


Food Science Text Series

Rotimi E. Aluko

Functional Foods and Nutraceuticals

 Springer

Functional Foods And Nutraceuticals Food Science Text Series

Herminia Dominguez



Functional Foods And Nutraceuticals Food Science Text Series:

Functional Foods and Nutraceuticals Rotimi E. Aluko, 2012-06-05 Functional food or medicinal food is any fresh or processed food claimed to have a health promoting and or disease preventing property beyond the basic nutritional function of supplying nutrients although there is no consensus on an exact definition of the term This is an emerging field in food science in which such foods are usually accompanied by health claims for marketing purposes such as a company s cereal is a significant source of fiber Studies have shown that an increased amount of fiber in one s diet can decrease the risk of certain types of cancer in individuals Functional foods are sometimes called nutraceuticals a portmanteau of nutrition and pharmaceutical and can include food that has been genetically modified The general category includes processed food made from functional food ingredients or fortified with health promoting additives like vitamin enriched products and also fresh foods e g vegetables that have specific claims attached Fermented foods with live cultures are often also considered to be functional foods with probiotic benefits

Microbial Enzymes in Production of Functional Foods and Nutraceuticals

Amit Kumar Rai, Ranjna Sirohi, Luciana Porto de Souza Vandenberghe, Parameswaran Binod, 2023-02-06 This book is a valuable reference that discusses green technologies like enzyme technologies to meet the ever growing demand of nutraceuticals and functional foods Microorganisms like bacteria lactic acid bacteria Bacillus species yeasts and filamentous fungi have been exploited for food preparations globally Microbial Enzymes in Production of Functional Foods and Nutraceuticals discusses how to use them commercially Chapters include enzyme sources processing and the health benefits of microbial enzymes Other interesting Chapters include the application of metagenomics and the molecular engineering of enzymes This book is useful for students academicians and industry experts in food science and applied microbiology

Essentials of Food Science Vickie A. Vaclavik, Elizabeth W. Christian, 2013-12-05 The fourth edition of this classic text continues to use a multidisciplinary approach to expose the non major food science student to the physical and chemical composition of foods Additionally food preparation and processing food safety food chemistry and food technology applications are discussed in this single source of information The book begins with an Introduction to Food Components Quality and Water Next it addresses Carbohydrates in Food Starches Pectins and Gums Grains Cereals Flour Rice and Pasta and Vegetables and Fruits follow Proteins in Food Meat Poultry Fish and Dry Beans Eggs and Egg Products Milk and Milk Products as well as Fats and Oil Products Food Emulsions and Foams are covered Next Sugar Sweeteners and Confections and a chapter on Baked Products Batters and Dough is presented A new section entitled Aspects of Food Processing covers information on Food Preservation Food Additives and Food Packaging Food Safety and Government Regulation of the Food Supply and Labeling are also discussed in this text As appropriate each chapter discusses the nutritive value and safety issues of the highlighted commodity The USDA My Plate is utilized throughout the chapters A Conclusion Glossary and further References as well as Bibliography are included in each chapter Appendices at the end of the book include a variety

of current topics such as Biotechnology Functional Foods Nutraceuticals Phytochemicals Medical Foods USDA ChooseMyPlate.gov Food Label Health Claims Research Chefs Association certification Human Nutrigenomics and New Product Development Functional Materials from Lipids and Proteins Nandika Bandara,Aman Ullah,2024-08-23 In recent years the use of renewable raw materials and natural biopolymers has increased significantly to overcome the issues associated with environmental pollution and dwindling fossil fuel resources Lipids and proteins are inexpensive renewable raw materials which are considered ideal feedstock for the development of a variety of functional materials This book provides an international viewpoint on recent developments in the utilisation of lipids and proteins together for the development of functional materials in food engineering environmental and industry applications This book presents the cutting edge research in the utilization of lipids and proteins in food cosmetics therapeutics food packaging water remediation biofuels lubricants biomaterials and composite preparations Researchers scientists engineers and students working on lipids and proteins derived materials will benefit from this book which is highly application oriented Focusing on the latest developments in the field this will be the first book to describe lipids and proteins together allowing it to act as a single reference for researchers working in this area **Bioactive Lipids** Manuela Pintado,Manuela Machado,Ana Maria Gomes,Ana Sofia Salsinha,Luis Miguel Rodriguez-Alcala,2022-09-14 Bioactive Lipids presents the topic of bioactive lipids from a functional food development perspective This book explores the potential of dietary lipids to understand how such bioactive compounds can be used in the development of functional foods and nutraceuticals The book includes case studies to enable readers to understand the potential of several dietary lipids and the possibilities regarding their incorporation into several food matrices Bioactive Lipids will be a welcome reference for researchers lecturers and students from the food science and nutrition fields Reviews the health benefits of several lipids and dietary sources providing bioactive targets for therapeutic purposes Provides readers with tools for the development of new lines of research and for supporting ongoing investigations Includes case studies to present solutions for bioactive lipids incorporation into food matrices and consequently to functional foods and nutraceuticals development *Bioactive Molecules in Food* Jean-Michel Méridon,Kishan Gopal Ramawat,2019-01-25 This reference work provides comprehensive information about the bioactive molecules presented in our daily food and their effect on the physical and mental state of our body Although the concept of functional food is new the consumption of selected food to attain a specific effect existed already in ancient civilizations namely of China and India Consumers are now more attentive to food quality safety and health benefits and the food industry is led to develop processed and packaged food particularly in terms of calories quality nutritional value and bioactive molecules This book covers the entire range of bioactive molecules presented in daily food such as carbohydrates proteins lipids isoflavonoids carotenoids vitamin C polyphenols bioactive molecules presented in wine beer and cider Concepts like French paradox Mediterranean diet healthy diet of eating fruits and vegetables vegan and vegetarian diet functional foods

