

The Adopted Child Grows Up



COMING  
HOME  
TO SELF

*Nancy Newton Verrier*

*Author of *The Primal Wound:  
Understanding the Adopted Child**

# Coming Home To Self The Adopted Child Grows Up

**Claire Hitchon**



## **Coming Home To Self The Adopted Child Grows Up:**

**Coming Home to Self** Nancy Newton Verrier, 2003 This book explains the role of separation trauma in the life of adoptees and birth mothers and how that trauma affects the neurological system It demonstrates how the inner fearful child may be running the lives of adoptees It shows how the meaning we give to events determines our beliefs and how those beliefs control our feelings attitudes and behavior It gives guidelines for discovering the authentic self and for becoming accountable for our impact on others

**The Girl Behind the Door** John Brooks, 2017-02-07 An award winning candid and compelling story of an adoptive father's search for the truth about his teenage daughter's suicide Rarely have the subjects of suicide adoption adolescence and parenting been explored so openly and honestly John Bateson Former Executive Director Contra Costa Crisis Center and author of *The Final Leap Suicide on the Golden Gate Bridge* Early one Tuesday morning John Brooks went to his teenage daughter's room to make sure she was getting up for school and found her room dark and neater than usual Casey was gone but he found a note The car is parked at the Golden Gate Bridge I'm sorry Several hours later a security video was found that showed Casey stepping off the bridge Brooks spent months after Casey's suicide trying to understand what led his seventeen year old daughter to take her life He examines Casey's journey from her abandonment at birth in Poland to the orphanage where she lived for the first fourteen months of her life to her adoption and life with John and his wife Erika in Northern California He reads He talks to Casey's friends teachers doctors therapists and other parents He consults adoption experts researchers clinicians attachment therapists and social workers In *The Girl Behind the Door* Brooks shares what he learned and asks What did everyone miss What could have been done differently He'd come to realize that Casey might have been helped if someone had recognized that she'd likely suffered an attachment disorder from her infancy an affliction common among children who've been orphaned neglected and abused This emotional deprivation in early childhood from the lack of a secure attachment to a primary caregiver can lead to a wide range of serious behavioral issues later in life John's hope is that Casey's story and what he discovered since her death will help others This important book is a wakeup call that parents mental health professionals and teens should read

**The Cruellest Con** Kelly Kiser-Mostrom, 2005-04 *The Cruellest Con* is a unique book in many ways it is deeply personal emotionally powerful and contains important lessons for everyone in the adoption community We all should read it and learn from it so that adoption can truly be the rewarding ethical process that it should be Adam Pertman author of *Adoption Nation* and executive director of the Evan B Donaldson Adoption Institute For nearly three years author Kelly Kiser Mostrom endured the nightmare of an adoption scam Through her heart wrenching personal journey in *The Cruellest Con* Kiser Mostrom focuses on the changing and often frightening world of adoption She exposes the treachery behind adoption facilitator Sonya Furlow who exploited and defrauded forty four adoptive parents of over 215 000 shattering their most basic dream in life to have a family Kiser Mostrom points out the chilling truth about adoption laws in the United States Facilitators are unregulated and laws vary

from state to state leaving the adoption world wide open for many kinds of criminal activities and baby buying Through Kiser Mostrom s personal testament you ll be able to form a foundation for a positive adoption journey Kiser Mostrom focuses on these key points Detect red flags when dealing with an intermediary Learn how to cope with grief as a victim of adoption fraud Learn how and when to report suspected fraud Follow guidelines to obtain an adoption professional Find adoption resources Gain a new perspective on the positives and negatives of adoption Don t let fraud and deception destroy your adoption dreams Let The Cruellest Con guide you through the adoption process

