



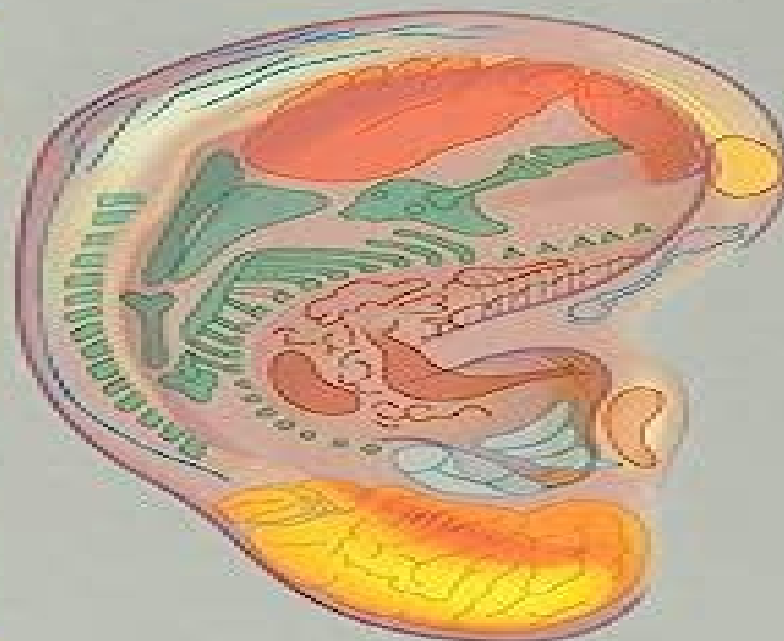
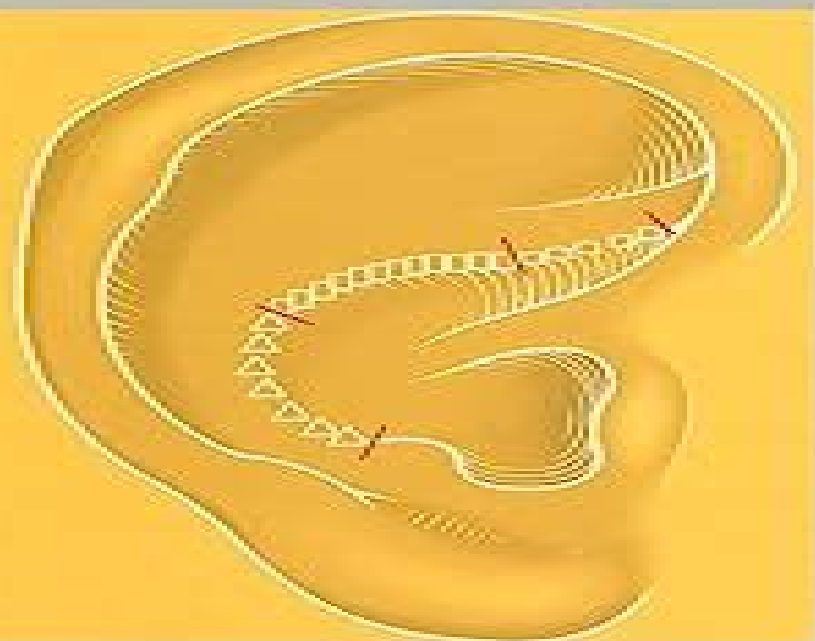
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# Ear Acupuncture

