

Wer für die Bewältigung einer Krebserkrankung nach bewährten ganzheitlichen Therapien oder gesundheitsfördernden Methoden und Mitteln als unterstützende oder ergänzende Maßnahme zur konventionellen Medizin sucht, soll in diesem Buch ein breites Spektrum an Informationen finden. In persönlichen Erfahrungsberichten, die hier im Sinne eines Handbuchs von A bis Z (Achtsamkeitstraining bis Komplementäre Zahnmedizin) gegliedert sind, beschreiben Fachleute aus unterschiedlichen Gesundheits- und Heilberufen ihre Arbeit mit Krebspatienten, in unterschiedlichen Gesundheits-, Beratungs-, Begleit- und Betreuungseinrichtungen aus ganzheitlicher Sicht. Es geht dabei um Bewältigungsstrategien für Körper, Geist und Seele.

Durch ein Miteinander von Schul- und Komplementärmedizin entstehen neue Perspektiven für eine integrative Medizin, die das Beste aus beiden Welten zum Wohl des Kranken vereint. Dies fördert eine positive Mitarbeit, aktiviert die Selbstheilungskräfte und stärkt vor allem das Immunsystem als Wächter der Gesundheit.

Wer sich wohlüberlegt und selbstbestimmt für ein individuell passendes Maß an medizinischen Therapien entscheiden will, kann anhand dieses umfangreichen Informationspaketes gezielter Fragen stellen oder Antworten finden.

Umfassendes Wissen beruhigt alle Beteiligten, schafft Vertrauen und Zuversicht in die eigenen Ressourcen und Fähigkeiten und lässt mutig die Herausforderungen angehen, die zu bewältigen sind.

Im Anhang des Buches finden Sie eine Liste und Adressenliste für wichtige Kontakte im deutschsprachigen Raum.

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Christel Schoen (Hg.)

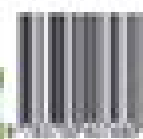
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