

Foucault, Sport and Exercise

Power, knowledge and transforming the self

**Pirkko Markula and
Richard Pringle**



Foucault Sport And Exercise Power Knowledge And Transforming The Self

**John Horne, Alan Tomlinson, Garry
Whannel, Kath Woodward**



Foucault Sport And Exercise Power Knowledge And Transforming The Self:

Foucault, Sport and Exercise Pirkko Markula-Denison, Richard Pringle, 2007-01-24 Michel Foucault's work profoundly influences the way we think about society in particular how we understand social power the self and the body This book gives an innovative and entirely new analysis of his later works making it a one stop guide for students exploring how Foucauldian theory can inform our understanding of the body domination identity and freedom as experienced through sport and exercise Divided into three themed parts this book considers Foucault's ideas and key debates Foucault's theories to explore power relations the body identity and the construction of social practices in sport and exercise how individuals make sense of the social forces surrounding them considering physical activity fitness and sport practices as expressions of freedom and sites for social change Accessible and clear including useful case studies helping to bring the theory to real life *Foucault Sport and Exercise* considers cultures and experiences in sports exercise and fitness coaching and health promotion In addition to presenting established Foucauldian perspectives and debates this text also provides innovative discussion of how Foucault's later work can inform the study and understanding of sport and the physically active body *Foucault, Sport and Exercise* Pirkko Markula, Richard Pringle, 2006 *Foucault, Sports and Exercise* Pirkko Markula, 2006 *Routledge Handbook of the Sociology of Sport* Richard Giulianotti, 2015-07-24 The sociology of sport is a core discipline within the academic study of sport It helps us to understand what sport is and why it matters Sociological knowledge implicit or explicit therefore underpins scholarly enquiry into sport in every aspect The Routledge Handbook of the Sociology of Sport is a landmark publication that brings together the most important themes theories and issues within the sociology of sport tracing the contours of the discipline and surveying the state of the art Part One explores the main theories and analytical approaches that define contemporary sport sociology and introduces the most important methodological issues confronting researchers working in the social scientific study of sport Part Two examines the connections and divisions between sociology and cognate disciplines within sport studies including history anthropology economics leisure and tourism studies philosophy politics and psychology Part Three investigates how the most important social divisions within sport and in wider society are addressed in sport sociology including race gender class sexuality and disability Part Four explores a wide range of pressing contemporary issues associated with sport including sport and the body social problems associated with sport sport places and settings and the global aspects of sport Written by a team of leading international sport scholars including many of the most well known respected and innovative thinkers working in the discipline the Routledge Handbook of the Sociology of Sport is an essential reference for any student researcher or professional with an interest in sport *Sport Injury Psychology* Ross Wadley, 2020-11-22 Written by a team of international experts and emerging talents from around the world *Sport Injury Psychology Cultural Relational Methodological and Applied Considerations* challenges the status quo of the field of sport injury psychology and opens new and exciting future research trajectories by critically considering How to evolve

from an individual focused and single scientific discipline into a cultural and relational focused and interdisciplinary discourse How to shift from the dominant positivist foundation towards a more inclusive scholarship with divergent epistemologies theories and methodologies How to replace the attempt to establish best practice and desire for clean findings with the need for continuous innovation and multifaceted applied experiences Each chapter stimulates debate and encourages theoretical methodological and or applied diversification and closes with future research directions that provide novel and rigorous programs of research that have the potential to advance the field of sport injury psychology into an interdisciplinary discourse that strives for and embraces collaboration between academic disciplines and with practitioners working in the field Cutting edge timely and comprehensive Sport Injury Psychology Cultural Relational Methodological and Applied Considerations is essential reading for undergraduate students postgraduate students and more established scholars in the fields of sport communication sports medicine sport psychology sports sociology and other related sport science disciplines

Routledge Handbook of Sports Coaching Paul Potrac,Wade Gilbert,Jim Denison,2013 This title surveys the full depth and breadth of contemporary coaching studies mapping the existing disciplinary territory and opening up important new areas of research

The Evolving Feminine Ballet Body Pirkko Markula,Marianne I. Clark,2018 Seven essays discuss both the local perspective and the broader cultural narratives of contemporary ballet