are described with suitable case studies Readers will also discover a very timely compilation of methods for bioactive molecules analysis Written by highly renowned scientists of the field this reference work appeals to a wide readership from graduate students scholars researchers in the field of botany agriculture pharmacy biotechnology and food industry to those involved in manufacturing processing and marketing of value added food products *Nutraceuti e cibi funzionali* Cassandra Studio,2015-05-25 L autrice psicologa e consulente in nutrizione e comportamento alimentare prende in esame i pi significativi contributi della ricerca nel campo della Nutraceutica scienza che si occupa di ogni cibo o parte di esso che apporta benefici da un punto di vista medico sulla salute dell organismo inclusa la prevenzione e o il trattamento della malattia Vengono descritte le caratteristiche e i benefici di alcuni tra i pi importanti nutraceuti cibi funzionali integratori naturali e superfoods vengono delineati i campi d interesse delle altre nuove scienze che si occupano di nutrizione senza tralasciare l approfondimento della legislazione in materia nei vari Paesi Nelle conclusioni una riflessione sulle implicazioni politico economiche etico ambientali e di salute benessere che influenzano le scelte alimentari la proposta di alcune linee guida utili per raggiungere consapevolmente un benessere psico fisico a partire da una corretta nutrizione inserita in un salutare stile di vita **Water Extraction of Bioactive Compounds** Herminia Dominguez,Maria Jesus Gonzalez Munoz,2017-09-20

Water Extraction of Bioactive Compounds From Plants to Drug Development draws together the expert knowledge of researchers from around the world to outline the essential knowledge and techniques required to successfully extract bioactive compounds for further study The book is a practical tool for medicinal chemists biochemists pharmaceutical scientists and academics working in the discovery and development of drugs from natural sources The discovery and extraction of bioactive plant compounds from natural sources is of growing interest to drug developers adding greater fuel to a simultaneous search for efficient green technologies to support this Particularly promising are aqueous based methods as water is a cheap safe and abundant solvent Water Extraction of Bioactive Compounds From Plants to Drug Development is a detailed guide to the fundamental concepts and considerations needed to successfully undertake such processes supported by application examples and highlighting the most influential variables Beginning with an introduction to plants as sources of drugs the book highlights the need for a move towards both more rational and greener techniques in the field and presents multiple innovative water based strategies for the discovery and extraction of bioactive constituents of botanicals A broad range of available techniques are reviewed including conventional and pressurized hot water extraction techniques intensified processes such as microwave assisted ultrasound assisted processes and enzyme assisted extraction and processes using combined techniques Covers the theoretical background and range of techniques available to researchers helping them to select the most appropriate extraction method for their needs Presents up to date and cutting edge applications by international experts Highlights current use and future potential for industrial scale applications Offers a thorough introduction to plants as sources of drugs highlighting strategies for the discovery of novel bioactive constituents of

