

How to use

This product is for household use only.

GETTING STARTED

- Remove all packing material and any stickers.
- Remove and save literature.
- Please go to www.prodprotect.com/applia to register your warranty.
- Wash all removable parts in hot soapy water, rinse and dry thoroughly as directed in the CARE AND CLEANING section of this Use & Care manual.

Note: Although the grill plates are dishwasher safe, we recommend hand washing to preserve their appearance. In dishwashing the metal will get a cloudy film that will not affect the performance, but does not look attractive.

- Select a location where this unit is to be used allowing enough space for back of the unit, cabinets and the wall to allow heat to flow without damage to cabinets and walls.

ATTACH GRILL PLATES

The removable plates of your 360 Grill™ are designed to fit on the grill one way only. If you are having trouble attaching a plate, do not try to force the plate onto the grill!

- The top plate is the plate with the arrow. To attach the plate correctly, make sure the arrow is pointing up (B1).
- The bottom plate has no arrow and a sloped section along one side of the plate. To attach the plate correctly, make sure the sloped section of the plate is at the front of the grill (B2).



Important: This appliance should always be used with 2 grill plates securely attached.

Caution: Attach all grill plates when the appliance is cool.

Important: When attaching the grill plates, be sure they are securely attached using the release handles on each side of the plates.

Basic Grill Plates (See illustration A1)

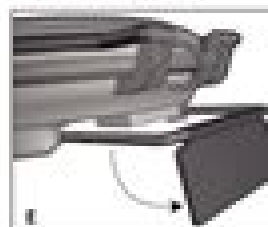


1. Holding a plate with both hands, use your thumbs to pull out the release handles (C).



2. Set plate against frame of grill and release the handles, making sure the latches on each side fit into the openings on each side of the grill (D).
3. If you are still having trouble getting both sides to latch at once, you may wish to latch on one side first, and then the other.
4. Once both latches are in place, the plate should be secure.

Note: If you continue to have trouble attaching or removing the plates from your grill, please call toll-free at 1-800-231-9798 and one of our customer service representatives will be happy to assist you.



Note: When using these grill plates, use the bar at the rear of the grill to lift the back of the bottom grill plate to have the drippings run into the drip tray (E).

Important: This position should only be used when grilling.



Place the drip tray under the front sloped section of the bottom plate on the grill (F).

ATTACHING THE QUESADILLA PLATES

(See illustration A2)

Important: When using these plates make sure bottom quesadilla plate is in the completely horizontal position.

- For the top plate, make sure the arrow on the plate is pointing up.
 - For the bottom plate, make sure the arrow on the plate is pointing toward the back of the grill.
1. If preparing quesadillas, securely attach the top and bottom quesadilla plates of the appliance using the release handles on each side of the plates.
 2. Set the temperature to Medium High and allow the grill to preheat for at least 7 minutes.
 3. Quesadillas take about 4 minutes to cook to melt cheese and lightly brown the tortillas.

ATTACHING THE BAKE PAN

(See illustration A4)

Important: When using this plate, make sure the appliance is in the completely horizontal position.

1. If using the bake pan, securely attach the top grilling plate and bake pan using the release handles on each side of the plates.

Note: The bake pan has an indentation at the back of the plate. When attaching the bake pan, make sure the indentation is at the back of the grill to attach the plate correctly.

2. Set the temperature to Medium High and allow the grill to preheat for at least 7 minutes.

George Foreman 360 Grill Manual

George Foreman,Cherie Calbom



George Foreman 360 Grill Manual:

LL Cool J's Platinum 360 Diet and Lifestyle LL COOL J,Dave Honig,Chris Palmer,Jim Stoppani,2010-04-27 Multi platinum Grammy award winning rapper and best selling author LL Cool J shares the secrets to his enviable physique and perhaps even sexier his hard earned contentment and peace of mind His high energy no nonsense program includes a 30 day workout regimen designed to build lean sexy muscles and a breakthrough diet plan that can help you shed up to 20 pounds in just 4 weeks even with weekend cheat meals But what truly elevates the LL Cool J s Platinum 360 Diet and Lifestyle is LL s practical easy to follow advice for personal transformation Through self reflection and spiritual guidance he ll show you how to develop your own internal strength giving your the tools and wisdom to transform your life from the inside out It s not just about how to get fit but you can and deserve to be your best self *The George Foreman Lean Mean Fat Reducing Grilling Machine* Salton Inc,George Foreman,2003