Sport, Outdoor Life and the Nordic World Nils Asle Bergsgard,Solfrid Bratland-Sanda,Richard Giulianotti,Jan Ove Tangen,2020-05-21 Sport Outdoor Life and the Nordic World explores the Nordic model of sport and outdoor life with respect to such issues as sport facilities mountain guiding women and ethnic minorities urban planning anti doping health elite sport coaching and leadership and the globalization of sport The aims of the volume are twofold First it advances knowledge of Nordic sport and outdoor life as important fields of social activity in their own rights Second it enhances the understanding of the Nordic model of society and the ways in which this is constructed explored and challenged within and through sport and outdoor life activities In doing so the contributors explore a range of key themes notably how modern Nordic sport and outdoor life activities emerged and are organized through specific social policies how they may challenge or harbour forms of social exclusion particularly in regard to gender or minority populations how they are affected by and respond to deviant practices such as doping how they may contribute to alleviating social problems and how they confront major structural challenges and changes such as the impacts of globalization and the continuing dominance of neoliberal economic policies Interdisciplinary in approach Sport Outdoor Life and the Nordic World is essential reading for those studying Nordic sports and societies and will also appeal to students academics and wider readers with interests in sport studies sociology social policy cultural studies anthropology and public health The chapters were originally published as a special issue of Sport in Society

High Performance Disability Sport Coaching Geoffery Z. Kohe,Derek M. Peters,2016-08-25 As the profile of disability sport has risen so has the emphasis grown beyond participation to include the development of a high performance environment This

book is the first to take an in depth look at the role of coaches and coaching in facilitating the professionalisation of disability sport in raising performance standards and as an important vector for the implementation of significant political socio cultural and technological change Using in depth case studies of elite disability sport coaches from around the world the book offers a framework for critical reflection on coaching practice as well as the reader s own experiences of disability sport The book also evaluates the vital role of the coach in raising the bar of performance in a variety of elite level disability sports including athletics basketball boccia equestrian sport rowing soccer skiing swimming and volleyball Providing a valuable evidence based learning resource to support coaches and students in developing their own practice High Performance Disability Sport Coaching is essential reading for all those interested in disability sport coaching practice elite sport development and the Paralympic Games

Physical Education Teacher Education in a Global Policy Space Mary O'Sullivan,Melissa Parker,2020-05-21 This book seeks to focus attention on physical education teacher education PETE by building the knowledge base and broadening the geographical theoretical and innovative writing about PETE PETE teacher educators and those who shape and experience PETE Teacher competence is a major factor in influencing student learning Teacher educator competence is also a key factor in preparing high quality teachers for schools Therefore there is a high value in focussing on who teacher educators are and which knowledge bases can inform careful program design as well as pedagogical and assessment strategies around the intended processes of teacher learning Developed around a framework for studying teacher education insights into two key elements of teacher education are used to structure the content of this book Five of the six chapters focus on pedagogies of teacher education while the last chapter explores the lives of an international cohort of teacher educators and their motives for engagement in research Based on elements presented and those provided in the framework an agenda exploring pressing issues for teacher education is posed This book was originally published as a special issue of Curriculum Studies in Health and Physical Education

Boys, Bodies, and Physical Education Göran Gerdin,2017-01-12 Using visual ethnography this book explores the many forms of pleasures that boys derive in and through the spaces and their bodies in physical education Employing the works of Michel Foucault and Judith Butler Gerdin examines how pleasure is connected to identity schooling and power relations and demonstrates how discourses of sport fitness health and masculinity work together to produce a variety of pleasurable experiences At the same time the book provides a critique of such pleasurable experiences within physical education by illustrating how these pleasures can still for some boys quickly turn into displeasures and can be associated with exclusion humiliation bullying and homophobia Boys Bodies and Physical Education argues that pleasure can both be seen as an educational and productive practice in physical education but also a constraint that both engenders and privileges some boys over others as well as re producing narrow and limited conceptions of masculinity and pleasures for all boys This book works to problematize these pleasures and their articulations with gender bodies and spaces

Research Methods in Sports Coaching Lee Nelson,Ryan Groom,Paul Potrac,2025-01-23 Research

Methods in Sports Coaching is a key resource for students and scholars who are completing research into sports coaching. The book comprises five distinct parts that prompt readers to think about important considerations preparing and initiating the coaching research process: philosophical considerations for coaching research, coaching research designs, methods of collecting coaching data, analysing coaching data. This fully revised edition places particular emphasis on introducing the diverse research paradigms, research designs as well as methods of data collection and analysis available to coaching researchers. Written by a team of leading international scholars and researchers from the UK, Sweden, the United States, Canada, New Zealand and Australia, this book bridges the gap between the theory and practice of sports coaching research. The second edition of Research Methods in Sports Coaching is an essential text for any research methods course taken as part of a degree programme in sports coaching or coach education.

