



# **CREATING A CHARACTER**



## **A Physical Approach to Acting**



**MONI YAKIM** with Muriel Broadman  
FOREWORD BY STELLA ADLER



# Creating A Character A Physical Approach To Acting

**Michael Richardson**



## **Creating A Character A Physical Approach To Acting:**

**Creating a Character** Moni Yakim, 1993 Actor and mime artist Moni Yakim reveals his time tested techniques and step by step exercises for physically evoking a character Beginning with a chapter on looking inward Yakim gives exercises on discovering aspects of one's own character Then he teaches the actor how to identify with qualities outside the self Finally he shows how to apply these techniques to 12 classical theatrical roles

**Movement for Actors (Second Edition)** Nicole Potter, Barbara Adrian, Mary Fleischer, 2017-01-03 In this updated rich resource for actors renowned movement teachers and directors reveal the physical skills needed for the stage and the screen Readers will gain remarkable insights into the physical skills and techniques used in a wide variety of performance styles through ready to use exercises and approaches Included in this new edition are chapters covering Stage combat Yoga for actors Martial arts Body mind centering Authentic movement Bartenieff fundamentals Grotowski based movement Those who want to pursue serious training will be able to consult the appendix for listings of the best teachers and schools in the country This inspiring collection is a must read for all actors directors and teachers of theater looking for stimulation and new approaches Allworth Press an imprint of Skyhorse Publishing publishes a broad range of books on the visual and performing arts with emphasis on the business of art Our titles cover subjects such as graphic design theater branding fine art photography interior design writing acting film how to start careers business and legal forms business practices and more While we don't aspire to publish a New York Times bestseller or a national bestseller we are deeply committed to quality books that help creative professionals succeed and thrive We often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers

**Movement** Robert Barton, Barbara Sellers-Young, 2017-09-19 Movement Onstage and Off is the complete guide for actors to the most effective techniques for developing a fully expressive body It is a comprehensive compilation of established fundamentals a handbook for movement centered personal growth and a guide to helping actors and teachers make informed decisions for advanced study This book includes fundamental healing conditioning processes essential techniques required for versatile performance specialized skills various training approaches and ways to frame the actor's movement training Using imitation exercises to sharpen awareness accessible language and adaptable material for solo and group work the authors aim to empower actors of all levels to unleash their extraordinary potential

**Slings and Arrows** Robert Lewis, 2000-02 Applause Books He's a marvelous storyteller gossipy candid without being cruel and very funny This vivid entertaining book is also one of the most penetrating works to be written about the theater Publishers Weekly

**The Independent Actor** Sally Ann Gritton, 2024-07-25 The Independent Actor presents a 21st century training route achievable by self curated learning for actors of all skill levels This book rejects a purist approach to actor training challenges traditional acting styles and disregards the embedded elitist notions of Western training methods at the top of the hierarchy Instead it takes a contemporary self focused approach to learning and applying acting skills Through doing so the book is the first to

validate a self curated approach to actor training Designed as a companion to practical experience and useful as a reference sourcebook it takes the position that each individual actor must find their own process Skills for theatre screen and voice recorded media are all embraced through practical tasks with signposts to essential reading and specific resources Designed equally for the untrained actor as a companion and an aide m moire for the professionally trained actor this book sheds light on the practical skills required and how to access practise and accomplish them *Youth Theatre* Michael

Richardson,2015-04-10 *Youth Theatre Drama for Life* defines the youth theatre process by outlining its constituent parts and explaining how these activities work in order to support young people s development As well as describing what is done in youth theatre it also explores why it s done and how to ensure the best possible outcomes The book is in four parts Part 1 explores the nature and purpose of youth theatre drawing on Michael Richardson s extensive personal experience as a practitioner and manager Part 2 explains in detail the youth theatre process warming up playing games voice work developing skills devising and the presentation of devised work Part 3 discusses how to create an appropriate environment within which the youth theatre process can be most effectively applied Part 4 covers the most common applications of the youth theatre process namely using it in different education environments and youth theatre productions and performance On top of this two appendices give a list of over 60 games that are useful to use in youth theatre and a list of recommended further reading that supports this book As well as giving key tips and advice from his own invaluable experience Richardson offers comments from practitioners and participants on what makes a successful youth theatre experience Michael

Richardson has worked in youth theatre for over 20 years has been involved in the training of other practitioners and in the strategic development of the youth theatre sector in the UK **The Game Is Afoot** Marvin Kaye,1995-02-15 A collection of parodies on the subject of Sherlock Holmes by a variety of writers Holmes fighting the Nazis solving the mystery of Little Red Riding Hood Holmes in Tibet in Oz one story even discusses his parentage [Bringing the Body to the Stage and Screen](#)