A Precise Pocket Atlas  
Based on the Works of Nogier/Bahr

Beate Strittmatter, MD

2nd edition



Thieme

# Ear Acupuncture A Precise Pocket Atlas Complementary Medicine Thieme Paperback

**Kajsa Landgren**



## **Ear Acupuncture A Precise Pocket Atlas Complementary Medicine Thieme Paperback:**

**Ear Acupuncture** Beate Strittmatter, 2020-08-26 The definitive pocket guide to ear acupuncture now in a Second Edition Written by one of the world's leading experts on Western auriculotherapy Ear Acupuncture now in a fully updated Second Edition provides readers with succinct descriptions of acupuncture points and practical advice on how to incorporate ear acupuncture treatment strategies and techniques into daily practice Based on the work of auriculotherapy masters Nogier and Bahr each practical two page unit is comprised of concise text on the left hand side supplemented by clearly labeled line drawings on the right Localization points indicated in color depict each specific reflex zone In cases where localization is particularly difficult helpful enlargements of the region in question allow for easy identification Features 360 high quality drawings demonstrate key points and treatment options Detailed coverage of nine new points including the anger point shen men point super omega point and more Numerous cross referenced indications tables allow quick access to needed information This user friendly guide is the ideal choice for students or teachers of acupuncture and pain management or for anyone involved in the practice of complementary medicine *Pocket Atlas of Acupuncture and Trigger Points* Hans-Ulrich Hecker, Angelika Steveling, Elmar T. Peuker, 2017-12-13 This concise pocket sized acupuncture guide is what professionals have been asking for It is the first pocket atlas to cover all the major body and ear acupuncture points including extensive coverage of the trigger points Detailed descriptions of the localization needling depth indications and functions of each point are provided The different schools of ear acupuncture e g Chinese vs Nogier often a source of confusion for practitioners are presented side by side usually in full page illustrations enhancing this book's usefulness as a daily reference guide The presentation of three acupuncture therapy systems follows a clear didactic concept All points are shown in text and image and the localization of the points is aided by means of anatomic drawings and photographs Coming from diverse specialties the authors provide you with the most complete useful and accurate information available Acupuncture points are described using the visual didactic processing system which is rapidly gaining praise and recognition for its easy to use format The clearly written text is augmented by high quality color images Hecker's Pocket Atlas of Acupuncture and Trigger Points is ideal as a quick reference in your daily practice or as an exam preparation guide This wealth of information makes it invaluable to experienced practitioners and to novices alike *Color Atlas of Acupuncture* Hans-Ulrich Hecker, 2008 A wealth of information on acupuncture in a single pocket sized text A flexi textbook that contains information on all the major body and ear acupuncture points as well as an extensive coverage of trigger points The text is augmented by 126 illustrations pertaining to body acupuncture 48 illustrations on ear acupuncture and 114 illustrations on trigger points The description of each point includes exact location depth of needling indication function in TCM The different schools of ear acupuncture e g Chinese vs Nogier often a source of confusion for many practitioners are presented side by side While the terminology of the points follows Chinese standards for acupuncture the body parts are named following up to date anatomical nomenclature

and the description of trigger points also mentions the respective muscle and pain projection zones Illustrations include color photographs and clear full color drawings

**Principles of Ear Acupuncture** Axel Rubach,2001 Gives an overview of ear acupuncture in view of both the French and Chinese schools of acupuncture Principles and treatments are explained including point localization for each indication targeted needle stimulation for optimal effect and a review of different methods of stimulation

**Color Atlas of Acupuncture** Hans-ulrich Hecker,Angelika Steveling,Elmar Peuker,Joerg Kastner,Kay Liebchen,2008-04-30

**Teaching Atlas of Acupuncture** Piero Ettore Quirico,2007-04-11 Two Outstanding Atlases in One Set Volume 1 Channels and Points will help the reader find answers and reassurance on a wide range of anatomical questions pertaining to acupuncture practice A concise review of the clinical application of each point is presented in table format and illustrated in more than 200 full color images Cross sections depict precise anatomical structures at and near each acupuncture point illustrating skin muscles nerves blood vessels and bones Additional information on auricular and scalp acupoints techniques other than acupuncture and reflexology plates provide a complete overview Volume 2 Clinical Indications offers extensive clinical information on more than 400 acupuncture points arranged in a conveniently referenced format with a profusion of tables In great detail it discusses in numerical order the acupuncture points and provides a comparison of the modern Western and traditional Chinese medical indications for each point explanatory notes to synthesize this information offer contraindications and provide the applied clinical context A linguistic explanation of the Chinese name each point s TCM functions as well as main combinations and their indications are provided as well By improving your understanding of each point s application you will advance your practice of Chinese medicine and build a bridge between the Western and Eastern medical paradigms

**Identifying and Treating Blockages to Healing** Beate Strittmatter,2003-12-10 With chronic illnesses on the rise many of which are resistant to therapy attention is increasingly focused on new ways of understanding disease processes Regions of minimal chronic stress are often neglected as potential causes of disease due to their lack of symptoms when in fact they may be the actual blockage to the healing process These blockages are known as focal disturbances In many cases where such foci were found and treated with ear acupuncture or neural therapy chronic ailments that previously resisted conventional treatments subsided This book addresses the basic concepts and information about this revolutionary approach to healing The definition of focal disturbances How to diagnose locate and treat foci the role of ear acupuncture in treating focal disturbances Profit from the author s years of international teaching experience and learn the basics and application of this important diagnostic tool to expand your treatment and remove blockages to healing

