economic Co operation and Development OECD all except the United States provide nationwide paid maternity leave This is but one example of how the United States has not made adequate provisions to safeguard the work life balance of its workforce to the detriment of the overall economic prosperity of the nation This insightful book shows how problematic an out of balance work to life ratio is gives readers the raw data and information to prioritize their values and describes tools available for selecting a position that matches an individual s talents and is congruent with her desired work life balance Work Life Balance examines the controversies associated with work life balance in the modern era and emphasizes how winning the struggle to achieve work life balance requires buy in from employees management and government Readers will appreciate how optimizing their work life balance may incorporate employee assistance programs flextime improved time management skills technology enabled tools and community programs The author explains how choosing an appropriate occupation is the first

step toward having a positive work life balance and avoiding the twin scourges of depression and job dissatisfaction Comparisons between typical benefits in the United States with those in other countries provide data that can be used to advocate and negotiate for greater flexibility fairness in gender equality and better employer employee relationships **The Vaccine Debate** Tish Davidson,2018-11-02 Providing accurate accessible information on vaccines and the controversies that surround them this book outlines the history of vaccine regulation and interactions between vaccines and the immune system and thoughtfully considers each vaccine debate A part of Greenwood s Health and Medical Issues Today series The Vaccine Debate provides a straightforward introduction to the interaction between vaccines and the immune system The book documents the rise of the anti vaccination movement provides reasons for its prominence today and explains the effects of vaccine refusal on public health It also addresses concerns about the role of government in regulating vaccine production and administration along with questions about vaccine safety Additionally a majority of the book examines in detail seven major vaccine controversies and mainstream medical positions on them These controversies are given individual attention with questions at the end of each to encourage critical thinking about such topics as the effectiveness of vaccines in protecting public health and whether vaccinations should be mandatory for public school attendance *Infertility Treatments* Janice Arenofsky,2018-06-21 Infertility affects about five million individuals of childbearing age in the United States yet infertility is a subject about which many people are reluctant to talk This book discusses extensively many options available to individuals struggling with infertility Infertility can result from a number of causes and affects men and women in equal numbers Difficulty conceiving can take a heavy toll on couples both physically and psychologically and can lead to depression and marital discord There are however many options available to those struggling with infertility for having a child These include innovative medical procedures and powerful drugs as well as a variety of alternative treatment approaches surrogacy and adoption A part of Greenwood s Health and Medical Issues Today series this book provides an overview of these options and examines the many health financial and ethical decisions of each that must be considered when choosing one Part I explores what causes infertility and the history and evolution of its treatment and then examines the options available today detailing how they work their success rates and their risks Additionally it addresses controversial topics such as the legislation of assisted reproductive technologies and the regulation of fertility clinics Part II delves into the many scientific economic and ethical debates that surround infertility treatment presenting a clear and objective analysis of the issues Part III provides a variety of useful supplementary materials including case studies a timeline of critical events a glossary and a directory of resources Concussions William Paul Meehan III,2016-12-12 This book provides a broad introduction to the important topic of concussive brain injury that considers historical medical research based and legal and ethical perspectives The devastating long term effects of concussions and the apparent mismanagement of concussion treatment among college and professional athletes have received major media attention in recent years Do athletes especially

young ones and their parents understand the physical risks and potential lifelong costs involved with playing their sport Are injuries handled properly or are players careers and teams successes put ahead of health and safety Written by a Harvard educated doctor who conducts clinical and scientific research in the area of sports injuries and concussive brain injuries this book provides readers with honest and authoritative information about concussions The book s chapters address the subject from all angles and shed light on current debates related to concussions caused by sports injuries and accidents

Obesity Evelyn B. Kelly, 2018-04-19 This book explores what obesity is its causes and implications for health and the many issues and controversies surrounding it both in the medical community and within society as a whole Obesity is defined as the state of having a body mass index BMI greater than 30 Although it may be easy to identify what obesity is however identifying its causes and effects can be more challenging Genetic hormonal environmental and behavioral factors all play a role in defining our weight and the consequences of obesity go far beyond medical complications to include impacts on psychological well being and social health and how we think about and address this growing epidemic has become just as controversial as it is important This second edition of Obesity offers a wealth of new information and features Coverage of genetic and hormonal causes of obesity has been greatly expanded as has discussion of medications and surgical techniques to manage obesity The book reflects our expanded scientific understanding of obesity and delves into medical and societal debates about weight that have emerged in recent years Also new in this edition is a collection of case studies each of which helps to make the topics discussed in the book more accessible to readers

