

B.H.M. DEGREE EXAMINATION, JUNE 2010.

(Examination at the end of First Year)

Part II — Hotel Management

Paper III — NUTRITION AND FOOD SERVICE

Time : Three hours

Maximum : 75 marks

Answer any FIVE of the following.

All questions carry equal marks..

1. Classify nutrients and state their functions.
2. Define food. Explain its relationship with food.
3. State the need for energy. Describe its requirements with sedentary, moderate and heavy activities.
4. What are the source and functions of fats?
5. Describe the nature and significance of PUFA.
6. Elucidate the nutritional losses due to cooking.
7. Classify minerals and state their functions.
8. Suggest measures to maintain water balance.
9. Discuss the balanced diet for children and old people.
10. Bring out the trends in restaurants with regard to nutrition.

Food And Nutrition Question Papers

RJ Shavelson



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In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Food And Nutrition Question Papers** a literary masterpiece penned with a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of people who partake in its reading experience.

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