**The Wall of Secrets** Claire Hitchon,2015-01-26 Do you feel you belong that you fit in in this world Have you experienced abuse adoption loss and grief The Wall of Secrets was how I survived those feelings of not belonging not fitting in not being wanted or loved Each drawer holds one of my traumas one of my secrets Not only do adoptees struggle with these feelings but perhaps everyday people like you do as well My first memoir Finding Heart Horse led me to a place where I was able to open my Wall of Secrets one drawer at a time and heal the many traumas I go from being the street kid in Finding Heart Horse to a nurse and mother experiencing a near death experience uncovering demons from my past and after thirty five years of searching finding my biological family The journey is not without many twists and turns as painful discoveries are made and truths revealed The Wall of Secrets proves that people can change that our thoughts do affect our daily lives and the direction we take That inside deep inside your heart and soul you can find the diamonds of your authentic self We all want to belong to be loved to trust and be our true selves Inside these pages you will find inspiration to push through your fears to get to the other side where peace lies waiting There is always hope and healing If you dig deep enough you too will find your diamonds and discover they were there all along just waiting A portion of the proceeds from this book will go to Covenant House Vancouver British Columbia Canada

**Hole in My Heart** Lorraine Dusky,2023-03-16 In the days before Roe v Wade an ambitious young journalist abandoned by her beau leaves Michigan for a dream job on the city desk of a Rochester NY newspaper Burned once she s eager for love but as the only Girl in the newsroom she s more concerned about finding allies and making friends When a new leading man appears she recognizes a kindred spirit Soon her bylined stories claim front page space However when she becomes pregnant she must switch her attention from deadlines to decisions With adoption on the horizon she pushes her man to make a commitment Sadly he wants her but not their daughter Will Dusky ever find the little girl she longed to raise and if she does what will be the fallout from their years apart In Hole in My Heart the author uses her skills as a journalist to report on the social history and long term consequences of family separation If you like true stories with strong women narrators you ll love Lorraine Dusky s timely and heart rending memoir about motherhood identity and love Written by a leader in the movement to reform adoption practices and the first to come out of the era s closet of shame With footnotes bibliography and index

**Following the Water** Kylie Carman-Brown,2019-10-18 Water reflects culture This book is a detailed analysis of hydrological change in Australia s largest inland waterway in Australia the Gippsland Lakes in

Victoria in the first 70 years of white settlement Following air water is our primal need Unlike many histories this book looks at the entire hydrological cycle in one place rather than focusing on one bit Deftly weaving threads from history hydrology and psychology into one Following the Water explores not just what settlers did to the waterscape but probes their motivation for doing so By combining unlikely elements together such as swamp drainage water proofing techniques and temperance lobbying the book reveals a web of perceptions about how water should be With this laid clear we can ask how different we are from our colonial forebears

Adoption Unfiltered Sara Easterly, Kelsey Vander Vliet Ranyard, Lori Holden, 2023-12-01 Reveals the candid thoughts and feelings of those most directly involved in adoptions adoptees adoptive parents and birth parents Adoption Unfiltered authors Sara Easterly adoptee Kelsey Vander Vliet Ranyard birth parent and Lori Holden adoptive parent interview dozens of adoptees birth parents adoptive parents social workers therapists and other allies all sharing candidly about the challenges in adoption While finding common ground in the sometimes contentious space of adoption may seem like a lofty goal it reveals the authors optimistic aim working together with truth and transparency to move toward healing Healing isn't possible though without first uncovering the hurts starting with adoption's central players adoptees who are so often in pain suffering from what the latest brain science validates as the long term emotional effects of separation trauma By encouraging others to vulnerably share their stories the authors discover that adoptees aren't the only ones in the adoption constellation who are hurting Birth parents regularly shut down after being shut out by adoptive parents Adoptive parents often struggle with unique parenting challenges and hidden insecurity feeling the need to hide the fact that they are not the Super Parents they led the agency to believe they would be Across the industry as a whole misinformed and even unethical practices abound Adoption Unfiltered models the importance of adults in adoption working together in the spirit of curiosity and empathy to better support adoptees and their first and adoptive families

*Parenting Adopted Adolescents* Gregory Keck, 2014-02-27 In his newest release Dr Gregory C Keck offers new insights and parenting strategies relative to adolescents especially adopted adolescents Parents will find humor and relief as they realize their role in their child's journey in the adoption process

