



PROVIDER MANUAL

Cigna-HealthSpring® CarePlan (Medicare-Medicaid Plan)

Tarrant and Hidalgo counties

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Cigna Provider Manual

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Mental Health Providers Guide To Managed Care Leonard Reich, Andrew Kolbasovsky, 2006 For both patients and providers the words managed care are loaded with negative connotations synonymous with inefficiency and bureaucracy Forced to perform a delicate balancing act of offering the best possible care for their clients while carefully adhering to various managed care policies and procedures providers in particular often wince at the prospect of having to deal with managed care companies or MCOs Fearing burdensome paperwork low reimbursement rates and denials of care it is not surprising that a number of mental health professionals choose to limit their involvement with managed care companies or eliminate it altogether My clients are all on different health plans how can I keep the policies straight Getting services approved is so time consuming that I'm better off accepting only self paying clients aren't I Do the benefits of working with MCOs really outweigh the drawbacks The answer according to two industry insiders is yes If you know how to work with the system the system can work for you *Mental Health Provider's Guide to Managed Care* is the first handbook of its kind to offer clinicians a window into the inner workings of MCOs Authors Reich and Kolbasovsky candidly draw on their combined 37 years experience in the field to walk readers through all the major elements of how to successfully work within the system marketing yourself and your practice to an MCO getting onto a MCO's network maintaining a good relationship and communicating with MCOs for quick service approval reducing your liability understanding your rights and responsibilities getting paid and more Every issue big and small is covered from capitation versus fee for service payment arrangements to evaluating which MCOs are a good fit to join and everything in between After explaining how to work with the system the authors reveal how to put the system to work for you Tips for building your practice through referrals generating business through doctor collaboration and understanding future practice opportunities are all covered By demystifying the complexities of managed care and offering a unique inside view of the process this book mitigates the negative connotations associated with MCOs and exposes the hidden benefits of a seemingly burdensome process Exceedingly reader friendly and packed with insightful tips and vignettes *Mental Health Provider's Guide to Managed Care* is one clinician's guide you won't want to be without

Observation Medicine Sharon E. Mace, 2017-03-16 This guide to successful practices in observation medicine covers both clinical and administrative aspects for a multinational audience

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Handbook of Quality Management in Behavioral Health George Stricker,Warwick G. Troy,Sharon A. Shueman,2013-11-11 For the first time in history behavioral health providers are expected to understand and participate in activities intended to access and improve the quality of services they provide This handbook is designed as a general resource in the field of behavioral health quality management for a very diverse group of readers including graduate and undergraduate students payors purchasers and administrators within managed care organizations public sector service system planners and managers applied health services researchers and program evaluators This volume provides a comprehensive context for the development of quality management QM in health services behavioral health in particular as well as an overview of tools techniques and programs reflecting QM in practice It also offers perspectives on both internally and externally based QM activities

The ADA Practical Guide to Substance Use Disorders and Safe Prescribing Michael O'Neil,2015-07-20 Dentists have been inundated by patients with an array of complicated medical conditions and pain sedation management issues This is in addition to a variety of legal regulations dentists must follow regarding the storage and recordkeeping of controlled substances Avoid unknowingly putting your practice at risk by becoming victim to a scam or violating a recordkeeping requirement with The ADA Practical Guide to Substance Use Disorders and Safe Prescribing This Practical Guide is ideal for dentists and staff as they navigate Detecting and deterring substance use disorders SUD and drug diversion in the dental office drug seeking patients Prescribing complexities Treating patients with SUD and complex analgesic and sedation pain sedation management needs and the best use of sedation anxiety medication Interviewing and counselling options for SUD Federal drug regulations Commonly used illicit prescription and over the counter drugs as well as alcohol and tobacco are also covered Special features include Clinical tools proven to aid in the identification interviewing intervention referral and treatment of SUD Basic elements of SUD acute pain sedation management and drug diversion Summary of evidence based literature that supports what when and how to prescribe controlled substances to patients with SUD Discussion of key federal controlled substance regulations that frequently impact dental practitioners Checklists to help prevent drug diversion in dental practices Chapter on impaired dental professionals Case studies that examine safe prescribing and due diligence

