

**Ebersole and Hess** 

FOURTH EDITION

# Gerontological Nursing & Healthy Aging





Theris A. Touhy, DNP, CNS,
DPNAP,Kathleen F Jett, PhD, GNP-BC

Ebersole and Hess' Gerontological Nursing & Healthy Aging - E-Book Theris A. Touhy, Kathleen F Jett, 2021-04-07 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Geriatrics Gain the nursing skills you need to provide wellness based care for older adults Ebersole and Hess Gerontological Nursing Healthy Aging 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness Designed to promote healthy aging regardless of the patient's situation or disorder this text provides best practice guidelines in covering physical psychosocial spiritual and cognitive health New to this edition are Next Generation NCLEX style case studies updates on measuring clinical judgment expanded coverage of core competencies and more Written by gerontological nursing experts Theris Touhy and Kathleen Jett this concise text provides a solid foundation in every aspect of healthy aging Focus on health and wellness provides the evidence based information and strategies needed to promote healthy aging Key concepts learning activities and discussion questions in every chapter emphasize the information needed to enhance care Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout Discussion of disease processes is placed in the context of healthy adaptation nursing support and responsibilities Easy to use information on nursing techniques and communication appears with the associated disorders symptoms and situations Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care Discussions of nursing and interprofessional actions help students learn to enhance wellness maintain optimal function and prevent unnecessary disability Coverage of age cultural racial and gender differences highlights these important considerations in caring for older adults NEW Updates reflect the NCSBN Clinical Judgment Model NEW Next Generation NCLEX NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW Specialized information addresses the unique needs of older adults such as atypical disease presentation geriatric syndromes neurocognitive disorders quality of life with chronic illness legal and ethical issues and mental health challenges such as depression and substance abuse NEW Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care NEW Gerontological expertise is incorporated into nursing actions and complements other nursing texts including med surg community health mental health and assessment books used in programs without a freestanding gerontological nursing course NEW Expanded content includes information on COPD guidelines medication use and misuse Alzheimer s Disease wound care guidelines diagnosis and treatment of sleep disordered breathing joint replacement caregiver strain hospice and transitional care and Ebersole and Hess' Gerontological Nursing and Healthy Aging in Canada E-Book Veronique Boscart, Lynn more McCleary, Linda Sheiban Taucar, Theris A. Touhy, Kathleen F Jett, 2022-02-02 Gain the knowledge and skills you need to care for older adults in Canada Ebersole and Hess Gerontological Nursing Healthy Aging in Canada 3rd Edition uses a wellness based holistic approach to older adult care from a distinctly Canadian perspective Designed to promote healthy aging

regardless of the patient's situation or disorder this book provides best practice guidelines to help you identify potential problems address complications and alleviate discomfort An Evolve website includes new Next Generation NCLEX style case studies and PN competencies case studies to enhance your skills in clinical judgement Written by a team of gerontological nursing experts led by Veronique Boscart this concise guide covers health care in the context of the cultural and socio economic issues unique to Canada Core competencies identified by the CGNA are integrated throughout the book reinforcing the standards of the Canadian Gerontological Nursing Association Assessment guidelines and tools are featured in tables boxes and forms including the latest scales and guidelines for proper health assessment Focus on health and wellness highlights all aspects of the aging process Attention to age cultural and gender differences helps you care for different population groups Evidence informed Practice boxes summarize research findings and identify those practices with unknown ineffective or harmful effects and examine topics such as culturally safe health initiatives for Indigenous Peoples lifelong learning and its effects on the wellbeing of older adults challenges in home care and long term care homes and improving outcomes and improving outcomes for seniors living with a stroke or dementia Activities and discussion questions at the end of every chapter help you understand the material and apply concepts in clinical situations Ebersole and Hess' Gerontological Nursing & Healthy Aging Theris A. Touhy, DNP, CNS, DPNAP, Kathleen F Jett, PhD, GNP-BC, 2013-03-11 Ebersole Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness based holistic approach to older adult care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to address complications alleviate discomfort and help older adults lead healthy lives Featuring evidence based practice boxes safety alerts expanded tables and careful attention to age gender and cultural differences Ebersole Hess Gerontological Nursing and Healthy Aging is the most complete text on the market Focus on health and wellness helps you gain an understanding of the patient's experience AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout Consistent chapter organization and pedagogy including Learning Objectives Glossary and Research and Study Questions Activities Evidence Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown ineffective or harmful effects Careful attention to age cultural and gender differences helps you understand these important considerations in caring for older adults Expanded tables boxes and forms including the latest scales and guidelines for proper health assessment make information easy to find and use Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient UPDATED Healthy People 2020 boxes integrate information about healthy aging NEW Safety Alerts highlight safe practices and quality of care QSEN competencies NEW Chapter on Neurologic Compromise expands content on stroke and Parkinson's disease Ebersole and Hess' Gerontological Nursing & Healthy Aging Theris A. Touhy, Kathleen Freudenberger Jett, 2023 Ebersole & Hess' Gerontological Nursing & Healthy Aging Theris A.