Adopted Women and Biological Fathers Elizabeth Hughes, 2017-03-01 Adopted Women and Biological Fathers offers a critical and deconstructive challenge to the dominant notions of adoptive identity The author explores adoptive women's experiences of meeting their biological fathers and reflects on personal narratives to give an authoritative overview of both the field of adoption and the specific history of adoption reunion This book takes as its focus the narratives of 14 adopted women as well as the partly fictionalised story of the author and examines their experiences of birth father reunion in an attempt to dissect the ways in which we understand adoptive female subjectivity through a psychosocial lens Opening a space for thinking about the role of the discursively neglected biological father this book exposes the enigmatic dimensions of this figure and how telling the relational story of reconciliation might be used to complicate wider categories of subjective completeness belonging and truth This book attempts to subvert the culturally

normative unifying system of the mother child bond and prompts the reader to think about what the biological father might represent and how his role in relation to adoptive female subjects may be understood This book will be essential reading for those in critical psychology gender studies narrative work sociology and psychosocial studies as well as appealing to anyone interested in adoption issues and female subjectivity

**The Search** Titia Ellis PhD,2010-11-15 A compelling story of an adopted woman s search for her truth and a mother lost found and lost again The Search is a poignant memoir of the reality of an adoptee s life I couldn t put it down JOE SOLL LCSW PSYCHOTHERAPIST AUTHOR OF ADOPTION HEALING A PATH TO RECOVERY \_ Titia Ellis remembers the exact moment her life changed forever Her mother still in her dressing gown sat in the chair opposite five year old Titia and her older sister twisting a handkerchief between her hands while her father paced the floor behind her Titia s stomach rolled over as her mother announced Daddy and I want to tell you something important about when you were born As soon as she learns the story of her birth parents untimely deaths and her subsequent adoption Titia realizes that her adoption is to be kept a secret never to be discussed again out of fear of upsetting her mother Wanting to be loved and to fit in she obeys her parents wishes until a mid life crisis shatters her illusion of being the perfect daughter wife and mother As Titia chronicles her poignant journey to find her birth mother she details how she jeopardizes her relationship with her adoptive parents and threatens the privacy of unsuspecting strangers all without any guarantee of a happy outcome When Titia embarks on her quest to find her birth family she immerses herself deep into her past not knowing that what she discovers in the end will transform her entire life

Adopted Brigitta Baker,Jo Willis,2022-08-11 To not know your family story is a huge loss of your sense of self It has the potential to undermine your well being and your relationships across a lifetime Adopted is the powerful and honest account of two of the thousands of children affected by closed adoption in New Zealand from 1950 to the mid 1970s Jo Willis and Brigitta Baker both sought and found their respective birth parents at different stages of their lives and have become advocates for other adopted New Zealanders They share the complexity of that journey the emotional challenges they faced and the ongoing impacts of their adoptions with candor and courage Closed adoption also exacts a physical and emotional toll on birth parents partners and children Their stories are also told in this compelling book

Brothers and Sisters in Adoption Arleta James,2012-02-15 What about the kids already there How do they do when a child with a challenging past joins a family by adoption When experienced parents decide to adopt an older child or a sibling group they jump through all kinds of bureaucratic hoops background checks interviews group meetings reading assignments classes etc But most often the typically developing children these adults are already parenting whether through birth or adoption are left out of the process informed that a new kid is coming and simply expected to adjust to the addition of another sibling The addition of a child with a history of neglect or trauma cannot be a seamless transition The expectations of everyone involved parents new siblings and yes professionals facilitating the adoption must be realistic taking into account that the new child will need special attention that may take away time and attention from the already resident