Annette Lust,2012 As stage and screen artists explore new means to enhance their craft a new wave of interest in expressive movement and physical improvisation has developed And in order to bring authenticity and believability to a character it has become increasingly vital for actors to be aware of movement and physical acting Stage and screen artists must now call upon physical presence movement on stage non verbal interactions and gestures to fully convey themselves In *Bringing the Body to the Stage and Screen* Annette Lust provides stage and screen artists with a program of physical and related expressive exercises that can empower their art with more creativity In this book Lust provides a general introduction to movement including definitions and differences between movement on the stage and screen how to conduct a class or learn on one s own and choosing a movement style Throughout the book and in the appendixes Lust incorporates learning programs that cover the use of basic physical and expressive exercises for the entire body In addition she provides original solo and group pantomimes improvisational exercises examples of plays fiction poetry and songs that may be interpreted with

movement a list of training centers in America and Europe and an extensive bibliography and videography With 15 interviews and essays by prominent stage and screen actors mimes clowns dancers and puppeteers who describe the importance of movement in their art and illustrated with dozens of photos of renowned world companies and artists *Bringing the Body to the Stage and Screen* will be a valuable resource for theater teachers and students as well as anyone engaged in the performing arts

Theater For Wellness Ana Valdes-Lim, 2017-10-12 Theater for Wellness explores creative techniques for energies to overflow in varied forms and expressions in an atmosphere that enhances learning imagining and dreaming The values of self discipline and teamwork are important for participants to grow and excel Crafted to address different age levels there is space for balance between ability and challenge Ana Valdes Lim an educator at heart makes theater a life experience fun and transformative Enjoy going toward wellness and wholeness as you prepare your own surprise filled productions in simple yet profound ways Sr Anna Carmela Pesongco R A Ed D President Assumption College

**Making a Scene** Bill Gelber, 2024-11-07 Based on the author's decades of teaching pedagogical and theatrical research and his professional experience as actor and director *Making a Scene* Creating a Scene Study Class for Actors offers a pedagogical approach to rehearsal scenes as a primary tool for diagnosis and actor improvement This volume carefully lays out the case for thinking deeply and critically about the nature of every facet of an acting class the environment of the classroom the choice of material for performing diagnostic tools for responding to scene sessions and means for engaging all students This study includes suggestions for a teacher's philosophy towards the work a justification for implementing games improvisations and etudes suggestions for resources for exercises both basic and complex and a brief discussion on approaches to period styles material and connecting it to contemporary student life and issues Addressed to both the beginning theatre teacher and the seasoned educator this will be an essential book for anyone seeking to update their work with performers in private studios high school settings or in higher education

*American Theatre*, 2005

**Plays International**, 1994

*Creating Ethnodrama* Joe Salvatore, 2025-07-22 Filled with sample research questions interview protocols script excerpts and staging tips this book explains the whats whys and how tos of using ethnodrama as a qualitative arts based research methodology Joe Salvatore draws on decades of experience as an ethnodramatist and educator to present his unique ethically grounded step by step approach Readers learn how to balance artistry and research as they identify a topic and research question recruit participants and conduct interviews code and analyze interview data arrange findings into a script stage a performance and invite an audience to view and interpret the play Ways to assess an ethnodrama's effectiveness and impact are also addressed Instructive features include end of chapter learning activities bolded key terms and an end of book glossary and suggested studies plays and performance pieces for further engagement

Introduction to Jonathan Majors Gilad James, PhD, Jonathan Majors is an American actor who has made a name for himself in recent years for his versatile performances on both stage and screen Born and raised in Texas Majors began his career in the theater before transitioning to film and

television Some of his most notable roles include his portrayal of Atticus Freeman in the HBO series *Lovecraft Country* which earned him critical acclaim and a nomination for a Critics Choice Television Award and his supporting role in the Spike Lee film *Da 5 Bloods* which premiered on Netflix in 2020 Majors is also set to have a major role in the Marvel Cinematic Universe appearing as Kang the Conqueror in the upcoming film *Ant Man and the Wasp Quantumania* Aside from his acting work Majors is also an accomplished musician and writer He studied music and composition at the University of North Carolina School of the Arts before pursuing acting full time He has also written and performed in several of his own plays including *The Last Black Man in San Francisco* which was adapted into a feature film in 2019 Majors has cited his upbringing in rural Texas and his experiences as a Black man in America as major influences on his work and his artistic vision and he has expressed a desire to use his platform as an actor to tell stories that highlight the experiences and struggles of marginalized communities

