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# Complementary and Alternative Therapies for Epilepsy

# Complementary And Alternative Therapies For Epilepsy

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## **Complementary And Alternative Therapies For Epilepsy:**

Complementary and Alternative Therapies for Epilepsy Orrin Devinsky, Steven V. Pacia, Steven C. Shachter, 2005-05-01  
Epilepsy is a difficult illness to control up to 35% of patients do not respond fully to traditional medical treatments For this reason many sufferers choose to rely on or incorporate complementary and alternative medicine CAM into their treatment regimens Written for physicians knowledgeable laypersons and other professionals *Complementary and Alternative Therapies for Epilepsy* bridges the worlds of traditional medicine and CAM to foster a broader perspective of healthcare for patients The book respects cultural differences that may incorporate alternative medicine into a medical management program and encourages patients to safely continue receiving necessary medical treatments Wherever possible scientific evidence supports the choice of treatment modalities as well as the effectiveness of a combined traditional and CAM approach Readers will find incisive discussions in sections on Learning to Reduce Seizures Asian Herbal and Homeopathic Therapies Nutritional Therapies Alternative Medical Therapies Oxygen Therapies Manipulation and Osteopathic Therapies Music Art and Pet Therapies From stress and epilepsy to acupuncture massage craniosacral therapies homeopathy ketogenic diets aromatherapy hypnosis and more the book is all inclusive and enlightening Additional commentary by the editors provides a critical vantage point from which to interpret the data and viewpoints of the contributors all experts in the therapies presented This balanced scientific approach will appeal to even those most skeptical of alternative therapies making the book essential for every professional who seeks to provide the broadest range of effective patient care

*Complementary and Alternative Therapies and the Aging Population* Ronald Ross Watson, 2011-04-28 The major objective of this book is to review in detail health problems occurring with significant frequency in aging adults which are proposed to be treated or ameliorated using nutraceuticals as foods and dietary supplements as well as other complementary and alternative therapies Chapters primarily focusing on nutrients have been excluded to maintain a focus on complementary and alternative medicine CAM The book is divided into three general sections 1 Nutraceuticals and Botanicals in Health Promotion including Specific Nutraceuticals Used in Treating Aged and General Nutraceutical Approaches to Therapy with emphasis on cancer 2 Non nutritional CAM Therapies including Mind mediated Therapies and Physically Applied CAM Therapies 3 Non dietary Complementary and Alternative Medicine CAM Use and Benefits to the Elderly in Health Identifies the important nutritional requirements of the aging population and how nutraceuticals and other CAM options affect those Addresses the many disease entities and cancers are found with higher frequency in the aged including cancer trauma or infectious disease that can alter intakes of nutraceutical containing foods and or requirements for various nutrients Explores the nutritional materials botanical extracts and components that can have important health promotion benefits and risks to ensure safe consumption Reviews the frequently used non traditional and often unproven CAM therapies beyond nutritional and nutraceutical supplements including a variety of physical and psychosocial treatments **Alternative Therapies For**