kids that family life is likely to be turned topsy turvy until appropriate counseling and support are in place that relationships will change Therapist Arleta James is certainly not the first person to recognize this but she is the first to do something about it Brothers and Sisters in Adoption offers insights and examples and sturdy practical proven tools for helping newly configured families prepare accept react and mobilize to become a new and different family meeting the practical physical and emotional needs of all its members These well prepared and supported families are the ones who thrive *Finding Loretta* Diane Wheaton,2025-03-04 For fans of Dani Shapiro s *Inheritance* and Nicole Chung s *All You Can Ever Know* a debut memoir from a mid life adoptee who just as she s meeting biological family for the first time unearths a secret kept from her for years by her adoptive parents Adopted as an infant by a naval officer and his wife during the Baby Scoop Era Diane Wheaton has always heard conflicting versions of the truth of her origins but it s not until she is forty seven years old that she begins to search for her biological family in earnest Amid search and reunion however Diane s adoptive parents become ill and while overseeing their care she is told about a secret they have kept from her for over fifteen years This shocking disclosure complicates her already complicated feelings for them and she finds herself faced with an important decision one that feels almost impossible to make but which results in a level of healing she never could have anticipated A touching memoir of self discovery *Finding Loretta* is Diane s tale of searching for history roots and family Ultimately she comes to accept the two distinct dynamics of the families who have helped make her who she is today and in doing so she learns to embrace herself and feel grateful for everything she has experienced even loss **Shadows in Paradise** Carolann Dowding,2013 An insightful account of a woman s perseverance through adoption secrecy and red tape *Shadows in Paradise* traces Carolann Dowding s search for her biological family Despite a wholesome upbringing by her adoptive family in a beautiful Queensland Australia Carolann is compelled to reconcile the silences of her past As an adult she reconnects with her birth mother and describes the unpredictable awkward struggles of their relationship until later in life a truce is drawn between them Through her own determination and with a boost from a private investigator Carolann courageously pursues a trail of clues leading to her mysterious birth father changing her life forever Illuminated by compassion tragedy and gratitude which span the generations *Shadows in Paradise* reveals the breadth of our need for truth and connection [A Law of Blood-ties - The 'Right' to Access Genetic Ancestry](#) Alice Diver,2013-08-28 This text collates and examines the jurisprudence that currently exists in respect of blood tied genetic connection arguing that the right to identity often rests upon the ability to identify biological ancestors which in turn requires an absence of adult centric veto norms It looks firstly to the nature and purpose of the blood tie as a unique item of birthright heritage whose socio cultural value perhaps lies mainly in preventing or perhaps engendering a feared or revered sense of otherness It then traces the evolution of the various policies on telling and accessing truth tying these to the diverse body of psychological theories on the need for unbroken attachments and the harms of being origin deprived The law of the blood tie comprises of several overlapping and

sometimes conflicting strands the international law provisions and UNCRC Country Reports on the child's right to identity recent Strasbourg case law and domestic case law from a number of jurisdictions on issues such as legal parentage vetoes on post adoption contact court delegated decision making overturned placements and the best interests of the relinquished child The text also suggests a means of preventing the discriminatory effects of denied ancestry calling upon domestic jurists legislators policy makers and parents to be mindful of the long term effects of genetic kinlessness upon origin deprived persons especially where they have been tasked with protecting this vulnerable section of the population

**The Ethics of Homelessness: Philosophical Perspectives**, 2020-01-20 This new and expanded edition of G John M Abbarno's anthology The Ethics of Homelessness underscores what is ignored in plain sight people without a home or dwelling are also without privacy and dignity It is argued that they lack moral standing The chapters uncover the harsh realities of poverty where economic value overrides competing human values Naomi Zack argues that homelessness is symbolic of society's materialistic values It has a tendency to resist sufficient charity and perpetuates conditions of injustice Uma Narayan questions whether the homeless have protection under the U S Constitution Other authors present an enlarged sphere of homeless to include runaway children refugees adoptees and the disabled The book demonstrates the value of applied philosophy

