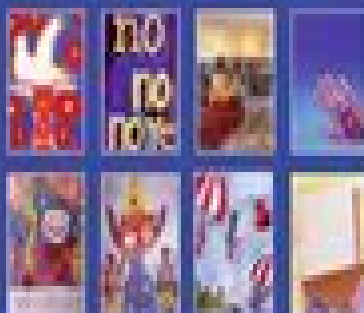


DIGGING DEEP

A Journal for Young People
Facing Health Challenges



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Digging Deep A Journal For Young People Facing Health Challenges

Julie Lowe



Digging Deep A Journal For Young People Facing Health Challenges:

Digging Deep Rose Offner, Sheri Brisson, 2014 Winner Pinnacle Book Achievement Award Winner 2014 Moonbeam Gold Medal Spirit Award A Resonance House Gold Medal in the Mom's Choice Award Finalist 2014 Eric Hoffer Book Award When a child is seriously or chronically ill parents friends and other supportive loved ones want to help This beautiful guided journal for kids and teens with health challenges offers young people the empowerment they need to take an active role in their emotional health by working through dozens of relevant and meaningful exercises The colorful art and progression of target questions through sections such as Exploring My Life Love and Gratitude and Your Journey and Heart's Desires will inspire kids to explore their deepest feelings challenges hopes and dreams By discovering their own inner strengths and learning to communicate better with everyone around them kids will regain the self confidence and control they need to heal Digging Deep is proud to be a Happy Chemo approved product Since 2007 Happy Chemo has been working to ease the burden cancer chemotherapy brings by building a strong network of freebies discounts and resources provided by qualified businesses and organizations for those affected by cancer SOARING into Strength Lisa Honig Buksbaum, 2022-08-29

Since she was a child Lisa wanted to help Whether it was rescuing a blind duck at a park or defending her younger brother against bullying when he experienced severe asthma attacks Lisa always found herself in the role of a helper during times of crisis As an adult a phone call at four o'clock in the morning launched a trifecta of trauma that changed Lisa's life forever Three experiences with death and illness occurred in her family in just 10 months Her beloved brother died suddenly of an asthma induced heart attack her father was battling lymphoma and her son became catastrophically ill When her family's world imploded Lisa felt as if she had become irrevocably damaged Instead she discovered her calling during a sunrise walk along the beach at the height of her son's illness Lisa heard the word Soaringwords and suddenly knew why she was born She channeled her passion and resilience into a global movement that would inspire millions of people to never give up Her lifetime of experiences helping others through trauma grief illness and setbacks combined with her own personal experiences led her to found Soaringwords a not for profit organization with the mission of inspiring children families adults seniors and health care professionals to take active roles in self healing to experience greater physical emotional and mental well being Today Lisa is an internationally recognized Positive Psychology thought leader Wherever you are within your journey this debut memoir provides illumination and inspiration as you seek to become the best version of yourself even in the face of overwhelming obstacles Advanced Practice Palliative Nursing Constance Dahlin, Patrick J. Coyne, Betty R.

Ferrell, 2016-02-25 Advanced Practice Palliative Nursing is the first text devoted to advanced practice nursing care of the seriously ill and dying This comprehensive work addresses all aspects of palliative care including physical psychological social and spiritual needs Chapters include symptoms common in serious illness pediatric palliative care spiritual and existential issues issues around the role and function of the advanced practice nurse APN reimbursement and nursing

