

# Nutrition Final Exam Study Guide

The mouth accomplishes all of the following EXCEPT:

- Mastication of large food substances.
- Breaks apart fiber to release nutrients in some foods.
- Release of salivary amylase to break down long sugar chains into shorter ones. -
- All of these are correct.

Which portion of the GI tract ensures that you do not literally "inhale" your food? -  
Epiglottis

What are protein molecules that accelerate the rate of chemical reactions. -  
Enzymes

After water-soluble nutrients are absorbed in the intestine, they are carried to the \_\_\_\_\_ via the \_\_\_\_\_. -  
Liver; Hepatic portal vein

Chewing is an important digestive function because it improves the functionality of: -  
Enzymes

Formation of Chyme occurs in which part of the GI tract? -  
Stomach

Coordinated muscular contractions that move food through the GI tract are called: -  
Peristalsis

The stomach secretes gastric juices to break down food. Gastric juice consists of all the following EXCEPT: -  
Bile acids

The \_\_\_\_\_ layers of stomach muscle function to mix and churn stomach contents. -  
three layers

Once stomach digestion is complete, the substance that empties into the small intestine is called: -  
Chyme

Which of the following organs is responsible for producing bile? -  
Liver

Muscular contractions of the small intestine that pushes digested food against the intestinal wall, promoting absorption, is called: -  
Segmentation

The first 12 inches of small intestine is called the: -  
Duodenum

# **Foods And Nutrition Final Study Guide**

**KJ Lindholm-Leary**



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