Touhy,2013 Fundamentals of Nursing - E-Book Patricia A. Potter, Anne Griffin Perry, Patricia Stockert, Amy Hall, 2016-02-02 It s your complete guide to nursing from basic concepts to essential skills Fundamentals of Nursing 9th Edition prepares you to succeed as a nurse by providing a solid foundation in critical thinking evidence based practice nursing theory and safe clinical care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Griffin Perry this bestselling nursing textbook helps you develop the understanding and clinical reasoning you need to provide excellent patient care 51 skills demonstrations provide illustrated step by step instructions for safe nursing care and include rationales for each step 29 procedural guidelines provide streamlined step by step instructions for performing basic skills UNIQUE Critical Thinking Models in each clinical chapter show how to apply the nursing process and critical thinking to achieve successful clinical outcomes Evidence Based Practice chapter shows how nursing research helps in determining best practices UNIQUE Caring for the Cancer Survivor chapter prepares nurses to care for cancer patients who may still face physical and emotional issues Case studies include unique clinical application questions and exercises allowing you to practice using care plans and concept maps The 5 step nursing process provides a consistent framework for care and is demonstrated in more than 20 care plans 15 review questions in every chapter test your retention of key concepts with answers available in the book and on the Evolve companion website Practical study tools on Evolve include video clips of skills skills checklists printable key points a fluid electrolytes tutorial a concept map creator an audio glossary and more UNIQUE Clear streamlined writing style makes complex material more approachable More than 20 concept maps show care planning for clients with multiple nursing diagnoses Key points and key terms in each chapter summarize important content for more efficient review and study Unexpected Outcomes and Related Interventions for each skill alert you to potential problems and appropriate nursing actions Delegation coverage clarifies which tasks can and cannot be delegated A glossary provides quick access to definitions Medical-Surgical Nursing - E-Book Donna D. Ignatavicius, M. Linda Workman, 2013-12-27 Using a for all key terms uniquely collaborative and reader friendly approach expert authors Donna D Ignatavicius and M Linda Workman cover all the latest trends evidence based treatment guidelines and additional updated information needed for safe clinical practice in medical surgical nursing This seventh edition features an expanded emphasis on patient safety and NCLEX Examination preparation new ties to the QSEN priorities for patient safety and a greater alignment with the language and focus of clinical practice A new chapter on evidence based practice and a wealth of effective online learning tools help solidify your mastery of medical surgical nursing UNIQUE Collaborative approach presents all medical surgical nursing and other interventions through the lens of the nursing process Reader friendly direct writing style makes this one of the most readable medical surgical nursing textbooks available UNIQUE Cutting edge focus on the latest trends in nursing practice and nursing

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skills you need to successfully care for patients within the Canadian social and institutional context Offering comprehensive coverage of more than 200 basic intermediate and advanced skills this textbook features nearly 1 000 full colour photographs and illustrations a nursing process framework step by step instructions with rationales and a focus on critical thinking and evidence informed practice New to this edition are unit openers safety alerts documentation examples COVID 19 precautions and protocols and case studies and questions for the Next Generation NCLEX Nursing Interventions & Clinical Skills -E-Book Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2015-01-08 Master nursing skills with this guide from the respected Perry Potter Ostendorf author team The concise coverage in Nursing Interventions Clinical Skills 6th Edition makes it easy to master the clinical skills required in everyday nursing practice Clear guidelines address 159 basic intermediate and advanced skills from measuring body temperature to insertion of a peripheral intravenous device and step by step instructions emphasize the use of evidence based concepts to improve patient safety and outcomes Its friendly easy to read writing style includes a streamlined format and an Evolve companion website with review questions and handy checklists for each skill Coverage of 159 skills and interventions addresses basic intermediate and advanced skills you ll use every day in practice UNIQUE Using Evidence in Nursing Practice chapter provides the information needed to use evidence based practice to solve clinical problems Safe Patient Care Alerts highlight unusual risks in performing skills so you can plan ahead at each step of nursing care Delegation Collaboration guidelines help you make decisions in whether to delegate a skill to unlicensed assistive personnel and indicates what key information must be shared Special Considerations indicate additional risks or accommodations you may face when caring for pediatric or geriatric patients and patients in home care settings Documentation guidelines include samples of nurses notes showing what should be reported and recorded after performing skills A consistent format for nursing skills makes it easier to perform skills always including Assessment Planning Implementation and Evaluation A Glove icon identifies procedures in which clean gloves should be worn or gloves should be changed in order to minimize the risk of infection Media resources include skills performance checklists on the Evolve companion website and related lessons videos and interactive exercises on Nursing Skills Online NEW coverage of evidence based techniques to improve patient safety and outcomes includes the concept of care bundles structured practices that have been proven to improve the quality of care and teach back a new step that shows how you can evaluate your success in patient teaching NEW Coverage of HCAHPS Hospital Care Quality Information from the Consumer Perspective introduces a concept now widely used to evaluate hospitals across the country NEW Teach Back step shows how to evaluate the success of patient teaching so you can be sure that the patient has mastered a task or consider trying additional teaching methods NEW Updated 2012 Infusion Nurses Society standards are incorporated for administering IVs as well as other changes in evidence based practice NEW topics include communication with cognitively impaired patients discharge planning and transitional care and compassion fatigue for professional and family caregivers **Medical-surgical Nursing** 

