

## Theater Arts/Creative Movement Lesson Plan

**Artist Name:** Noah Martin  
**Art Form:** Theater Arts  
**Grade Level(s):** 3-5 Special Education

**Class Objective:** Students will break pantomime or action into beats.

### HOME SPACE

#### Exercise #1

##### Pudding Fingers

- Students pantomime dipping their fingers into a bowl of pudding
- As a group, flick the pudding across the room, extending fingers and arms out on a loud "Huh!"
- Repeat forward, right, left, up, down, forward to build a movement sequence
  - The focus is on vocal projection and expelling energy through one's fingertips

#### Exercise #2

##### Pass the Gesture

- Students create a physical gesture and sound
- The next student to their right repeats, and so on
- The gesture is passed around the circle like dominoes falling

#### Exercise #3

##### Gesture Dance

- Each student creates their own gesture, building off the person before them
- The group repeats the whole sequence like a dance

### DANCE SPACE

#### Exercise #4

##### Tableau Progression

- All students move and freeze to the drum
- Have them move and freeze as if they are dribbling a soccer ball up the field
- Give them the following directions:
  - "Freeze as if you are about to kick the ball at the goal"
  - "Freeze as if you are the goalie trying to block the shot"
  - "Freeze as if you are celebrating the score"
  - "Quickly change between pictures when I hit the drum"
  - "Now transition between them in slow motion"

# Creative Movement Lesson Plans

**Wenbin Ji**



## **Creative Movement Lesson Plans:**

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