

"Barbara Cole describes, in detail, the healing that occurs when a person has the courage to embark on the journey to recovery."

—Nancy Waite-O'Brien, Ph.D.

Director of psychological services, Betty Ford Center

# *Gifts of* SOBRIETY

When the Promises of  
Recovery Come True

BARBARA S. COLE

# Gifts Of Sobriety When The Promises Of Recovery Come True

**JS Bruner**



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