The Clinician's Guide to Managed Behavioral Care Norman Winegar,1996 Managed care is a revolution impacting the practice of clinicians throughout America The Clinician's Guide to Managed Behavioral Care called a survival kit and must reading helps clinicians develop and market professional services attuned to the needs of managed care systems manage the utilization process and reshape an office practice or hospital based program to become more managed care friendly It is newly referenced and updated for clinicians to continue

to advocate for their patients and clients The Clinician's Guide to Managed Behavioral Care addresses how clinicians can develop and market professional services attuned to the needs of managed care systems how to best manage the utilization review process how to re shape an office practice or hospital based program to become more managed care friendly and how to best advocate for patients and clients Readers will understand the history and evolution of attempts to manage mental health care costs and services as well as the emerging clinical economic and social trends that will continue to fuel changes in the mental health field in coming years Importantly this guide sensitizes readers to the perspectives about mental health care benefits and the treatment field held by the payor community insurance carriers HMO's and self insured employers It allows readers to consider a payor's view of how professionals can play a crucial role in providing quality services while helping control spiraling mental health care costs costs that have escalated much faster than other segments of health care Who can benefit from this book Practicing psychologists social workers psychiatrists substance abuse counselors marriage and family therapists Employee Assistance Professionals psychiatric nurses professional counselors program managers hospital administrators and health care marketing professionals will find The Clinician's Guide to Managed Behavioral Care an invaluable resource It is often said that in the future all in the treatment community will be involved in managing care and that the most successful clinicians and practices will be those most adept at working with managed care systems on behalf of their patients and clients This book helps you understand how Important topics in The Clinician's Guide to Managed Behavioral Care the changing marketplace for mental health substance abuse treatment services assessing market opportunities in light of managed care influences clinical service needs of managed care systems clinical innovations examples case studies vignettes strategies for managing utilization review marketing strategies for office based practitioners hospital managed care partnerships contemporary office management strategies to control costs consumers and managed care directory of America's HMOs directory of America's Managed Mental Health Care Companies glossary of key terms

The Clinician's Guide to Managed Behavioral Care William Winston, Norman Winegar, 2014-02-04 Managed care is a revolution impacting the practice of clinicians throughout America The Clinician's Guide to Managed Behavioral Care called a survival kit and must reading helps clinicians develop and market professional services attuned to the needs of managed care systems manage the utilization process and reshape an office practice or hospital based program to become more managed care friendly It is newly referenced and updated for clinicians to continue to advocate for their patients and clients The Clinician's Guide to Managed Behavioral Care addresses how clinicians can develop and market professional services attuned to the needs of managed care systems how to best manage the utilization review process how to re shape an office practice or hospital based program to become more managed care friendly and how to best advocate for patients and clients Readers will understand the history and evolution of attempts to manage mental health care costs and services as well as the emerging clinical economic and social trends that will continue to fuel changes in the mental health field in coming years

Importantly this guide sensitizes readers to the perspectives about mental health care benefits and the treatment field held by the payor community insurance carriers HMO s and self insured employers It allows readers to consider a payor s view of how professionals can play a crucial role in providing quality services while helping control spiraling mental health care costs costs that have escalated much faster than other segments of health care Who can benefit from this book Practicing psychologists social workers psychiatrists substance abuse counselors marriage and family therapists Employee Assistance Professionals psychiatric nurses professional counselors program managers hospital administrators and health care marketing professionals will find The Clinician s Guide to Managed Behavioral Care and invaluable resource It is often said that in the future all in the treatment community will be involved in managing care and that the most successful clinicians and practices will be those most adept at working with managed care systems on behalf of their patients and clients This book helps you understand how Important topics in The Clinician s Guide to Managed Behavioral Care the changing marketplace for mental health substance abuse treatment services assessing market opportunities in light of managed care influences clinical service needs of managed care systems clinical innovations examples case studies vignettes strategies for managing utilization review marketing strategies for office based practitioners hospital managed care partnerships contemporary office management strategies to control costs consumers and managed care directory of America s HMOs directory of America s Managed Mental Health Care Companies glossary of key terms **Agriculture Handbook** ,1997 Set includes revised editions of some issues Insiders' Guide® to Atlanta Janice McDonald,2025-07-01 From the Martin Luther King National Site to the World of Coca Cola the High Museum of Art and Stone Mountain Park discover all that Atlanta has to offer Written by local expert Janice McDonald Insiders Guide to Atlanta is the essential source on the big peach Written for locals and travelers alike this comprehensive guide covers in depth travel information and tips relocation advice and much more The newly researched revised and up to date edition features Comprehensive listings of notable cuisine memorable tourist attractions unique experiences lively nightlife and quality accommodations Recommendations for shopping entertainment and children s activities Advice on how to live and thrive in the area from recreation to relocation Suggested itineraries for day trips annual events and exploring local secrets Our insider Janice McDonald owns her own Atlanta based production company J Mac Productions and has produced material for the Travel Channel ABC NBC CBS and VH 1 among others She is a contributing editor for travel girl magazine and writes for numerous publications Discover your travel destination Your home Your home to be

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