

SECOND EDITION

# **CRISIS INTERVENTION AND COUNSELING BY TELEPHONE**

*By*

**DAVID LESTER**

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# Crisis Intervention And Counseling By Telephone And The Internet

**Ilene A. Serlin, Stanley  
Krippner, Kirwan Rockefeller**



## **Crisis Intervention And Counseling By Telephone And The Internet:**

**CRISIS INTERVENTION AND COUNSELING BY TELEPHONE AND THE INTERNET** David Lester, James R. Rogers, 2012-11-01 This book will further stimulate interest and discussion of the telephone and the Internet as a mode of treatment. In this extensively revised third edition a practical framework for providing immediate problem solving assistance by telephone to persons in crisis is provided. Several new chapters have been added and several chapters have been updated and rewritten. The text offers specific techniques to deal with out of control situations with the highly important initial steps to protect the caller, the crisis worker and the community. The scope of the book includes an overview of counseling by telephone, how to effectively manage crises, how to be supportive verbally and nonverbally, how to accurately assess situations and how to help create a sense of stability. Part I discusses the varieties of telephone services while Part II covers crisis intervention and counseling including telephone therapy, active listening, cognitive therapy, approaches, transactional analysis and learned helplessness approaches as well as Gestalt therapy approaches. Part III discusses a variety of problem callers: the obscene caller, the chronic caller, the silent caller, the nuisance caller and the one counselor caller. A new section, Part IV, Special Topics, includes valuable information on dealing with adolescents, war veterans, rural communities, the elderly and individuals with disabilities on campus. Part V offers a look at contact beyond the telephone, including crisis intervention by e-mail and letter. Part VI views the roles of telephone counselors such as the mental health professional, the nonprofessional crisis worker, selecting telephone counselors and training crisis workers. Finally, Part VII summarizes and evaluates today's telephone counseling services. This unique and up-to-date book serves as a comprehensive tool for those setting up telephone and Internet counseling services and those in charge of centers already operating, especially in training and supervising those on the front lines, the crisis interveners. Crisis Intervention and Counseling by Telephone David Lester, Gene W. Brockopp, 1973. *Suicide Prevention and New Technologies* B. Mishara, A. Kerkhof, 2013-09-20 The internet, smartphones, computer self-help programmes and other technological advances are the new frontiers of suicide prevention with organisations around the world rapidly expanding these services. This book provides a critical overview of new technologies in suicide prevention and presents promising practices and future perspectives. *Oxford Textbook of Suicidology and Suicide Prevention* Danuta Wasserman, 2021 Part of the authoritative Oxford Textbooks in Psychiatry series, the new edition of the Oxford Textbook of Suicidology and Suicide Prevention remains a key text in the field of suicidology, fully updated with new chapters devoted to major psychiatric disorders and their relation to suicide. *The SAGE Encyclopedia of Abnormal and Clinical Psychology* Amy Wenzel, 2017-03-16 Abnormal and clinical psychology courses are offered in psychology programs at universities worldwide, but the most recent major encyclopedia on the topic was published many years ago. Although general psychology handbooks and encyclopedias include essays on abnormal and clinical psychology, such works do not provide students with an accessible reference for understanding the full scope of the field. The SAGE Encyclopedia of

Abnormal and Clinical Psychology a 7 volume A Z work print and electronic formats is such an authoritative work Its more than 1 400 entries provide information on fundamental approaches and theories various mental health disorders assessment tools and psychotherapeutic interventions and the social legal and cultural frameworks that have contributed to debates in abnormal and clinical psychology Key features include 1 400 signed articles contained in 7 volumes and available in choice of print and or electronic formats Although organized A to Z front matter includes a Reader s Guide grouping related entries thematically Back matter includes a Chronology Resource Guide Bibliography and detailed Index Entries conclude with References Further Readings and Cross References to related entries The Index Reader s Guide themes and Cross References between and among entries all combine to provide robust search and browse features in the electronic version

