

KARMA CHAKRA

Colours affect us in very subtle ways, we are surrounded by colour everyday but do you actually know how the vibration of that colour is impacting on your moods and feelings?

Follow this easy to read chart to see how you can increase your energy and use colour to help you enhance your everyday life.



CROWN *intellectual, spiritual, divine connection*

THIRD EYE *intuitive, insightful, uplifting*

THROAT *communicative, calming, tranquil*

HEART *loving, caring, nurturing*

HEART *calming, confident, open hearted*

SOLAR PLEXUS *refreshes, joy, peace*

SACRAL *rejuvenates, releases, motivates*

BASE *passion, excitement energy*

SILVER *sleek, glamorous, rich* **GOLD** *extravagance, riches, bright*

BROWN *earthy, wholesome, friendly* **BEIGE** *conservative, relaxing*

GREY *formal, sophisticated, conservative*

WHITE *purity, clean open (Crown/Soul Star Chakra)*

BLACK *grounding, mysterious, introverted (Earth Star Chakra)*

Chakra Reading And Color Healing

N Noddings



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