Wearable Technology in Elite Sport John Toner, 2023-08-15 Wearable devices are being used by an increasing number of elite level sports teams to manage and control the health performance and productivity of their athletes. Drawing upon a wide range of interdisciplinary resources, Wearable Technology in Elite Sport reveals how wearable devices are used to quantify athletic bodies in ways that have a number of undesirable consequences for the embodied subject. This book identifies some of the problematic consequences of excessive dataveillance in sport by interrogating the process by which wearable data is produced, represented and enacted in the governance of athletic behaviour. The book provides a set of conceptual resources for thinking critically about the powerful role played by measurement systems in shaping athletic embodiment. The themes that this book examines include an exploration of how technological devices serve an important disciplinary function in elite sport and how wearable derived data might act to affect high level athletes. The book is written in a lively and accessible style and appeals to a broad academic readership including undergraduate and postgraduate students in a range of fields including sports science, coaching, digital health, sociology, information studies and science and technology studies.

Women and Exercise Eileen Kennedy, Pirkko Markula, 2011-01-12 Exercise for women is a heavily laden social and embodied experience. While exercise promotion has become an increasingly visible part of health campaigns, obesity among women is rising and studies indicate that women are generally less physically active than men. Women's lack of exercise therefore has become a public concern and physiological and psychological research has attempted to develop more effective exercise programs aimed at women. Yet women have a complex relationship with embodiment and physical activity that is difficult for quantitative scientific approaches to explore. This book addresses this neglect by providing a much needed feminist qualitative social analysis of women and exercise. The contributors drawn from across Europe and North America investigate the ways women experience exercise within the context of the global fitness industry. All the authors take a specifically feminist perspective in their analysis of the fit feminine body, exploring media images and the global branding of fitness products, the relationship between exercise and fat, the construction of physical activity within health discourse and the lived experience of the exercising body.

The collection explores the diversity of women's experiences of exercise in relation to age ethnicity and body size The book is essential for anyone interested in health promotion sport and exercise or the social and cultural study of gender and embodiment

Routledge Handbook of Physical Education Pedagogies Catherine D. Ennis, 2016-08-05 The first fully comprehensive review of theory research and practice in physical education to be published in over a decade this handbook represents an essential evidence based guide for all students researchers and practitioners working in PE Showcasing the latest research and theoretical work it offers important insights into effective curriculum management student learning teaching and teacher development across a variety of learning environments This handbook not only examines the methods influences and contexts of physical education in schools but also discusses the implications for professional practice It includes both the traditional and the transformative spanning physical education pedagogies from the local to the international It also explores key questions and analysis techniques used in PE research illuminating the links between theory and practice Its nine sections cover a wide range of topics including curriculum theory development policy and reform transformative pedagogies and adapted physical activity educating teachers and analysing teaching the role of student and teacher cognition achievement motivation Offering an unprecedented wealth of material the Routledge Handbook of Physical Education Pedagogies is an essential reference for any undergraduate or postgraduate degree programme in physical education or sports coaching and any teacher training course with a physical education element

Understanding Sport John Horne, Alan Tomlinson, Garry Whannel, Kath Woodward, 2012-08-21 In the decade or more since publication of the first edition of *Understanding Sport* both sport and wider global society have undergone profound change In this fully updated revised and expanded edition of their classic textbook John Horne Alan Tomlinson Garry Whannel and Kath Woodward offer a critical and reflective introduction to the relationship between sport and contemporary society and explain how sport remains an important agent and symptom of socio cultural change Fully integrating historical sociological political and cultural analysis the book covers every key topic in the study of sport and society including debate interpretation and theory sport and the media sport and the body sport and politics commercialization globalization Retaining the accessibility and scholarly rigour for which *Understanding Sport* has always been renowned this new edition includes entirely new chapters on global transformations sports mega events and sites sporting bodies and governance as well as a succinct guide to researching sport With review and seminar questions included in every chapter plus concise helpful guides to further reading