**Epilepsy** Orrin Devinsky, MD, Steven C. Schachter, 2012-06-19 Written by three distinguished epileptologists with a long standing interest in alternative therapies this book provides an evidence based consideration of the use of complementary and alternative CAM therapies in epilepsy care Organized by problem the authors review alternative approaches to epilepsy related conditions to help physicians healthcare professionals CAM providers and patients understand the options and safely integrate treatments that work into their regimens The book begins with an overview of the therapies themselves including herbal remedies nutrition alternative pharmacological therapies physical treatments and neurobehavioral approaches and also discusses medication related considerations and caveats The next group of chapters covers CAM and preventive approaches to mitigating the effects of epilepsy and epilepsy therapies such as drug toxicity and side effects of anti epileptic drugs AEDs seizures enhancing cognitive function issues for women pregnancy breast feeding menopause and managing anxiety and depression The final part of the book focuses on quality of life and lifestyle modifications to reduce seizure risk including techniques for stress reduction sleep disturbances and aids to normalize alcohol and recreational drugs and environmental factors Features of Alternative Therapies for Epilepsy Include Evidence based review of CAM therapies for epilepsy Problem oriented practical approach to integrating alternative treatments into traditional regimens for healthcare providers Written by distinguished epileptologists with broad clinical experience Addresses all aspects of health for persons with epilepsy not just seizures and offers practical suggestions for improving patient care and patient health *The Treatment of Epilepsy* Simon Shorvon, Emilio Perucca, Jerome Engel, Jr., 2015-09-15 Highly Commended at the British Medical Association Book Awards 2016 The Treatment of Epilepsy fourth edition is a comprehensive reference and clinical guide to the pharmacological medical and surgical options available in the treatment of epilepsy The text is compiled by a group of internationally renowned editors and contributors and is now in full color and extensively illustrated The first two sections cover the background to and principles of treatment in different clinical situations Section three comprises a series of systematic reviews of contemporary drug therapy devoting one chapter to each anti epileptic drug and covering all clinically relevant aspects Section four focuses on the surgical options devoting individual chapters to each of the modalities of presurgical assessment and to each surgical operation or approach This 4th edition is extensively revised incorporating the many recent developments in therapy and comprises 81 chapters from world experts from 18 countries **Epilepsy and the Interictal State** Erik K. St Louis, David M. Ficker, Terence J. O'Brien, 2015-03-02 Epilepsy care traditionally focuses on seizures yet for most epilepsy sufferers other interictal factors such as mood cognitive abilities and treatment adverse effects most influence how they feel and function day to day Epilepsy and the Interictal State is a practical and comprehensive text that covers quality of life issues cognition and therapy adverse effects of epilepsy treatments mood state and psychiatric co morbidity and general health aspects of epilepsy Each chapter employs a standard structure providing background epidemiology pathophysiology etiology diagnosis treatment prognosis and further practical advice From an international

team of expert editors and contributors Epilepsy and the Interictal State is a valuable resource for specialist epileptologists and neurologists as well as for neurosurgeons neurology nurses psychiatrists family physicians and general practitioners

**Evidence-based Management of Epilepsy** Steven C Schachter, 2011-09-01 The clinical management of patients with epilepsy and the associated medical literature are rapidly evolving Evidence based Management of Epilepsy differs from other epilepsy textbooks by focusing specifically on topics where the available evidence is sufficiently well developed to be synthesized into straightforward summaries of proven therapies When evidence is missing or there is doubt controversy or ambiguity the distinguished authors offer treatment recommendations based on practice guidelines or consensus statements that span the gaps in evidence while pointing to those areas where further research is needed The initial chapters cover critically important aspects of antiepileptic drugs AEDs and surgical treatment such as when to start and stop AEDs how to monitor their effectiveness special considerations in women who become pregnant and when to consider surgery to alleviate seizures The following chapters cover the therapy of seizures when they develop after traumatic brain injury or stroke and the treatment of concomitant depression and anxiety in patients with epilepsy The final chapters discuss emerging topics in epilepsy the treatment of the postictal state technologies to predict and detect seizures strategies for closing the treatment gap and sudden unexpected death in epilepsy The contributors are renowned experts in their fields who successfully and succinctly present state of the art reviews based on the medical evidence designed to help the clinician be as best informed as possible in the care of patients with epilepsy

*Epilepsy: Complementary and Alternative Treatments* Sally Baxendale, 2012-06-08 Epilepsy or seizure disorder is widespread affecting more than 350 000 in the UK and an estimated three million approximately in the US While anti epileptic drugs have a major role preventing seizure activity they may not be totally effective in achieving control and there is a strong burgeoning interest in lifestyle measures and complementary therapies which may help This book is intended to be a trusted source to help people with epilepsy make sense of the treatment choices given that epilepsy is not a single condition and some treatments may work for some but not other forms of the condition Each chapter includes information about the treatment evidence whether it will work for your type of epilepsy and practical considerations

