One Alcoholic's Journey to Lasting Sobriety and How You Can Break Free with this Cutting-Edge and Holistic Recovery Approach that Gets to the Root of Alcoholism

Get Sober Stay Sober

The Truth About Alcoholism



How to Achieve Permanent, Craving-Free Sobriety Without the 12 Steps, Religion, AA or Succumbing to Powerlessness

Cynthia Perkins, M.Ed.

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IM Harris

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