**Microsystems Acupuncture** Hans-Ulrich Hecker,Elmar T. Peuker,Angelika Steveling,2006 In the last fifty years microsystem acupuncture has emerged as a safe and effective therapeutic option for a wide range of conditions from cardiovascular and neurological disorders to obesity and nicotine dependence Its worldwide acceptance is largely due to the ability of microsystem acupuncture to provide access for

treatment even in the event of extreme local sensitivity to pain This book is a comprehensive overview of ear scalp mouth and hand acupuncture to help you understand the relationships between these microsystems and the body Integrating new and established methods the book covers such topics as Yamamoto New Scalp Acupuncture Korean hand acupuncture and laser acupuncture with concise text and more than 350 photographs to allow for instant localization of all zones and points The range of techniques addressed makes this one of a kind work ideal for busy students and practitioners looking for an overview of some of the most rapidly growing and innovative advances in acupuncture and complementary medicine

*Teaching Atlas of Acupuncture* Piero Ettore Quirico, Tiziana Pedrali, 2007 Finally the Italian doctor Quirico has produced a book that allows you to easily compare and contrast specific traditional Chinese indications and their modern Western counterparts for all major acupuncture points In 256 pages this book offers extensive clinical information on more than 400 acupuncture points arranged in a conveniently referenced format with a profusion of tables In three chapters it discusses in numerical order the acupuncture points of the twelve regular channels the acupuncture points of the two extraordinary channels and lastly the extraordinary points on the head and neck trunk upper limbs and lower limbs For each point it provides A linguistic explanation of the Chinese name A comparison of the modern Western and TCM indications in table form Explanatory notes to synthesize this information offer contraindications and provide the applied clinical context A second table with main combinations and their indications The TCM functions Offering key point combinations and a complete list of clinical indications for each acupuncture point this book is an excellent complement to Volume 1 the illustrated point atlas By improving your understanding of each points application you will advance your practice of Chinese medicine and build a bridge between the Western and Eastern medical paradigms [Clinical Introduction to Medical Acupuncture](#) Steven K.H. Aung, William Pai-Dei Chen, 2011-01-01 An introduction to the theory and practice of acupuncture This introductory text presents a systematized and in depth clinical approach to medical acupuncture Covering basic concepts in anatomy physiology and pathology Clinical Introduction to Medical Acupuncture will give practitioners the confidence to apply acupuncture and ancillary techniques such as needling moxibustion cupping and electroacupuncture to treat a wide range of acute and chronic diseases and conditions Features Succinct descriptions of theory and points Tips on using anatomical landmarks to ensure precise point localization Clinical pearls on how to apply techniques for common conditions Clear illustrations and comprehensive tables that synthesize key information on indications acupuncture points and treatment plans ideal for quick review and reference Short self study quizzes for each topic and a comprehensive final exam that help the practitioner identify areas requiring additional study Discussion of the importance of self care and cultivation Qi Gong and other techniques to enhance healing This book will benefit not only acupuncturists and complementary medicine practitioners but also Western medical practitioners in family medicine physical and rehabilitation medicine pain medicine neurology oncology rheumatology gynecology dentistry and other specialties Practitioners studying

for certification and licensing exams in medical acupuncture will also find this book an indispensable tool      **Chinese Auricular Acupuncture** Skya Abbate,2015-04-23 Chinese Auricular Acupuncture provides students and practitioners with a clear concise and user friendly manual on ear acupuncture It reduces the need for memorization by presenting a method of ear acupuncture that is in keeping with the underpinnings of traditional Chinese medicine The book can be independently studied and easily used to treat      *E-Book - Ear Acupuncture* Kajsja Landgren,2008-05-23 Ear Acupuncture provides an up to date practical guide to the principles and practice of Chinese and Western ear acupuncture Written clearly with a practical and sensible approach this book is aimed at both the student and also the practitioner Excellent two colour illustrations are used throughout to illustrate the text Additionally it integrates the Chinese and Western opinions and also includes chapters covering ear acupuncture used in the treatment of addiction and also the Western theories about how acupuncture works Written with a practical and very sensible approach Clearly presented and easy to read Excellent 2 colour illustrations are used throughout to illustrate the text Includes an appendix of acupuncture points      *Yamamoto New Scalp Acupuncture* Richard A. Feely,2011-01-01 Yamamoto New Scalp Acupuncture YNSA is a microsystem of anatomical scalp acupoint treatment for neuromusculoskeletal pain as well as meridian treatment This book offers the information essential for gaining a full understanding of the principles and use of YNSA based on specific algorithms for diagnosis and treatment The authors discussion of internal patient controls for verification of effectiveness of point location is particularly relevant for the practitioner seeking to optimize patient care Accompanying Thieme MediaCenter content online contains convenient and easy to follow video instruction in point identification and palpatory training Foreword by Toshikatsu Yamamoto