Donna D. Ignatavicius, M. Linda Workman, 2013 Using a uniquely collaborative and reader friendly approach expert authors Donna D Ignatavicius and M Linda Workman cover all the latest trends evidence based treatment guidelines and additional updated information needed for safe clinical practice in medical surgical nursing This seventh edition features an expanded emphasis on patient safety and NCLEX Examination preparation new ties to the QSEN priorities for patient safety and a greater alignment with the language and focus of clinical practice A new chapter on evidence based practice and a wealth of effective online learning tools help solidify your mastery of medical surgical nursing Mosby's PDO for RN - E-Book Mosby, 2015-11-18 Find essential nursing information at a glance Mosby's PDQ for RN Practical Detailed Quick 4th Edition is an easy to use pocket sized guide to important facts formulas and procedures used in the clinical setting It offers quick access to details you need but don't usually memorize such as signs and symptoms medications conversions abbreviations and normal abnormal ranges for lab tests Durable pages and spiral binding can withstand the wear and tear of daily use on the job When in doubt check this handy reference 10 tabbed color coded sections provide quick access to essential facts formulas lab values procedures and more Compact size features durable water resistant pages and spiral binding making the book easy to carry and use in any clinical setting A focus on special populations includes separate sections on pediatric maternity and geriatric patients Emergency Care section provides guidelines for treating stroke patients assessing trauma patients and responding to cardiopulmonary arrest HIPAA and OSHA compliant information reflects the latest practice standards and guidelines Colorful charts and tables make lookup easy and data is thorough enough for even experienced practicing nurses NEW Expanded coverage addresses oxygen delivery hypoglycemic drugs cardiac rhythms STEMI seizure treatment breath sounds and more NEW assessment tools are included for pain nutrition and alcohol abuse UPDATED content reflects the latest clinical developments screening guidelines and drug information Fundamentos de enfermería Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, 2019-05-15 El objetivo principal de esta obra es por un lado ofrecer al estudiante los conceptos fundamentales de enfermer a actividades y t cnicas de pr ctica enfermera y una base firme para el estudio de reas m s avanzadas y por otro fomentar el amor por la profesi n y servir de puente entre la teor a y la protica de la profesi n Mantiene un fuerte enfoque en la calidad y la seguridad y las caracter sticas apreciadas por los estudiantes y profesores de anteriores ediciones como su dise o formato visualmente atractivo y f cil de usar que ayuda al estudiante a comprender todos los conceptos y actividades enfermeras fundamentales y a fomentar el pensamiento cr tico y la toma de decisiones Incorpora los diagn sticos de la NANDA 2015 2017 incluye una nueva habilidad que cubre la prevenci n de ca das en los mbitos asistenciales se han actualizado los cuadros Pr ctica basada en la evidencia de cada cap tulo y recoge tanto Healthy People 2020 como los 2016 National Patient Safety Goals de The Joint Commission Asimismo se reorganizan cap tulos Inmovilidad y Actividad y ejercicio y otros se redactan de nuevo Aspectos culturales Incluye 100 nuevas im genes que clarifican los procedimientos y familiarizan al estudiante con las ltimas novedades en equipos cl nicos Health

Assessment for Nursing Practice - E-Book Susan Fickertt Wilson, Jean Foret Giddens, 2020-12-19 NEW NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW LGBTQ Considerations boxes summarize special assessment considerations for LGBTQ clients NEW Updated coverage of signs of abuse neglect and human trafficking equips you to become a mandatory reporter of these growing health problems NEW Updated high quality illustrations accurately represent assessment techniques and the latest examination equipment NEW Increased emphasis on normal findings is incorporated into the text along with a reduced emphasis on uncommon findings NEW emphasis in the Adapting Health Assessment chapter describes how to adjust your care for patients with a variety of conditions or limitations such as patients with IVs casts and catheters NEW Updated information on cultural and religious preferences and practices describes how these factors can have an impact on health assessment NEW UPDATED coverage addresses the latest evidence based guidelines on pain assessment NEW Enhanced Review Questions prepare you for the NCLEX exam with cognitive levels raised from remembering and understanding levels to applying and above to prepare you for clinical practice