*Complementary and Alternative Medicine (CAM) for Individuals with Epilepsy* April R. Detrick, 2021 Individuals with epilepsy manage the clinical manifestations of the condition primarily seizure related activity with daily use of pharmacologic agents making it one of the most common neurological conditions treated with drug therapy for symptom management Pharmacologic agents for epilepsy also known as anti epileptic drugs AEDs are commonly prescribed to treat seizures and neurologic conditions associated with epilepsy but can lead to a reduced quality of life and many unwanted side effects Complementary and alternative treatments can also provide relief from seizures associated with epilepsy The purpose of this literature review was to evaluate the effectiveness of complementary and alternative treatments compared to pharmacological treatment for individuals with epilepsy A literature review examining different alternative

treatments such as physical activity medical cannabis neurostimulation and various diets and their benefits on seizure reduction seizure frequency and the quality of life was conducted from various online databases Research articles published from 2003 to 2020 that focused on the benefits of complementary and alternative therapies in controlling the clinical manifestations of epilepsy were included for synthesis Results from 10 studies that used a complementary or alternative therapy as a treatment for epilepsy alone or in combination with pharmacological therapy were compared for effectiveness on clinical manifestations Seventy percent of the studies analyzed show at least a fifty percent reduction in seizure frequency The studies suggest that complementary and alternative therapies can be effective as monotherapy or as adjuvant agents for reducing seizure frequency reducing seizure duration and improving quality of life Although benefits were found in each study many studies were performed on animals or had small sample sizes indicating the need for further research The Epilepsy Book: A Companion for Patients Thalia Valeta,2017-11-24 This book presents scientific evidence about epilepsy along with straightforward guidance and recommendations Responses to frequently asked questions and clarification of uncertainties are provided to empower patients to optimize their medical psychological and social care This book helps mediate between patients and health care professionals and can assist both sides to understand the condition of epilepsy at all levels The information provided in the book empowers patients to share decision making with their carers and clinicians and enables them to make informed decisions by taking into account the best scientific evidence as well as the patients values and preferences The Epilepsy Book A Companion for Patients is ideal for patients with epilepsy and their carers and will also be of interest to health care professionals medical students and teachers Thalia Valeta s approach to epilepsy facilitates deeper understanding of the unmet needs and expectations of patients The Neurological Emergence of Epilepsy Vasia Lekka,2014-06-19 This book explores the emergence of epilepsy as a purely neurological disorder in the second half of the nineteenth century It focuses on the world s first neurological hospital the National Hospital for the Paralysed and Epileptic in London and on its leading figure John Hughlings Jackson 1835 1911 Through an analysis of the National Hospital s medical records and a historical account of the course of epilepsy until our time this book presents the nineteenth century turn towards the scientific study of the human brain and the various political social ideological and epistemological implications of this major change In spite of the recent trend of describing the history of mental illness mental patients and psychiatric institutions so far neurology epilepsy and epileptic patients have largely remained outside the scope of social historians historians of medicine and social scientists This book has the ambition to fill that gap

*Epilepsy* Ennapadam S. Krishnamoorthy,Simon D. Shorvon,Steven C. Schachter,2017-04-06 This comprehensive multidisciplinary approach to epilepsy compares and contrasts scientific knowledge clinical experience and social consciousness between Western and non Western cultures enhancing transcultural understanding and providing a paradigm for an integrative truly global health policy for this disorder Topics covered include pharmacological and non