**BEHAVIORAL GUIDE TO PERSONALITY DISORDERS (DSM-5)** Douglas H. Ruben,2015-11-03 Behavioral Guide to Personality Disorders is the first behaviorally based reference guide on Personality Disorders and their applicability in vocational therapeutic and other rehabilitation service agencies Chapters cover each personality disorder from a learning theory perspective the Do s and Don ts on how to manage personality types in service delivery systems called personality management and predictors of each personality disorder for vocational therapeutic and rehabilitation outcomes The objective of the book is simply to provide practical and ready to use clinical information for practitioners and advanced students facing the high demand for triage and treatment decisions It helps the paraprofessional and professional measurably identify individual behavior problems in clients and consumers and predict their trajectory of outcome success or failure under certain circumstances or when provided a litany of rehabilitation services The text also culls from evidence based research and application to ensure the viability and acceptability of the analysis For simplicity of reading and rapid reading comprehension the design of this book is called a PowerPoint book It allows for self paced learning with PowerPoint graphic visual reminders embedded in the text with study questions listed afterwards Like some predecessors this guide offers a return to the behavioral framework to understand the intricacies of psychopathology It explains the behavioral underpinnings of each personality disorder both to debunk mythical reasons or reifications distorting the etiologies and to advance a more respectful scientific outlook on personality disorders With this resource professionals in the allied health fields can more confidently predict the outcome success or failure of individuals with personality disorders who receive mental health treatment vocational rehabilitation or other allied health services *The Clinician's Guide to Consulting* Dennis H. Reid,2020-06-01 Clinicians who work with human service agencies often function in a consulting capacity with agency staff Some clinicians work independently and many others are employed within an agency This book describes how clinicians can effectively change staff performance in the human services to promote implementation of consultative recommendations for the betterment of agency clients The content is based on over five decades of behavior analytic research and application and the experiences of clinicians who have demonstrated consistent success in consulting with a wide variety of human service

agencies The book is structured into four sections each of which corresponds to various consulting strategies Section I presents an introduction to the clinician s guide to consulting achieving performance change and staff acceptance outcome management in approach to consulting and the underlying considerations for consulting success Section II explores the specific strategies for promoting performance change and staff acceptance consulting outcomes and expectations training staff to carry out consultative recommendations monitoring performance and outcome attainment supporting proficient staff performance and correcting nonproficient staff performance Section III focuses on achieving consulting success during difficult situations promoting job security overcoming motivational issues among staff self motivation and financial success Section IV provides a list of Selected Readings containing numerous useful resources that cover the business side of consulting This book is designed to help clinicians perform consulting duties effectively and acceptably **Suicide in Canada** Antoon A. Leenaars,Susanne Wenckstern,Isaac Sakinofsky,Ron Dyck,Michael J. Kral,Roger Bland,1998-01-01 Compiled by Canada s leading experts on suicide this collection provides long awaited information that focuses specifically on Canada **The Distance Cure** Hannah Zeavin,2021-08-17 Psychotherapy across distance and time from Freud s treatments by mail to crisis hotlines radio call ins chatbots and Zoom sessions Therapy has long understood itself as taking place in a room with two or more people engaged in person to person conversation And yet starting with Freud s treatments by mail psychotherapy has operated through multiple communication technologies and media These have included advice columns radio broadcasts crisis hotlines video personal computers and mobile phones the therapists broadly defined can be professional or untrained strangers or chatbots In The Distance Cure Hannah Zeavin proposes a reconfiguration of the traditional therapeutic dyad of therapist and patient as a triad therapist patient and communication technology Zeavin tracks the history of teletherapy understood as a therapeutic interaction over distance and its metamorphosis from a model of cure to one of contingent help She describes its initial use in ongoing care its role in crisis intervention and symptom management and our pandemic mandated reliance on regular Zoom sessions Her account of the distanced intimacy of the therapeutic relationship offers a powerful rejoinder to the notion that contact across distance or screens is always less useful or useless to the person seeking therapeutic treatment or connection At the same time these modes of care can quickly become a backdoor for surveillance and disrupt ethical standards important to the therapeutic relationship The history of the conventional therapeutic scenario cannot be told in isolation from its shadow form teletherapy Therapy Zeavin tells us was never just a talking cure it has always been a communication cure **Que's Official Internet Yellow Pages** Joe Kraynak,2005 Information online is not stored or organized in any logical fashion but this reference attempts to organize and catalog a small portion of the Web in a single resource of the best sites in each category **Integrated Care for the Traumatized** Ilene A. Serlin,Stanley Krippner,Kirwan Rockefeller,2019-07-12 Integrated Care for the Traumatized puts forth a model for the future of behavioral health focused on health care integration and the importance of the Whole Person

