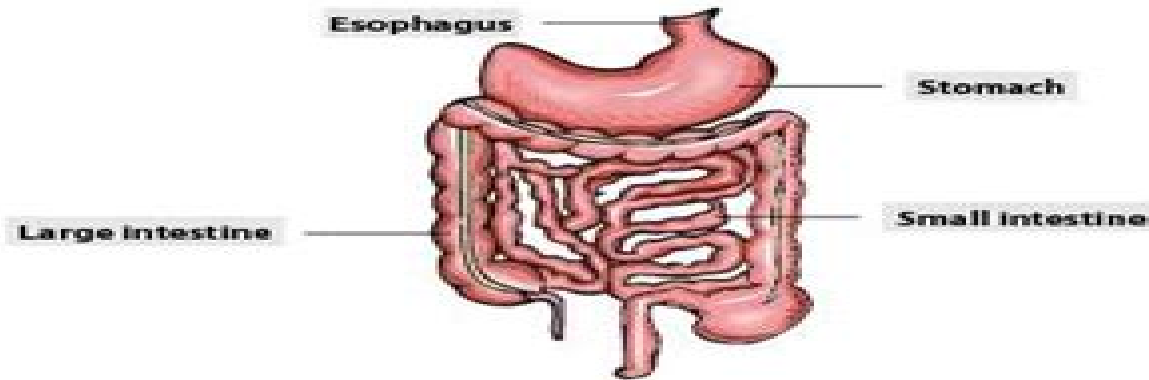


# Digestive System



Your digestive system starts as soon as you put food into your mouth. Saliva starts to soften the food and break it down ready to swallow.

Your food starts its journey by being swallowed. It then enters the esophagus which is about 25 centimeters long on its way to your stomach. This process takes about 3 seconds.

Your stomach is attached to the end of your esophagus and is a stretchy sack. Your stomach mixes all the food you have eaten together using the strong muscles of the stomach. Your stomach produces gastric juices that break the food down further and help to kill any bacteria you may have eaten. Your food then enters the small intestines. Your small intestine is another amazing part of your body. In an adult it is about 22 feet long and is situated beneath your stomach.

The small intestine breaks down your food even more so that your body can absorb the vitamins, fats, carbohydrates, proteins and minerals from the food you have eaten. The food you have eaten can spend up to 4 hours in the small intestine. After your body has absorbed all the nutrients from your food and all that is left is waste, it moves on to the large intestine.

The large intestine is fatter than the small intestine and about 5 feet long. Once the nutrients are removed from the food, your body is left with stuff it can't use. This waste has to be got rid of and leaves the large intestine when you go to the toilet.

To keep your digestive system working efficiently it is good to eat lots of fiber such as fruits, vegetables and whole grains. You should also drink plenty of water.

# Digestive System Case Studies With Answers

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web directed by ellen s pressman writing credits cast in credits order complete awaiting verification produced by music by christophe beck score by cinematography by michael gershman director of photography editing by regis kimble as regis b kimble casting by marcia shulman production design by carey meyer art direction by

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web plot to prepare for sunnydale high s cultural exchange program buffy visits an incan exhibit with her schoolmates she is paired with an exchange student with whom her mom signed her up xander becomes jealous when he learns that she will room with a guy

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web back at buffy s ampata s trunk has arrived from the bus depot and as buffy starts to open it the fake ampata tells her not to bother she distracts buffy by talking more about the inca mummy s ceremonial seal the camera briefly shows that inside the trunk is the mummified corpse of the real ampata

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