

6. **Analyze:** What kind of food is sample A most likely to be? (**Highlight** the food type) 

Apple juice	Baked beans	Oatmeal	Scrambled eggs
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**Activity B:**

Nutrients and food types

Get the Gizmo ready:

- Click **Reset**.



**Question:** What nutrients does each food sample contain?

1. **Collect data:** Use the four available tests to find the nutritional content of samples E, G, and M. (Sample A has been done for you as an example.) Record results on the table below.

Food sample	Carbohydrate Tests		Protein Test	Lipids Test	Test results – are these nutrients present?			
	Benedict test	Lugol test	Biuret test	Sudan Red test	Mono-saccharides	Starches	Proteins	Lipids
A	+	–	–	–	Yes	No	No	No
E	-	-	+	+	no	no	yes	yes
G	-	-	-	-	no	no	no	no
M	-	+	-	-	no	yes	no	no

2. **Analyze:** Look at the results for samples A, E, G, and M.

- A. Is sample E most likely to be steak, bread, or butter? Justify your answer.

Steak, as it contains both proteins and fats.

- B. Is sample G most likely to be table sugar, pasta, or olive oil? Justify your answer.

Since we did not test for disaccharides and they do not display the test findings for proteins, carbs, or lipids, Sample G would be table sugar.

- C. Is sample M most likely to be chicken, rice, a mango, or butter? Justify your answer.

Because rice is a starch and food sample M passed the Lugol test, rice is a good choice.

# Gizmo Answers Identifying Nutrients

**Julia Schneider**



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