Approach WPA in guiding the integration This book fills a void applying the WPA integration to the traumatized that enables the reader to learn from experienced trauma practitioners on how to assess and treat trauma as humanely and compassionately as possible This approach of expanding the possibilities of behavioral health by centering upon the whole person is an old idea that is emerging as a modern solution to over specialized practices Among other things this WPA approach completed with spirituality psychology medicine social work and psychiatry helps traumatized and their families function in the social environment The book has four sections Foundations Interventions for Individuals Interventions for Communities and Future of Integrative Care for the Traumatized Each chapter discusses the importance of working within an integrative and WP approach with descriptions of integrative models research evidence and applications that are already working These chapters can help students families and seasoned professionals to improve upon and expand their practice with the traumatized in both the individual and community contexts      Psychology and the Internet Jayne Gackenbach,1998 Psychology and the Internet provides the first resource for examining how the Internet affects our definition of who we are and our communication and work patterns It also examines how normal behavior differs from the pathological with respect to Internet use The book contains three sections the first section covers the self in relation to the Internet the second section explores how the Internet is used to meet new friends and love interests as well as to conduct business and the final section examines the philosophical ramifications of Internet use and our definitions of reality and consciousness      **Self-Motivation for Professional Practitioners** Dennis H. Reid,2022-04-04 For professional practitioners in the human services to successfully fulfill their important job roles they must be highly motivated In many human service agencies however practitioners encounter situations that can seriously impede their motivation to work diligently as well as reduce their enjoyment on the job For example working with limited resources unrealistic caseloads problematic supervision or interfering events beyond an agency's control e.g. the COVID 19 pandemic can all reduce practitioner motivation and work enjoyment This book describes how human service practitioners can achieve and maintain self motivation to be professionally productive and experience enjoyment on the job during both the best and worst of times Self motivation is presented in terms of practitioners actively using strategies developed through research and application in behavior analysis and therapy to promote their work productivity and enjoyment Self motivation strategies presented are likewise based on the specific advice of highly successful practitioners in the human services Some strategies presented are robust in nature in that they can be applied across varying situations to promote self motivation and enhance overall quality of work life Other strategies are more situation specific being tailored to overcoming particular obstacles to motivation that practitioners often face in human service agencies The intent of this book is to provide practical information that effectively equips practitioners to be in control of their work motivation and thereby work consistently in a manner that is professionally productive and personally enjoyable      Suicide David Lester Ph.D.,James R. Rogers,2013-10-29 Intended for the general reader this masterful

compilation probes the psychology of suicide revealing the latest research and spotlighting global efforts to reduce the million suicide deaths each year Exceeding previously available studies in both scope and depth the two volume Suicide A Global Issue explores and explains both why suicides and suicide attempts occur and what can be done to prevent them The first volume Understanding considers factors that may play into the choice to take one's life discussing forces as varied as culture psychology religion and biology The second volume Prevention covers steps that can be taken to prevent suicide whether individually or by society as a whole Articles by widely respected experts consider questions such as why people kill themselves why some countries have extremely high suicide rates and whether the treatment of suicidal individuals actually prevents them from taking their lives Each chapter presents incidents research and actions from nations around the globe as well as from the United States

*TECHNOLOGY IN MENTAL HEALTH* Stephen Goss, Kate Anthony, LoriAnne Sykes Stretch, DeeAnna Merz Nagel, 2016-07-01 In the half decade since publication of the first edition there have been significant changes in society brought about by the exploding rise of technology in everyday lives that also have an impact on our mental health The most important of these has been the shift in the way human interaction itself is conducted especially with electronic text based exchanges This expanded second edition is an extensive body of work It contains 39 chapters on different aspects of technological innovation in mental health care from 54 expert contributors from all over the globe appropriate for a subject that holds such promise for a worldwide clientele and that applies to professionals in every country The book is now presented in two clear sections the first addressing the technologies as they apply to being used within counseling and psychotherapy itself and the second section applying to training and supervision Each chapter offers an introduction to the technology and discussion of its application to the therapeutic intervention being discussed in each case brought to life through vivid case material that shows its use in practice Chapters also contain an examination of the ethical implications and cautions of the possibilities these technologies offer now and in the future While the question once was should technology be used in the delivery of mental health services the question now is how to best use technology with whom and when Whether one has been a therapist for a long time is a student or is simply new to the field this text will serve as an important and integral tool for better understanding the psychological struggles of one's clients and the impact that technology will have on one's practice Psychotherapists psychiatrists counselors social workers nurses and in fact every professional in the field of mental health care can make use of the exciting opportunities technology presents