pharmacological management of epilepsy care models and traditional medical systems service organization in resource limited countries cultural perspectives on consequences of epilepsy social anthropological economic political and spiritual issues related to living with epilepsy infectious and non infectious causes and risk factors region specific syndromes Uniquely drawing attention to both a medical perspective and the burden of living with epilepsy this is a must have reference work for epileptologists neurologists epidemiologists medical policymakers and health administrators in both the developed and developing world Atlas of Epilepsies S.R. Benbadis,R.G. Beran,A.T. Berg,J. Engel, Jr.,A.S. Galanopoulou,P.W. Kaplan,M. Koutroumanidis,S.L. Moshe,D.R. Nordli, Jr.,J.M. Serratosa,S.M. Sisodiya,W.O. Tatum,T. Valeta,A. Wilner,2010-09-20 Atlas of Epilepsies is a landmark all encompassing illustrated reference work and hands on guide to the diagnosis management and treatment of epilepsy in all its forms and across all age groups The premier text in the field with over one thousand images the Atlas s highly illustrative approach tackles the difficult subject of epileptic seizures and epileptic syndromes accompanied by sequential photographs of each management step Intraoperative photographs are accompanied by detailed figure legends describing nuances subtleties and the thought processes involved in each step providing a fuller understanding of each procedure The Atlas draws on the expertise of over 300 internationally renowned experts and is liberally interspersed with clinical insights and personal vignettes that offer helpful tips technical advice and critical knowledge to the clinician and scholar The thorough and complete table of contents includes dedicated sections or chapters on important topics such as neonatal and pediatric seizures imitators of epilepsy EEG and neuroimaging psychiatric and quality of life aspects of epilepsy and a complete guide to treatment options including current and up to date chapters on pharmaceuticals surgical procedures and additional and alternative treatments No other publication addresses epilepsies as thoroughly and completely as the Atlas of Epilepsies Exhaustive and illustrative convenient and current this reference is sure to be the premier text on epilepsy for many years to come *Healing at the Borderland of Medicine and Religion* Michael H. Cohen,2007-09-06 One of the transformations facing health care in the twenty first century is the safe effective and appropriate integration of conventional or biomedical care with complementary and alternative medical CAM therapies such as acupuncture chiropractic massage therapy herbal medicine and spiritual healing In *Healing at the Borderland of Medicine and Religion* Michael H Cohen discusses the need for establishing rules and standards to facilitate appropriate integration of conventional and CAM therapies The kind of integrated health care many patients seek dwells in a borderland between the physical and the spiritual between the quantifiable and the immeasurable Cohen observes But the present environment fails to present clear rules for clinicians regarding which therapies to recommend accept or discourage and how to discuss patient requests regarding inclusion of such therapies Focusing on the social intellectual and spiritual dimensions of integrative care and grounding his analysis in the attendant legal regulatory and institutional changes Cohen provides a multidisciplinary examination of the shift to a more fluid pluralistic health care environment Neuroprotective Natural Products Goutam

Brahmachari,2017-03-03 Focusing on the molecular mechanisms of powerful naturally occurring agents and their implication for drug discovery this timely book presents an overview of the most recent research advances in the field of bioactive natural products and natural drug formulations to combat today s destructive diseases To this extent the authors discuss the most severe neurological disorders in our modern civilization such as Alzheimer s Parkinson s and Huntington s disease as well as ischemic brain stroke and depression The emerging diversity of active compounds is covered in detail including flavonoids cannabinoids and oleanolic acid while experts in the field explain the chemistry mode of action and clinical aspects of novel neuroprotective natural products In each case the benefits of treatments using natural products are addressed from the perspective of modern as well as traditional medicine With its multidisciplinary viewpoint this is the ideal companion for medicinal and natural products chemists as well as neuroscientists biochemists pharmacologists neurobiologists and phytotherapists

*A Guide to Evidence-based Integrative and Complementary Medicine* Vicki Kotsirilos,Luis Vitetta,Avni Sali,2011 A Concise Guide to Integrative and Complementary Medicine for Health Practitioners is a comprehensive textbook on the non pharmacological treatments for common medical practice problems with the support of current scientific evidence Non pharmacological approaches include advice for lifestyle and behavioural factors mind body medicine stress management dietary changes exercise and sleep advice nutritional and herbal medicine acupuncture complementary medicines and the role of sunshine that may impact on the treatment of the disease s Only proven therapies from current research are i

**Index Medicus** ,2004 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

**Handbook of Complementary, Alternative, and Integrative Medicine** Yaser Mohammed Al-Worafi,2025-05-07 Six volumes combine to make up the Handbook of Complementary Alternative and Integrative Medicine Education Practice and Research which describes the education practice and research related issues of complementary alternative and integrative medicine and its efficacy and safety in treating diseases and health conditions Further the volumes review integrative medicine worldwide to share the best practices and experiences in education practice and research identify the challenges and suggest recommendations to overcome the identified challenges The 38 chapters of Volume 4 focus on the Evidence Based Complementary Alternative and Integrative Medicine practice in terms of efficacy and safety for managing diseases and conditions Further it includes 38 chapters about the efficacy and safety of Complementary Alternative and Integrative Medicine in the management of most common diseases and conditions Key Features Describe the Efficacy and Safety of Evidence based Complementary Alternative and Integrated Medicine from a disease focused approach Covers the evidence based practice of complementary alternative and integrative medicine for the most common diseases and conditions Presents up to date information on efficacy and safety of Complementary Alternative and Integrated Medicine on the management of the most common diseases which cover the whole body system such as cardiovascular diseases pulmonary disorders and others