Consumers Index to Product Evaluations and Information Sources,2002 George Foreman Lean Mean Fat Reducing Grilling Machine! ,2000 *Los Angeles Magazine* ,2003-11 Los Angeles magazine is a regional magazine of national stature Our combination of award winning feature writing investigative reporting service journalism and design covers the people lifestyle culture entertainment fashion art and architecture and news that define Southern California Started in the spring of 1961 Los Angeles magazine has been addressing the needs and interests of our region for 48 years The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian MacRae's Blue Book ,1989 The George Foreman Lean Mean Fat Reducing Grilling Machine ,2000 *The Essential George Foreman Electric Grill Cookbook* James Beck,2020-10-31 150 Budget Friendly Recipes for Beginners and Advanced Users on A Budget The book is not an ordinary cookbook It provides information on how to set up offers care and maintenance tips tells the type of accessories to keep close and special techniques for these new recipes which will soon become your favorite All you need to start your grilling journey is right inside Simple Grill Cookbook for Beginners and Advanced Users Become a professional of the grill and cook to impress your audience Master Your The Essential George Foreman Electric Grill Cookbook and Impress Your Family Friends and Guests **Who's who in the West** Marquis Who's Who, LLC,1980-12 *George Foreman Grill Bible US 2021* George Moua,2021-08-04 The book is not an ordinary cookbook It provides information on how to set up offers care and maintenance tips tells the type of accessories to keep close and special techniques for these new recipes which will soon become your favorite All you need to start your grilling journey is right inside Simple Grill Cookbook for Beginners and Advanced Users This indispensable grilling resource organizes the recipes Each menu includes a step by step game plan that gets meals on the table fast ingredient substitutions recipe variations timesaving tips serving suggestions To help ensure cooking success each menu and recipe was thoroughly tested by a team of professional chefs and home cooks so everything works From this book you will find delicious recipes including Sweet Smoked Pulled Beef with Tomato Cinnamon Smoked Beef Loaf with

Barbecue Honey Glaze Nutty Smoked Pork Tenderloin with Pecan Crumbles And more The George Foreman Grill Bible US 2021 is an essential kitchen companion get it now **George Foreman Grill Cookbook** Cooking With a Foodie,2015-08-13

George Foreman Electric Grill Cookbook For Beginners Ramona Sears,2021-01-05 If you think eating lowfat food has to be boring bring out your George Foreman Electric Grill and take a look inside the pages of this book Here George offers you exciting recipes for dishes are are packed with flavor but leave the fat behind From grilled entrees and snacks to salads and desserts you ll find inside these pages a bounty of recipe choice for anytime of the day We ve included a Basic Grilling Guide timesaving tips and helpful inforamtion about your George Foreman Electric Grill And to keep an eye on your good health we ve included with each recipe a nutritional analysis that lists the fat calories protein sodium and other helpful nutritional information 200 Recipes inside Here s what you will find in this book Breakfast Recipes Vegetarian Recipes Appetizer Side Dishes Beef Pork Lamb Recipes Poultry Recipes Fish Seafood Recipes Breads And Sandwiches Snack Dessert Recipes And More What are you waiting for Get a copy of this great George Foreman Electric Grill Cookbook For Beginners and enjoy your life once and for all **George Foreman's Big Book of Grilling, Barbecue, and Rotisserie** George Foreman,Barbara Witt,2002-06-04 King of the ring and king of the grill George Foreman joins forces with chef Barbara Witt to provide all new dishes for grill and rotisserie cooking The recipes in this book can be prepared indoors using an electric or stovetop grill or outdoors on an electric charcoal or gas powered barbecue Grilling is healthful and quick If you do a little work in advance once you fire up the grill dinner can be ready in a matter of minutes So dishes like Rib Roast with Rosemary and Roasted Garlic Wine Sauce Chicken Breasts with Peanut Sauce Ginger Honey Duck and Curried Salmon Steak become easy weeknight dinners instead of party fare Foreman and Witt have created delicious recipes for grilled meats poultry seafood vegetables innovative grilled salads and pasta sauces even pizza Complete with full nutritional information the recipes reflect an international range of flavors Caribbean Pan Asian and Latin and provide new twists on all American favorites In the recipe introductions and in the vegetable chapter there are suggestions for side dishes some of which can be prepared on the grill alongside the main course You ll find everything you need to know about equipment ways to maximize flavor by using seasoning rubs pastes marinades and brines and there are sources for the best meats and ingredients While these dishes are full of big flavors the ingredients can be found in any well stocked supermarket Whether you want a quick fix family meal a backyard barbecue feast or an elegant dinner party you ll find the perfect recipe in George Foreman s Big Book of Grilling Barbecue and Rotisserie **Salton/Maxim Presents ... George Foreman's Lean Mean Fat Reducing Grilling Machine!** ,1996 **The Essential George Foreman Electric Grill Cookbook: The Ultimate Guide of George Foreman Electric Grill Cookbook for Beginners & Advanced Users** James Kendall,2021-01-22 Since it made its debut in 2000 indoor electric grilling is still Hot Hot HOT That s because it continues to be one of the top choices for ultra busy folks to cook quick healthy homemade meals year round This indispensable grilling resource organizes the recipes in 300 menus