The Body Size and Health Debate Christine L. B. Selby, 2017-10-27 Has the connection between body size and overall health been overstated for decades This book examines how our dogged efforts to eradicate obesity may be doing more harm than good and explores alternative ways to measure and encourage health It s fair to say that Americans are obsessed with body size and weight whether it s in the name of health and disease prevention or the idealization of unrealistically thin proportions But trying to lose weight and drop clothing sizes is healthy right Or is it not healthy in many cases In this book the latest in Greenwood s Health and Medical Issues Today series Certified Eating Disorder Specialist and Certified Sport Psychology Consultant Christine L B Selby PhD examines the often confusing information and misinformation that exists on obesity and its connection to overall health She provides a broad examination of this timely topic addressing the rate of obesity in the United States questioning the appropriateness of BMI to gauge overall health and well being discussing controversies related to weight and health including excessive dieting and providing real world scenarios that clearly illustrate major concepts related to weight and health The book also summarizes a relatively new and still controversial approach to improving well being that takes the focus off the number on the scale But can individuals really be happy and healthy at any size

Assistive Technology for People with Disabilities Denis K. Anson, 2018-08-09 How would you make a phone call or send email if you couldn t hear see or use your hands This book shows how assistive technology helps individuals with disabilities perform tasks that people without disabilities may take for

granted Assistive technology can be used in two ways to help people with disabilities to do things that people without disabilities can do without technology and to improve access to everyday technology that is not designed for people with disabilities In both cases the focus is on matching individuals with the tools best suited to fill their needs A part of Greenwood's Health and Medical Issues Today series Assistive Technology for People with Disabilities explores what technologies are available to individuals with disabilities what they can help them to accomplish and potential hurdles to their use that must be overcome It explores this exciting field broadly and in depth while still keeping the people first mindset that is the hallmark of assistive technology In addition it provides guidance and resources for individuals seeking assistive technology for themselves or for a loved one *Discrimination against the Mentally Ill* Monica A.

Joseph,2016-02-25 How have individuals with mental illness been treated historically and what are their experiences today This book investigates the historical and contemporary forms of discrimination faced by those with mental illness This book provides a broad foundation on the history of mental illness and discrimination as well as the current treatment network and contemporary issues related to mental illness and discrimination It presents a historical overview of the treatment of mental illness from the pre asylum movement through the current system identifying both overt and covert discrimination It is an ideal resource for high school and college students researching how people with mental illness have experienced discrimination throughout history as well as for social justice advocates or professionals who work with persons with mental illness *Discrimination against the Mentally Ill* reviews how persons with mental illness have been treated across time exploring the impact of various forms of discrimination and how other contemporary issues relate to mental illness including diversity homelessness veteran affairs and criminal justice The work includes primary source materials historical and contemporary from the United States and other nations that serve to augment readers understanding of the topic and foster development of critical thinking and research skills *A History of Self-Harm in Britain* Chris Millard,2015-07-31 This book

is open access under a CC BY license and charts the rise and fall of various self harming behaviours in twentieth century Britain It puts self cutting and overdosing into historical perspective linking them to the huge changes that occur in mental and physical healthcare social work and wider politics *Comprehensive Men's Mental Health* David Castle,David

Coghill,2021-03-11 A complete and accessible textbook covering current understandings about how mental health issues affect men and the available treatments **Chronic Care Nursing** Linda Deravin,Judith Anderson,2019-05-21 This text provides a comprehensive overview of the role of the nurse in managing chronic conditions across various settings

Chronic Diseases Jean Kaplan Teichroew,2016-12-05 This comprehensive two volume work provides an overview of an area of growing concern offering readers a one stop resource for researching the chronic conditions that increasingly plague our society Chronic diseases and their consequences are among the foremost problems faced by the U S health care system accounting for untold distress and mounting personal and societal costs Bringing together an unprecedented array of

detailed data and facts this unique two volume encyclopedia provides information that will help readers understand what they can do to avoid these diseases as well as how to best manage chronic conditions that may affect them or their families Designed for high school public and university libraries this three volume set covers an extensive range of disorders including diabetes cancer high blood pressure asthma heart disease arthritis osteoporosis kidney disease Alzheimer s disease HIV AIDS and hepatitis Depression and anxiety are covered as are violence and injury drug use and abuse and tobacco as a health hazard Much more than just a list of diseases this encyclopedia enables readers to easily research terminology symptoms methods of diagnosis medical treatments and alternative medicine risk factors associated conditions and preventive approaches The work is consistent with Healthy People 2010 national goals and objectives and with National Health Education Standards

Nursing Medical Emergency Patients Philip Jevon, Melanie Humphreys, Beverley Ewens, 2010-06-11 Nursing Medical Emergency Patients is a practical guide to the nursing care and management of patients with medical emergencies involving system failure Following an initial chapter on assessment the authors adopt a system by system approach with an emphasis on the clinical features of medical emergencies their assessment diagnosis and treatment Nursing Medical Emergency Patients is a vital resource for all nurses working with medical emergency patients and provides an essential companion to both Monitoring the Critically Ill Patient and Treating the Critically Ill Patient Accessible and reader friendly Integrates theory with practice Adopts an evidence based approach Includes chapter objectives best practice boxes and case studies Refers to National guidelines and key initiatives e g outreach teams Includes legal and ethical issues

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