**Finding Heart Horse** Claire Hitchon, 2013-12 Have you ever wanted something so badly it was all you could think of All you could talk about write about dream about Claire did She wanted a horse Finding Heart Horse is her journey and her search for her Heart Horse It takes her from being the girl most likely to succeed to a life on the streets of Yorkville in the late sixties As an adopted child she had no identity no history and no place where she fit Her years on the streets lead her into many dark places where she began to add more secrets and traumas to her already large collection in the wall of secrets Life changed quickly in those days from peace and love to war and violence She went along for the ride not knowing where it would lead just knowing that she had to find Heart Horse If you know anyone who may be struggling perhaps even yourself Finding Heart Horse can give you hope where you thought there was none We all have different journeys but the essence is the same We all want to be loved to belong and to be happy Everyone at some point has yearned for something so powerful that like a magnet it pulls you into the unknown Even if you weren't really sure what it was for you knew you had to pursue it Life lessons are learned spirituality discovered The reality of opposites is proven With pain comes pleasure with despair comes hope with sadness comes joy and perhaps along the way even your Heart Horse may be found

**Living and Loving in Diversity** Maria Pallotta-Chiarolli, 2018-09-24 Sad and funny sexy and sensitive angry and insightful the deeply personal stories in this book reflect a rainbow of experiences and emotions as diverse as the storytellers themselves Join chief editor Maria Pallotta Chiarolli and the Australian LGBTIQ Multicultural Council for a journey of discovery through queer multicultural multifaith Australia with more than sixty voices from across the spectrum of sexualities and genders families and relationships Annette Xiberras lesbian Wurundjeri Elder with a Maltese father provides a Welcome to Book and

insights into her Indigenous migrant family Filmmakers Tony Ayres and Franco Di Chiera share their experiences telling stories from minority cultures on Australian screens while Benjamin Law talks queer Asian Australian identity and making *The Family Law* for SBS Broadcaster Faustina Agolley talks about being out as a woman of colour and Anton Enus tells us about coming out as a coloured gay man in South Africa Entertainer Paul Capsis reflects on doing Cabaret in the age of Trump while Asiel Adan talks about non binary gender across the US border in Mexico Meanwhile Christos Tsiolkas imagines Ari the protagonist of his iconic novel *Loaded* now middle aged during a weekend of mass violence in distant Paris while Patrick Abboud travels the world so he can come home Alyena Mohummadally searches for reconciliation between her queer and Muslim identities and Tony Briffa shares a personal story of growing up with intersex variations and the rigidity of Western medicine Contributors are Patrick Abboud Doron Abramovici Asiel Adan Faustina Agolley Mama Alto Elvira Andreoli Gavriel Ansara Tony Ayres Ayman Barbaresco Jonathan Barnett Michael Barnett Roz Bellamy Maria Bololia Tony Briffa Hinde Ena Burstin Paul Capsis Carolina Paula Carpio Shanton Chang Joseph Carmel Chetcuti Margherita Coppolino Franco Di Chiera Anton Enus Cristian Cortes Garzon Sally Goldner Carl Gopalkrishnan Anne Harris Dino Hodge Konstantino Hadjikakou Peggy Iu Rida Khan Azja Kulpinska Benjamin Law Anthony Lekkas Mei Tze Ling Lian Low Alan Maurice Adam Messede Jack Migdalek Alyena Mohummadally Tony Mordini Nonno and Aroosa Olivia Noto Benjamin Oh Gary Paramanathan Vic Perri Corey Rabaut Raven Adam Ridwan Naya Rizwan Wil Roach Omar Sakr Michael Schembri Budi Sudarto Reem Sweid Judy Tang Christos Tsiolkas John Tzimas Paul Venzo Sim Victor Annette Xiberras Nevo Zisin *Lost & Found* Betty Jean Lifton,2009 Explores the obstacles and issues that adoptees orphans and foster children face when they have been separated from a parent or denied the right to know their origins **Ariel** ,2011

## Unveiling the Magic of Words: A Report on "**Coming Home To Self The Adopted Child Grows Up**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Coming Home To Self The Adopted Child Grows Up**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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### **Coming Home To Self The Adopted Child Grows Up Introduction**

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