
Food Handler Card questions with correct answers

What makes people sick from food - Answer Physical-objects found in food, biological-germs, chemical-poisonous substance

4 causes of food Borne illness - Answer bacteria-grows in food, moisture, and temperature, viruses-spread not by washing food, parasites- tiny bugs living in fish meat, killed at intense cold or heat chemicals- cause food borne illness

Major food allergies - Answer milk, eggs, fish, crustacean/ shellfish, soybeans, tree nuts, wheat, peanuts

4 Rs - Answer refer, review, remember, respond (if a guest has an allergic reaction call 911 and notify management immediately

Washing hands - Answer hand washing is the most important practice. wash for at least 20 sec

1. wet hands with warm water
2. apply soap
3. rub hands, fingernails, forearms 10-15 sec
4. rinse 5-10 sec
5. dry hands with paper towel
6. turn off faucet with paper towel

Ready to eat foods - Answer Can not touch with bare hands

*Food that does not need anymore washing or cooking

Food Handlers Card Answers

Patrick Vollmar



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