leadership on palliative care teams Each chapter contains case examples and a strong evidence base to support the highest quality of care The text is written by leaders in the field and includes authors who have pioneered the role of the advanced practice nurse in palliative care This volume offers advanced practice content and practical resources for clinical practice across all settings of care and encompassing all ages from pediatrics to geriatrics **Diary Method** Ruth Bartlett,Christine Milligan,2020-12-10 First published Open Access under a Creative Commons license as What is Diary Method this title is now also available as part of the Bloomsbury Research Methods series This book provides an up to date concise and engaging introduction to solicited diary method aimed at researchers and students who want to employ this methodology in their projects Its primary focus is on the use of solicited diary method in the context of social and health related research but it also offers useful guidance on the everyday practice of diary keeping The authors draw on published research that makes use of this method including their own independent studies involving older adults and family carers The book opens with an overview of the development of diary techniques and a discussion of the value of the method and provides an overview of the different ways of collecting and using diary data and techniques for analysing it Key ethical issues are sensitively discussed The book engages with new and novel developments in solicited diary method by engaging with the use of technology including discussion of how digital devices email exchanges social media such as Facebook weblogs and micro blogging such as Twitter have the potential to change the meaning and nature of diary keeping The book includes a variety of visuals to enhance understanding including a tabulated summary of the main strengths and limitations of using diary method and strategies for mitigating limitations Memphis and Mid-South Medical Journal ,1962 The Analysts Journal ,1954

What is Diary Method? Ruth Bartlett,Christine Milligan,2015-11-19 This book is available as open access through the Bloomsbury Open Access programme and is available on www.bloomsburycollections.com This book provides an up to date concise and engaging introduction to solicited diary method aimed at researchers and students who want to employ this methodology in their projects Its primary focus is on the use of solicited diary method in the context of social and health related research but it also offers useful guidance on the everyday practice of diary keeping The authors draw on published research that makes use of this method including their own independent studies involving older adults and family carers The book opens with an overview of the development of diary techniques and a discussion of the value of the method and provides an overview of the different ways of collecting and using diary data and techniques for analysing it Key ethical issues are sensitively discussed The book engages with new and novel developments in solicited diary method by engaging with the use of technology including discussion of how digital devices email exchanges social media such as Facebook weblogs and micro blogging such as Twitter have the potential to change the meaning and nature of diary keeping The book includes a variety of visuals to enhance understanding including a tabulated summary of the main strengths and limitations of using diary method and strategies for mitigating limitations **NEA Journal** National Education Association of the United States,1954

ThirdWay, 1993-04 Monthly current affairs magazine from a Christian perspective with a focus on politics society economics and culture **C D A Journal** California Dental Association, 2002 *Alabama School Journal*, 1942 Journal, Royal Architectural Institute of Canada, 1944 *The Ladies' Home Journal* Edward William Bok, 1914 *Political Science Abstracts*, 2013-03-07 The 1996 Supplement of Political Science Abstracts contains 10 000 carefully prepared abstracts of materials from public affairs magazines major newspapers professional journals and books devoted to politics and political analysis The organization of the proceeding volumes has been retained intact as has the recently added list of subdisciplinary descriptors Users of earlier volumes will be on familiar ground while those new to Political Science Abstracts will find the instructions on page ix easy to master CONTENTS Volume 1 This Volume How to Use This Supplement ix Political Science Subdisciplinary Descriptors xi Index of Terms xiii Abstracts of Documents in This Supplement Volume 2 Bibliographic Index to the Abstracts ABILITY MINNESOTA 821 Volume 3 Bibliographic Index to the Abstracts MINORITY ZULU 1565 Author Index 2119 List of Periodicals Abstracted in This Supplement 2121 HOW TO USE THIS SUPPLEMENT Three simple steps are all that are needed to introduce the user to this easily accessible indexing system STEP 1 Turn to the Index of Terms and locate as many terms as possible that deal with your subject If you are interested in coverage of a more generic nature you may instead turn to the next page where key descriptors are listed that are associated with the major subject areas in political science and with their subdivisions Note that the index includes methodological as well as topical terms Numerical listings e g 24TH PAR C are located at the end of the alphabetical listing Congressional Record United States. Congress, 1979 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873 Monthly Journal of Insurance Economics, 1927 *Current Law Index*, 2005 **Journal of the California Dental Association**, 2002 Safeguards Julie Lowe, 2022-10-03 Because children are vulnerable they need to be protected After more than two decades as a family counselor Julie Lowe has seen how important it is to help parents and caregivers think wisely and biblically about the dangers children face Instead of living in fear or denial parents can model living by faith in a world where evil exists **Farmer's Advocate and Home Journal**, 1910

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