**The Essential Theatre** Oscar Gross Brockett, Robert J. Ball, 2004

**Virtual Character Design for Games and Interactive Media** Robin James Stuart Sloan, 2015-05-07 While the earliest character representations in video games were rudimentary in terms of their presentation and performance the virtual characters that appear in games today can be extremely complex and lifelike These are characters that have the potential to make a powerful and emotional connection with gamers As virtual characters become more

*Actors' and Performers' Yearbook 2021*, 2020-10-29 This well established and respected directory supports actors in their training and search for work on stage screen and radio It is the only directory to provide detailed information for each listing and specific advice on how to approach companies and individuals saving hours of further research From agents and casting directors to producing theatres showreel companies photographers and much more this essential reference book editorially selects only the most relevant and reputable contacts for the actor With several new articles and commentaries *Actors and Performers Yearbook 2021* features aspects of the profession not previously covered as well as continuing to provide valuable insight into auditions interviews and securing work alongside a casting calendar and financial issues This is a valuable professional tool in an industry where contacts and networking are key to career survival All listings have been updated alongside fresh advice from industry experts

Style: An Approach to Appreciating Theatre E. Bert Wallace, 2022-06-29 Style An Approach to Appreciating Theatre offers brief readable chapters about the basics of theatre as a starting point for discussion and provides new adaptations of classic plays that are both accessible to students learning about theatre and fit for production In this text style is the word used to describe the various ways in which theatre is done in real space and time by humans in the physical presence of other humans The book uses style the liveness of theatre that makes it distinct from literature or history as a lens to see how playwrights directors designers and actors bring scripts to life on stage Rather than focusing on theatre history or literary script analysis it emphasizes actual theatrical production through examples and explores playscripts illustrating four theatrical styles Realism Theatricalism Expressionism and Classicism Susan Glaspell's *Realistic play Trifles* is presented as

written while *The Insect Play* by the Brothers apek *The Hairy Ape* by Eugene O'Neill and *Antigone* by Sophocles are original full length adaptations. *Style: An Approach to Appreciating Theatre* is the perfect resource for students of Theatre Appreciation, Introduction to Theatre, Theatrical Design and Stagecraft courses. **Actors and Performers Yearbook 2016** Lloyd Trott, 2015-12-03. *Actors and Performers Yearbook* is an established and respected directory that enables actors to find work in stage, screen and radio. It is the only directory to provide detailed information for each listing and specific advice on how to approach companies and individuals, saving hours of further research. From agents and casting directors to producing theatres, showreel companies and photographers, *Actors and Performers Yearbook* editorially selects only the most relevant and reputable contacts for the actor. *Actors and Performers Yearbook* features articles and commentaries providing valuable insight into the profession, auditions, interviews and securing work, alongside a casting calendar and advice on contracts and finance. This is an incredibly useful professional tool in an industry where contacts and networking are key to career survival. The listings detailed in this edition have been thoroughly updated alongside fresh advice from industry experts. Mask Improvisation for Actor Training & Performance Sears A. Eldredge, 1996. Because mask improvisation work is relatively new in American theater training, this book is designed not only to acquaint readers with the theory of mask improvisation but to instruct them in the techniques of method as well. Featuring dozens of improvisational exercises in the innovative spirit of Viola Spolin and supplemented with practical appendices on mask design and construction, forms and checklists and other classroom materials, this book is an invaluable tool for teacher and student alike as well as compelling reading for anyone interested in acquiring a deeper understanding of masks as agents of transformation, creativity and performance.

## Whispering the Strategies of Language: An Psychological Quest through **Creating A Character A Physical Approach To Acting**

In a digitally-driven earth wherever displays reign supreme and immediate connection drowns out the subtleties of language, the profound techniques and psychological nuances concealed within words usually get unheard. However, nestled within the pages of **Creating A Character A Physical Approach To Acting** a charming literary prize sporting with raw feelings, lies an exceptional quest waiting to be undertaken. Composed by an experienced wordsmith, that marvelous opus encourages viewers on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the very fabric of each and every word. Within the emotional depths with this touching evaluation, we will embark upon a heartfelt exploration of the book is key styles, dissect its charming publishing fashion, and yield to the strong resonance it evokes strong within the recesses of readers hearts.

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### **Creating A Character A Physical Approach To Acting Introduction**

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