Each menu includes a step by step game plan that gets meals on the table fast ingredient substitutions recipe variations timesaving tips serving suggestions To help ensure cooking success each menu and recipe was thoroughly tested by a team of professional chefs and home cooks so everything works From this book you will find 300 delicious recipes including Sweet Smoked Pulled Beef with Tomato Cinnamon Smoked Beef Loaf with Barbecue Honey Glaze Nutty Smoked Pork Tenderloin with Pecan Crumbles Juicy Apple Smoked Pulled Lamb Shoulder Sweet Honeyed Smoked Buttery Brown Chicken Lemon Black Tea Smoked Tilapia Lemon Garlic Buttery Smoked Lobster Juicy Smoked Deer Ribs with Apple Barbecue Light Smoked Brussels Sprout Don t miss out on an opportunity for mouthwatering and healthy meals **George Foreman Basic Plate**

Electric Grill and Panini Press Cookbook 1000 Ronald Helman,2021-07-19 The Complete Guide to Cooking with Your George Foreman Basic Plate Electric Grill and Panini Press In this George Foreman Basic Plate Electric Grill and Panini Press Cookbook 1000 you ll learn how to cook and grill juicy tasty and healthy recipes with your George Foreman Basic Plate Electric Grill and Panini Press appliance This cookbook offers 1000 Days Easy Tasty and Healthy Recipes for Beginners and Advanced User and step by step instructions on how to effortlessly cook your favorite new and other complex recipes with the George Foreman Basic Plate Electric Grill and Panini Press In this cookbook we will discuss What is George Foreman Basic Plate Electric Grill and Panini Press How to Use George Foreman Basic Plate Electric Grill and Panini Press Which Bread to Choose List of Popular Bread Types Benefits of Using George Foreman Basic Plate Electric Grill and Panini Press Cleaning and Maintenance Sometimes small things invoke big pleasures and this George Foreman Basic Plate Electric Grill and Panini Press Cookbook 1000 will surely do that **George Foreman Lean Mean Fat Reducing Grilling Machine** , Operating instructions for the George Foreman s lean mean fat reducing grilling machine model number GR20BW

George Foreman's Knock-Out-The-Fat Barbecue and Grilling Cookbook George Foreman,Cherie Calbom,1996 A flavorful cookbook emphasizing low fat low calorie dishes presents a wide range of barbecue and grilling recipes for tasty meats fish poultry and vegetables Original 75 000 first printing George Foreman Rapid Grill Cookbook 999 Tiffany Stocks,2021-08-02 With the George Foreman Rapid Grill Cookbook 999 you can make easy and tasty recipes all in one place with this extremely convenient and easy to use multi cooker With the George Foreman Rapid Grill you ll learn a revolutionary new cooking method that saves you time and stress while making dinner for the family It ll transform you into the neighborhood s most envied pitmaster the undisputed party king and the glue that holds family and friends together Some things you ll find in it How to make the perfect BBQ crunchy and frosted on the outside and pink on the inside 600 Epic recipes for everyone meat fish seafood vegetable appetizers snack baked goods and desserts Instructions to easily clean your grill and keep it efficient over time How to make the 999 Days most mouthwatering Recipes in order to make jealous your enemies and hungry your friends And so much more So when is the next barbecue On the weekend Become a pitmaster by then Get the cookbook first **George Foreman 2-Serving Classic Plate Grill Cookbook 999** Tonya Jones,2021-07-15

Delicious meals that will let you enjoy the ease of grilling all year round The George Foreman 2 Serving Classic Plate Grill is one of the most convenient cookers on the market this grill are versatile and usable year round the perfect kitchen alternative to BBQ especially on days when the weather doesn't cooperate with dinner plans Follow this cookbook with straightforward instructions encouraging advice and time saving tips make meal planning prep and cooking that much easier In this cookbook covers 999 Days Unique Grilling Recipes for Flavorful Stress free BBQ You will learn Vegetable Recipes Poultry Recipes Fish Seafood Recipes Beef Pork Lamb Recipes Breads And Sandwiches Snack Dessert Recipes And more Now Get Cooking You have SO LONG TIME of meals to make here in this mouth watering food experience manual

This book delves into George Foreman 360 Grill Manual. George Foreman 360 Grill Manual is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into George Foreman 360 Grill Manual, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to George Foreman 360 Grill Manual
 - Chapter 2: Essential Elements of George Foreman 360 Grill Manual
 - Chapter 3: George Foreman 360 Grill Manual in Everyday Life
 - Chapter 4: George Foreman 360 Grill Manual in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of George Foreman 360 Grill Manual. The first chapter will explore what George Foreman 360 Grill Manual is, why George Foreman 360 Grill Manual is vital, and how to effectively learn about George Foreman 360 Grill Manual.
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 5. In chapter 4, this book will scrutinize the relevance of George Foreman 360 Grill Manual in specific contexts. The fourth chapter will explore how George Foreman 360 Grill Manual is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about George Foreman 360 Grill Manual. This chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of George Foreman 360 Grill Manual.

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