Understanding Sport remains an essential textbook for all courses on sport and society the sociology of sport sport and social theory or social issues in sport

Endurance Running William Bridel, Pirkko Markula, Jim Denison, 2015-10-05 Running is a fundamental human activity and holds an important place in popular culture In recent decades it has exploded in popularity as a leisure pursuit with marathons and endurance challenges exerting a strong fascination *Endurance Running* is the first collection of original qualitative research to examine distance running through a socio cultural lens with a general objective

of understanding the concept and meaning of endurance historically and in contemporary times Adopting diverse theoretical and methodological approaches to explore topics such as historical conceptualizations of endurance lived experiences of endurance running and the meaning of endurance in individual lives the book reveals how the biological historical psychological and sociological converge to form contextually specific ideas about endurance running and runners Endurance Running is an essential book for anybody researching across the entire spectrum of endurance sports and fascinating reading for anybody working in the sociology of sport or the body cultural studies or behavioural science *A Companion to the Anthropology of the Body and Embodiment* Frances E. Mascia-Lees, 2011-03-29 A Companion to the Anthropology of the Body and Embodiment offers original essays that examine historical and contemporary approaches to conceptualizations of the body In this ground breaking work on the body and embodiment the latest scholarship from anthropology and related social science fields is presented providing new insights on body politics and the experience of the body Original chapters cover historical and contemporary approaches and highlight new research frameworks Reflects the increasing importance of embodiment and its ethnographic contexts within anthropology Highlights the increasing emphasis on examining the production of scientific technological and medical expertise in studying bodies and embodiment **Sportswomen's Apparel Around the World** Linda K. Fuller, 2020-11-18 This volume presents a collection of essays that explore the relationship between sporting clothing and gender Drawing on uniform and sports apparel as a means of exploring the socio sexual politics of the contemporary world the contributors analyse the historical political economic socio cultural and sport specific dimensions of gendered clothing in sport Part of a two volume series the other discussing this phenomenon in the USA contributors cover topics such as the rise of athleisurewear Olympics outfits eSports religious considerations the saree fitness attire on Instagram Japanese bloomers youth clothing ForPlay's sexy sports costumes and women's sportswear for rugby tennis throwing biking wrestling and flat track roller derby This global anthology will be of interest to practitioners and scholars of sports history the sociology of sport and gender media studies Women's Ways of Making Maureen Daly Goggin, Shirley K Rose, 2021-04-21 Women's Ways of Making draws attention to material practices those that the hands perform as three epistemologies an episteme a techne and a phronesis that together give pointed consideration to making as a rhetorical embodied endeavor Combined these epistemologies show that making is a form of knowing that episteme knowing how techne and wisdom making phronesis Since the Enlightenment embodied knowledge creation has been overlooked ignored or disparaged as inferior to other forms of expression or thinking that seem to leave the material world behind Privileging the hand over the eye as the work in this collection does thus problematizes the way in which the eye has been co-opted by thinkers as the mind's tool of investigation Contributors to this volume argue that other senses touch taste smell hearing are keys to knowing one's materials Only when all these ways of knowing are engaged can making be understood as a rhetorical practice In Women's Ways of Making contributors explore ideas of making that run the gamut

from videos produced by beauty vloggers to zine production and art programs at women's correctional facilities. Bringing together senior scholars, new voices, and a fresh take on material rhetoric, this book will be of interest to a broad range of readers in composition and rhetoric.

Contributors: Angela Clark Oates, Jane L. Donawerth, Amanda Ellis, Theresa M. Evans, Holly Fulton, Babicke Bre Garrett, Melissa Greene, Magdelyn Hammong, Helwig Linda Hanson, Jackie Hoermann, Christine Martorana, Aurora Matzke, Jill McCracken, Karen S. Neubauer, Daneryl Nier Weber, Sherry Rankins, Roberson, Kathleen J. Ryan, Rachael Ryerson, Andrea Severson, Lorin Shellenberger, Carey Smitherman, Clark Emily Standridge, Charlese Trower, Christy I. Wenger, Hui Wu, Kathleen Blake Yancey.

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web use a pencil to mark the mounting holes 3 remove the wall plate from the wall and drill two holes in the wall as marked gently tap anchors provided into the drilled holes until flush with the wall 4 position the wall plate over the holes pulling wires through the wiring opening see fig 5 5

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