**Complementary and Alternative Medicine** John William Spencer,Joseph J. Jacobs (M.D.),2003 This popular



evidence based overview of complementary and alternative medicine CAM emphasizes clinical research analyzes the effectiveness of each therapy and presents practical information on how these therapies can be used to treat health conditions and diseases It not only acquaints the reader with information about CAM but provides evidence for the effectiveness of various therapies used to treat medical conditions ranging from allergies to psychiatric conditions in all populations relevant to CAM including children women and the elderly Summary tables embedded throughout highlight clinical data statistics and major research findings More thorough documentation in this edition is achieved through new tables and added commentary on the quality of studies making research findings more relevant and useful Chapters are grouped according to condition and special populations rather than treatment so readers can easily compare all possible treatments for a specific condition Up to date tables allow the reader to see what studies have been done for a certain condition and what the findings are Extensive references and suggested reading lists refer the reader to the most up to date or historically relevant sources An emphasis on research and clinical studies gives the book a comprehensive focus on CAM treatments and results The evidenced based approach clearly details which therapies are most effective and safe Up to date tables focusing on critical needs related to demographics safety and areas of clinical pain allow summary information to be quickly referenced Comprehensive reliable content presents an unbiased account of CAM that allows the reader to follow the data without excessive commentary from the authors A focus on major medical conditions for which there is the most detailed and up to date information available allows the reader to learn about the major critical issues of CAM The ways in which research methodology can be used to practice evidence based medicine is reviewed in several chapters A focus on special populations including women children and the elderly presents important CAM considerations for these groups A new chapter on Legal and Ethical Issues addresses important professional considerations for practice related to CAM including physician liability malpractice issues patient responsibility and accreditation and licensing of CAM providers A new chapter on Integration of Clinical Practice and Medical Training with Complimentary and Alternative and Evidence Based Medicine evaluating use of the case history approach information and evidence in clinical practice and a model for integration of CAM used at the University of Arizona School of Medicine Significant content updates are provided for timely issues such as the use of herbs for depression the use of massage for anxiety CAM in pediatric and nursing care situations and multi modal therapies for pain Each table throughout the book has been extensively updated with the latest facts and information A final summary chapter at the end of the book presents emerging CAM treatments and suggests goals for CAM studies Much more attention has been paid in this edition to evaluating the quality of research which allows for concrete and valid conclusions that are supported by science Appendices have been updated with much more information on research databases listings and organizations

*Handbook of Research on Leveraging Consumer Psychology for Effective Customer Engagement* Suki, Norazah Mohd, 2016-07-22 Consumer behavior is becoming increasingly complex in the current global market A broader

understanding of the psychologically driven motivation of consumers and characteristics of the consumer decision making process is vital for effective customer engagement in the global economy The Handbook of Research on Leveraging Consumer Psychology for Effective Customer Engagement provides current research on topics relevant to consumer beliefs feelings attitudes and intentions and how best to utilize this research improving consumer appeal and relationships Emphasizing critical topics in the field of consumer behavior research this publication is a comprehensive resource for marketing professionals managers retailers advertising executives scholars and graduate level students in marketing psychology and MBA programs

**Comorbid Conditions in Individuals with Intellectual Disabilities** Johnny L. Matson, Michael L. Matson, 2015-06-02 This comprehensive edited volume synthesizes the current state of research and practice in psychological medical and motor disorders as they affect individuals with intellectual disabilities ID It examines how these disorders exist across this population sometimes confound diagnosis and often affect individuals quality of life In addition this book explores which treatments are effective for patients and points to future challenges Comorbid conditions featured include Challenging behaviors ADHD autism and other conditions present during early childhood Anxiety depression and schizophrenia Balance and gait problems Cerebral palsy Medical conditions common to persons with ID such as epilepsy obesity and chronic pain Comorbid Conditions in Individuals with Intellectual Disabilities is an essential resource for researchers clinicians professionals and graduate students in clinical child school and developmental psychology child and adolescent psychiatry and social work as well as rehabilitation medicine therapy behavioral therapy pediatrics and educational psychology

## **Complementary And Alternative Therapies For Epilepsy Book Review: Unveiling the Magic of Language**

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Complementary And Alternative Therapies For Epilepsy**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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### **Complementary And Alternative Therapies For Epilepsy Introduction**

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