botanicals *Case Studies on the Business of Nutraceuticals, Functional and Super Foods* Cristina Santini,Stefania Supino,Lucia Irene Bailetti,2022-09-14 A volume in the Consumer Science and Strategic Marketing Series Case Studies on the Business of Nutraceuticals considers nutraceuticals from a strategic marketing perspective exploring consumer needs and trends as a pathway to defining novel opportunities in developing and marketing these products In addition to highlighting the importance of consumer needs in shaping a market strategy for nutraceuticals this book also defines emerging trends and explores recent developments in the nutraceutical industry Containing 11 chapters this book explores the competitive landscape of the global and European nutraceutical market focusing on key market drivers consumer and product trends and marketing and technological challenges Case Studies on the Business of Nutraceuticals outlines the processes that lead to the introduction of new products and the entrance of new competitors in the market and highlights how a market strategy that s focused on consumers needs can contribute to a company s strategy The case studies and examples contained in this book demonstrate how companies can employ consumer science strategies to revise existing or develop new products and are sure to be a welcomed resource by new product developers policy makers food scientists academicians and students studying related fields Explores the importance of understanding consumers when defining a market strategy Highlights the importance of adopting a sustainable orientation in the nutraceutical industry Addresses the competitive dynamics that are currently affecting the nutraceutical industry **Applications of Functional Foods and Nutraceuticals for Chronic Diseases** Syam Mohan,Shima Abdollahi,Yashwant Pathak,2023-02-09 While disease is inevitable in humankind the current century has been burdened with many chronic diseases most of which are lifestyle mediated and which in part can be controlled by consuming foods with specific functions Functional foods are a special category of natural food or nutrient derived pharmaceutical products containing beneficial biochemicals and phytochemicals beyond their basic nutritional functions The first of two volumes Applications of Functional Foods and Nutraceuticals for Chronic Diseases collects information on the association between functional and chronic diseases The burden of escalating chronic diseases is discussed in the first chapter and the remaining fourteen chapters summarize the effect of functional foods on a range of chronic diseases Key Features Discusses the clinical application of functional foods for the management of a wide range of chronic diseases Covers chronic diseases including Obesity Arthritis Cardiovascular Diseases and Endocrinal and Hormonal Diseases among others Explores beneficial effects of nutraceuticals on chronic diseases Contributors hail from different geographical locations around the world and have many years of research and scholarly experience in functional foods nutraceuticals and biology The world s leading wellness centers for chronic diseases are using functional foods and nutraceuticals in their practice and discovering their useful applications and this book is a great reference for practitioners scientists and clinicians in the management of chronic diseases *Functional Ingredients from Algae for Foods and Nutraceuticals* Herminia Dominguez,2013-09-30 Algae have a long history of use as foods and for the

production of food ingredients There is also increasing interest in their exploitation as sources of bioactive compounds for use in functional foods and nutraceuticals Functional ingredients from algae for foods and nutraceuticals reviews key topics in these areas encompassing both macroalgae seaweeds and microalgae After a chapter introducing the concept of algae as a source of biologically active ingredients for the formulation of functional foods and nutraceuticals part one explores the structure and occurrence of the major algal components Chapters discuss the chemical structures of algal polysaccharides algal lipids fatty acids and sterols algal proteins phlorotannins and pigments and minor compounds Part two highlights biological properties of algae and algal components and includes chapters on the antioxidant properties of algal components anticancer agents derived from marine algae anti obesity and anti diabetic activities of algae and algae and cardiovascular health Chapters in part three focus on the extraction of compounds and fractions from algae and cover conventional and alternative technologies for the production of algal polysaccharides Further chapters discuss enzymatic extraction subcritical water extraction and supercritical CO₂ extraction of bioactives from algae and ultrasonic and microwave assisted extraction and modification of algal components Finally chapters in part four explore applications of algae and algal components in foods functional foods and nutraceuticals including the design of healthier foods and beverages containing whole algae prebiotic properties of algae and algae supplemented products algal hydrocolloids for the production and delivery of probiotic bacteria and cosmeceuticals from algae Functional ingredients from algae for foods and nutraceuticals is a comprehensive resource for chemists chemical engineers and medical researchers with an interest in algae and those in the algaculture food and nutraceutical industries interested in the commercialisation of products made from algae Provides an overview of the major compounds in algae considering both macroalgae seaweeds and microalgae Discusses methods for the extraction of bioactives from algae Describes the use of algae and products derived from them in the food and nutraceutical industries

Jellyfish and Polyps Antonella Leone, Gian Luigi Mariottini, Stefano Piraino, 2020-11-20 This Special Issue of Marine Drugs gathers recent investigations on the proteomes metabolomes transcriptomes and the associated microbiomes of marine jellyfish and polyps including bioactivity studies of their compounds and more generally on their biotechnological potential witnessing the increasingly recognized importance of Cnidaria as a largely untapped Blue Growth resource for new drug discovery These researches evoke the outstanding ecological importance of cnidarians in marine ecosystems worldwide calling for a global monitoring and conservation of marine biodiversity so that the biotechnological exploitation of marine living resources will be carried out to conserve and sustainably use the natural capital of the oceans

Food Waste Valorization Tanmay Sarkar, 2025-06-16 This volume provides an extensive exploration of innovative and sustainable methodologies for addressing food waste challenges Chapters detail multiple dimensions ensuring a comprehensive understanding of food waste valorization through green technologies Written in the format of the Methods and Protocols in Food Science series chapters list necessary materials and methods for readily reproducible protocols Authoritative and

cutting edge Food Waste Valorization Green Techniques in Sustainable Management aims to be a valuable resource for academics researchers industry professionals and students focused on sustainable food systems and waste management innovations Clinical Aspects of Functional Foods and Nutraceuticals Dilip Ghosh,Debasis Bagchi,Tetsuya

