

## INTRODUCTION TO ENVIRONMENTAL HEALTH LECTURE NOTES

1. **Health:** is a state of complete physical, mental and social well-being and not merely the absence of disease
2. **Public health:** refers to all organized measures to prevent disease, promote health, and prolong life among the population as a whole
3. **Environment:** all that which is external to the individual has
4. **Environmental health:** is the discipline that focuses on the interrelationships between people and their environment, promotes human health and well-being, and fosters a safe and healthful environment
5. **Three main components of environmental health:** population-based  
Focus on environmental stressors  
Not driven by individual behaviors
6. **Ecology:** the study of the interactions between organisms and their environments, including both the living (biotic) and nonliving (abiotic) components
7. **biosphere:** the largest known ecosystem, in which all other ecosystems are embedded; it consists of all the Earth's living organisms interacting with the physical environment
8. **Biomes:** the major geographic regions, including the tundra, boreal forest, temperate forest, tropical forest, scrub land, grassland and savannah, desert, and their relevant subtypes
9. **Trophic structure:** the organization of ecosystems by feeding levels, often conveniently conceptualized as a pyramid
10. **primary consumer:** feed upon primary producers, and are in turn fed upon by secondary consumers, or heterotrophs.
11. **Autotroph:** a primary producer that obtains energy directly from the sun through photosynthesis
12. **Ecosystem Functioning:** Naturally mediated and regulated ecological processes, such as the breakdown of organic waste and the recycling of chemical elements
13. **adaptive renewal cycle:** repeated cycles of change

# Environmental Health Lecture Notes

**S Marginson**



## **Environmental Health Lecture Notes:**

Environmental Health Lecture Notes: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the engaging narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Environmental Health Lecture Notes : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and suspenseful novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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