**Postvention in Action** Karl Andriessen, Karolina Kryszynska, Onja Grad, 2019-12-09 A unique and comprehensive handbook presenting the state of the art in suicide bereavement support Suicide is not merely the act of an individual it always has an effect on others and can even increase the risk of suicide in the bereaved The International Association for Suicide Prevention the World Health Organisation and others have recognized postvention as an important strategy for suicide prevention This unique and comprehensive handbook authored by nearly 100 international experts including

researchers clinicians support group facilitators and survivors presents the state of the art in suicide bereavement support The first part examines the key concepts and the processes that the bereaved experience and illustrates them with illuminating clinical vignettes The second and third parts look in detail at suicide bereavement support in all the relevant settings including general practices the workplace online and many others as well as in specific groups such as health care workers In the concluding section the support provided for those bereaved by suicide in no less than 23 countries is explored in detail showing that postvention is becoming a worldwide strategy for suicide prevention These chapters provide useful lessons and inspiration for extending and improving postvention in new and existing areas This unique handbook is thus essential reading for anyone involved in suicide prevention or postvention research and practice *Psychology of Disability* Carolyn L. Vash,Nancy M. Crewe,2003-11-06 The realities surrounding the psychological experience of disability plus the intervention techniques used to resolve some of the problems have changed dramatically since the publication of the first edition of this classic text This revised edition describes changes that have come out of the Americans with Disabilities Act as well as technological advances new legislation and evolving health care systems It addresses the growing interest in racial and ethnic diversity and includes an exploration of spirituality and disability as well as a look at new partnerships such as within the community that have developed **Psychology of Disability** EduGorilla Prep Experts,2024-09-20 EduGorilla Publication is a trusted name in the education sector committed to empowering learners with high quality study materials and resources Specializing in competitive exams and academic support EduGorilla provides comprehensive and well structured content tailored to meet the needs of students across various streams and levels *Crisis Intervention and Counseling by Telephone* David Lester,Gene W. Brockopp,1976-01-01 A practical framework for providing immediate problem solving assistance by telephone to persons in crisis Offers specific techniques to deal with out of control situations with the crisis worker and the community **Social Workers' Desk Reference** Albert R. Roberts,Gilbert J. Greene,2002 Following in the groundbreaking path of its predecessor the second edition of the Social Workers Desk Reference provides reliable and highly accessible information about effective services and treatment approaches across the full spectrum of social work practice



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### **Table of Contents Crisis Intervention And Counseling By Telephone And The Internet**

1. Understanding the eBook Crisis Intervention And Counseling By Telephone And The Internet
  - The Rise of Digital Reading Crisis Intervention And Counseling By Telephone And The Internet
  - Advantages of eBooks Over Traditional Books
2. Identifying Crisis Intervention And Counseling By Telephone And The Internet
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Crisis Intervention And Counseling By Telephone And The Internet
  - User-Friendly Interface
4. Exploring eBook Recommendations from Crisis Intervention And Counseling By Telephone And The Internet
  - Personalized Recommendations
  - Crisis Intervention And Counseling By Telephone And The Internet User Reviews and Ratings
  - Crisis Intervention And Counseling By Telephone And The Internet and Bestseller Lists
5. Accessing Crisis Intervention And Counseling By Telephone And The Internet Free and Paid eBooks
  - Crisis Intervention And Counseling By Telephone And The Internet Public Domain eBooks
  - Crisis Intervention And Counseling By Telephone And The Internet eBook Subscription Services

- Crisis Intervention And Counseling By Telephone And The Internet Budget-Friendly Options
- 6. Navigating Crisis Intervention And Counseling By Telephone And The Internet eBook Formats
  - ePub, PDF, MOBI, and More
  - Crisis Intervention And Counseling By Telephone And The Internet Compatibility with Devices
  - Crisis Intervention And Counseling By Telephone And The Internet Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Crisis Intervention And Counseling By Telephone And The Internet
  - Highlighting and Note-Taking Crisis Intervention And Counseling By Telephone And The Internet
  - Interactive Elements Crisis Intervention And Counseling By Telephone And The Internet
- 8. Staying Engaged with Crisis Intervention And Counseling By Telephone And The Internet
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Crisis Intervention And Counseling By Telephone And The Internet
- 9. Balancing eBooks and Physical Books Crisis Intervention And Counseling By Telephone And The Internet
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Crisis Intervention And Counseling By Telephone And The Internet
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Crisis Intervention And Counseling By Telephone And The Internet
  - Setting Reading Goals Crisis Intervention And Counseling By Telephone And The Internet
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Crisis Intervention And Counseling By Telephone And The Internet
  - Fact-Checking eBook Content of Crisis Intervention And Counseling By Telephone And The Internet
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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