Konishi,2014-08-29 In the last three decades revolutionary achievements have taken place in nutraceutical and functional food research including the introduction of a number of cutting edge dietary supplements supported by human clinical trials and strong patents Novel manufacturing technologies including unique extraction processes bioavailability improvements th

Bioactive Proteins and Peptides as Functional Foods and Nutraceuticals Yoshinori Mine,Eunice Li-Chan,Bo Jiang,2011-06-09 Bioactive Proteins and Peptides as Functional Foods and Nutraceuticals highlights recent developments of nutraceutical proteins and peptides for the promotion of human health The book considers fundamental concepts and structure activity relations for the major classes of nutraceutical proteins and peptides Coverage includes functional proteins and peptides from numerous sources including soy Pacific hake bovine muscle peas wheat fermented milk eggs casein fish collagen bovine lactoferrin and rice The international panel of experts from industry and academia also reviews current applications and future opportunities within the nutraceutical proteins and peptides sector *Using the Agricultural, Environmental, and Food Literature* Barbara S. Hutchinson,Antoinette Paris-Greider,2002-07-17 This reference provides the groundwork tools and terminology required when conducting specialized searches for information and resources pertaining to traditional and emerging fields of agriculture The editors present 16 contributions from librarians and other information workers that offer information on research resources across the academic a **Innovation in Healthy and Functional**

Foods Dilip Ghosh,Shantanu Das,Debasis Bagchi,R.B. Smarta,2016-04-19 The focus of food science and technology has shifted from previous goals of improving food safety and enhancing food taste toward providing healthy and functional foods Today s consumers desire foods that go beyond basic nutrition foods capable of promoting better health or even playing a disease prevention role To meet this need for innovation *Handbook of Sourdough Microbiota and Fermentation* Fatih Ozogul,João Miguel Rocha,Elena Bartkiene,2024-10-23 Handbook of Sourdough Microbiota and Fermentation Food Safety Health Benefits and Product Development links the cereal and sourdough based microorganisms fermentations and microbial metabolites with food hygiene and safety functional and health promoting properties and their potential interest to be employed in the agro food sector and beyond Structured in a way that provides the latest findings and most recent approaches and trends on sourdough this book also emphasizes the biotechnological aspects such as fermentation food processing and the use of beneficial microorganisms and their metabolites in different ways and in different industries Written by experts from a multidisciplinary perspective this book is a remarkable reference to a wide range of audiences with different backgrounds from academics and researchers in food science to industrial food engineers and technicians food plant managers and new product and processing developers managers in food packaging and preservation Covers how cereal

based and sourdough microorganisms and microbial metabolites can be used to extend the shelf life of bread and other agro food products Presents microbial safety fermentations ropiness of baking based products bacterial and mold food spoilage and the health promotion of sourdough and cereal based products Describes how cereal and sourdough based products can contribute to convenient nutritious stable natural low processed and healthy food **Functional Foods I.**

Goldberg,2012-12-06 Accuse not Nature She has done her part Do Thou but Thine Milton Paradise Lost 1667 The concept that nature imparted to foods a health giving and curative function is not new Herbal teas and remedies have been used for centuries and continue in use in many parts of the world today In modern society we have turned to drugs to treat miti gate or prevent diseases However since the discovery of nutrients and our increasing analytical capabilities at the molecular level we are beginning to become more knowledgeable of the biochemical structure function relationship of the myriad of chemicals that occur naturally in foods and their effect on the human body The holistic approach to medicine and diet that began in the 1970s has now seen a renewal as we realize that certain foods because of the presence of specific biochemicals can have a positive impact on an individual s health physical well being and mental state In fact because of the negative image of drugs and the grey area of s xi Foreword xii plements the use of foods that are functional is becoming a growth area for the food industry In Japan this concept has led to one of the largest growing markets where they have defined functional foods as regular foods derived only from naturally occurring in gredients The Japanese further require that the functional foods be consumed as part of the diet and not in supplement form i e Big Food Simon Williams,Marion Nestle,2017-10-02 Obesity is a global public health problem of crucial importance Obesity rates remain high in high income countries and are rapidly increasing in low and middle income countries Concurrently the global consumption of unhealthy products such as soft drinks and processed foods continues to rise The ongoing expansion of multinational food and beverage companies or Big Food is a key factor behind these trends This collection provides critical insight into the global expansion of Big Food including its incursion into low and middle income countries It examines the changing dynamics of the global food supply and discusses how low income countries can alter the Big Food diet from the bottom up It examines a number of issues related to Big Food marketing strategies including the way in which they advertise to youths and the rural poor These issues are discussed in terms of their public health implications and their relation to public health activities for example soda taxes and the promotion of nutritionally healthier products This book was originally published as a special issue of Critical Public Health

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