Gerontological Nursing Kristen Mauk,2010-10-25 Gerontological Nursing Competencies for Care Second Edition is a comprehensive and student accessible text that offers a holistic and inter disciplinary approach to caring for the elderly The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing Building upon their knowledge in prior medical surgical courses this text gives students the skills and theory needed to provide outstanding care for the growing elderly population It is the first of its kind to have more than 40 contributing authors from many different disciplines Some of the key features include chapter outlines learning objectives discussion questions personal reflection boxes and case studies

Mosby's Pathology for Massage Therapists - E-Book Susan G. Salvo,2013-02-11 Written by a massage therapist for massage therapists Mosby s Pathology for Massage Therapists 3rd Edition provides direct information along with focused recommendations Coverage of over 340 pathologies helps you appropriately tailor massage treatment and more than 750 full color photographs and illustrations make it easier to recognize common pathologies This edition includes a new chapter on geriatric massage and has been extensively reviewed by over a dozen experts in the massage and medical fields Written by massage therapy educator and practitioner Susan Salvo this resource provides the pathology knowledge you need to succeed on licensure and certification exams and in practice A traffic light icon appears before each pathology in the book designating whether massage is contraindicated red local contraindication yellow or indicated green for that particular pathology Consistent format for each chapter makes it easy to find key information with learning objectives list of pathologies system overview and pathologies including description etiology signs and symptoms treatment and massage considerations Student friendly features in each chapter include learning objectives and self tests that measure your comprehension Medical Technology boxes highlight special populations such as clients in wheelchairs or with pacemakers and explain what the

medical device is and what special precautions or contraindications you should be aware of before working on these clients Spotlight on Research boxes summarize recent studies of massage therapy and its effects Student resources on an Evolve companion website include interactive activities video clips of techniques animations the Body Spectrum coloring book flashcards review questions additional case studies an image collection an audio glossary study tips stress busting tips research updates and more Mosby's Pathology for Massage Therapists Online reinforces content covered in the book and provides a dynamic way to learn key concepts with features including recall activities rollover glossary terms and definitions animations guizzes and Clinical Tips boxes Available separately **Canadian Clinical Nursing Skills and Techniques** E-Book Shelley Cobbett, Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2019-05-21 NEW Fully revised for a Canadian classroom includes Canadian statistics references and resources protocols documentation standards delegation rules Canadian nursing best practice guidelines metric measurements and more NEW All topics skills and sample documentation conform to Canadian provincial and territorial scopes of practice and Canadian standards in nursing practice NEW Inclusion of Canadian concepts Person Centred Care Evidence Informed Practice Interprofessional Collaboration and Delegation and Care in the Community NEW Greater emphasis on cultural assessment considerations and caring for Indigenous and vulnerable populations NEW Thoroughly revised chapters reflect Canadian practice and guidelines including Emergency Preparedness and Disaster Management Palliative Care Cardiac Care Vascular Access and Infusion Therapy Oral Nutrition and Prevention of Skin Breakdown and Wound Care NEW Enhanced and updated art program includes 70 new figures

Gerontological Nursing Caroline Vafeas, Susan Slatyer, 2020-07-31 This first edition Australian text aligns nursing care principles and practice to the unique requirements of older people Written by leading academics and clinicians Gerontological Nursing A holistic approach to the care of older people covers the essential skills of gerontological care with a focus on chronic diseases neurocognitive disorders mental health quality of life and healthy ageing palliative care and bereavement safety issues and the role of the caregiver As nurses play an ever more critical role in supporting the needs of an ageing population this essential text will enable nursing students to navigate the complexities of older people s healthcare promote healthy ageing and help people to live well End of chapter practice scenarios with questions Tips for best practice Focus on contemporary models of care and clinical governance Inclusion of most common chronic diseases affecting older adults including dementia depression and delirium Dedicated chapter on Safety and Security Expert contributors from multiple Australian and New Zealand universities Aligned to the Australian Aged Care Quality Standards as well as international standards and guidelines An eBook included in all print purchases Additional resources on Evolve eBook on VitalSource Instructor resources PowerPoints MCQs Chapter worksheets

# Ebersole And Hess Gerontological Nursing And Healthy Aging 4e Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Ebersole And Hess Gerontological Nursing And Healthy Aging 4e**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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