



Republic of the Philippines
BULACAN STATE UNIVERSITY
TEACHER EDUCATION DEPARTMENT
Hagonoy Campus
Iba-Canillo, Hagonoy, Bulacan
A.Y 2022-2023



Detailed Lesson Plan in Physical Education

I. Objectives

At the end of this lesson, the students are expected to:

- Define *Laro ng Lahi*
- Determine the physical games in *Laro ng Lahi*
- Demonstrate the physical games in *Laro ng Lahi*

II. Subject Matter

Topic: *Laro ng Lahi* (Physical Games)

References:

Material: Laptop, chalk or paint, scoreboard, whistle, stop watch, slippers

III. Procedure

Teacher's Activity	Pupils Activity
A. Daily Routine 1. Prayer (The teacher will call the leader for the prayer.) 2. Greetings Good morning everyone! How are you today?	" Let us pray in the name of the Father, and of the Son, and of the Holy Spirit, Amen " "Good morning ma'am!" "We're good ma'am, Thank you"

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