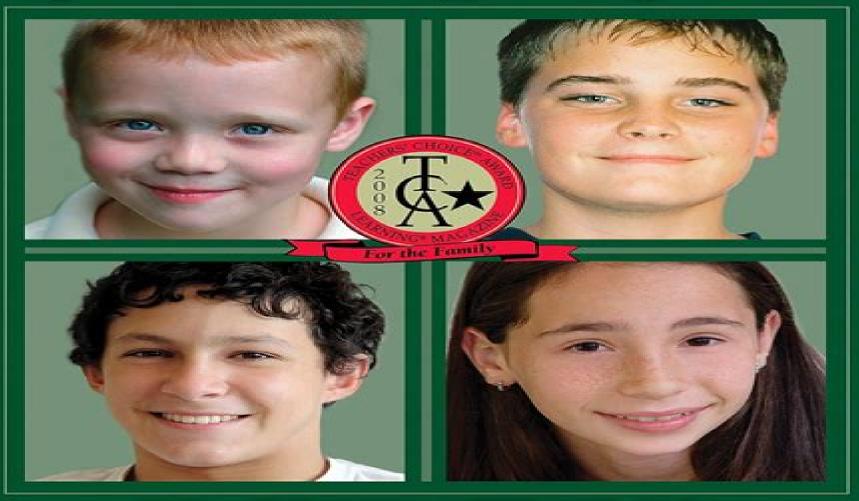
EXPLORING FEELINGS

Cognitive Behaviour Therapy To Manage ANXIETY



DR. TONY ATTWOOD

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