**Auriculotherapy Manual** Terry Oleson,2013 Auriculotherapy Manual Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture This impressive new edition utilizes 3 D models of the external ear as well as 3 D anatomical images to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle This is the first ear acupuncture text that has incorporated 3 D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions The book offers in depth evaluation of the theoretical and clinical underpinnings of auriculotherapy describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical disorders ranging from chronic pain to substance abuse to visceral and neurological disorders There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3 D model These landmarks further reveal the varied depth perspectives of the external ear The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to

update the scientific and clinical knowledge presented in this fourth edition Each chapter is organized in same basic order beginning with an introductory overview progressing to the main topics in the chapter and ending with a section listing a definition of terms and a set of preparatory sample questions The book is concise and clear enough for students yet provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies

*E-Book - Atlas of Acupuncture* Claudia Focks,2008-04-01 This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way Each of these points combine anatomical drawings and photographs of surface anatomy This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge Clear information on the full range of acupuncture points and main channels in a systematic and clear way Each point combines anatomical drawings and photographs of surface anatomy Attractive two colour design Highly illustrated

### **Practice of Acupuncture**

Hans-Ulrich Hecker,Angelika Steveling,Elmar T. Peuker,Joerg Kastner,2004-12-08 Combining the principles of Traditional Chinese Medicine TCM with Western medical acupuncture this eagerly awaited book and CD ROM brings the entire field of acupuncture to a new professional standard The authors leading experts from diverse disciplines systematically guide you through the channels point locations and trigger points in the body from head to toe Each acupuncture point is shown in vivo and then explained in detail using illustrations that show its exact anatomical location and characteristics In addition you will benefit from state of the art information never published before including a universal point localization system based on anatomic principles a comprehensive discussion of potential contraindications and side effects of acupuncture and a focus on outcome based models and scientific studies throughout Ideal for those who practice Traditional Chinese Medicine as well as anyone studying for certification this book covers all acupuncture point locations as well as the fundamental concepts and methods of this ancient art It is indispensable for practitioners who need the most complete scientifically based and reliable information available anywhere

### **The Ear, Gateway to Balancing the Body** Mario Wexu,1985

### Modern Acupuncture

Dr. Chandrashekhar Pardeshi,2021-01-01 The book Modern Acupuncture is written with the sole purpose of simplifying therapy This first advanced book explains acupuncture therapy using scientifically evidence based easy to understand methods It overcomes the confusion of acupuncturists due to traditional Chinese medicine concepts and makes acupuncture training a pleasure It ensures acupuncturists complete confidence in actual clinical practice to treat any disease in readers The author Dr Chandrashekhar Pardeshi MBBS MD has been practicing full time acupuncturist and teaching for the last 40 years with passion He has treated thousands of complex diseases and his research has led to many new inventions in acupuncture He has many research papers published on international forums Each disease is presented in a scientific background Brief conventional management followed by detailed acupuncture treatment is given Choosing acupuncture

points is made rational and easy in this book Protocol of acupuncture prescriptions is followed by copious visual illustrations of the location of points The feature helps acupuncturists deliver the TCM therapy without confusion The book is a complete classical manual of Chinese acupuncture with a distinctly new and rational approach to learning It serves as the best textbook atlas and charts for ready reference for alternative medicine This book describes basic concepts the acupuncture points five element yin yang chi and meridian are detailed with figures Mode of actions and techniques of acupuncture are also given This book highlights Zhu scalp and Jio scalp acupuncture more effective than YNSA abdominal acupuncture auricular or ear acupuncture trigger points bloodletting therapy and electroacupuncture General management of pain headache is followed by central nervous system diseases Other conditions are also covered in detail Conventional investigations diagnoses prescriptions drugs medications and synching with other medical systems including managing emergencies and delivering first aid are also given This book teaches everything about starting the clinical practice management of the clinic of this esoteric therapy The author has enlisted a few of such cases in the book The unique bonus of the book provides training for acupuncturists in the actual clinical practice Hindi Tamil Telugu Malayalam Kannada Marathi and Urdu versions of this English version of the book will soon be available The paperback book sale will serve as the essential companion desk reference book for every practicing acupuncturist If you want to train yourself to treat patients confidently this is the ultimate book for you It is an all inclusive book you will not need any other Many of his students in India and outside are taking advantage of his academic training Have a look inside the book and get to your library now



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