

Ying Xia · Guanghong Ding
Gen-Cheng Wu *Editors*

Current Research in Acupuncture

 Springer

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Current Research In Acupuncture:

Current Research in Acupuncture Ying Xia, Guanghong Ding, Gen-Cheng Wu, 2012-08-09 Written by over 60 scientists and clinicians from the United States mainland China Germany Australia Japan Sweden Portugal and Hong Kong Current Research in Acupuncture discusses recent advances in acupuncture research in a modern scientific language The first 5 chapters investigate the basic mechanisms of acupuncture Later chapters explore topics including acupuncture treatment and potential mechanisms for epilepsy Parkinson s diseases neurodegenerative disorders such as Alzheimer s disease vascular cognitive impairment aging anxiety polycystic ovary syndrome pain nerve root cervical spondylosis stroke inflammation myocardial ischemia and other cardiovascular diseases Following the translational and clinical discussions 4 chapters present new prospects for acupuncture theories and applications The final chapter comments on the pitfalls and problems of the previous studies and suggests direction for future research towards in depth understanding of acupuncture along with better application of acupuncture in modern medicine Each chapter is written by one or more experts in the field This unique book provides a broad perspective on the principles of acupuncture for acupuncture researchers and neuroscientists The laboratory and clinical investigations of various acupoints and optimal conditions provide unique clues to acupuncturists for improved clinical efficacy For a medical student this book is a modern course in ancient Traditional Chinese Medicine especially acupuncture Ying Xia the chief editor is Professor and Vice Chairman of the Department of Neurosurgery at The University of Texas Medical School in Houston Texas USA Guanghong Ding is Professor in the Department of Mechanics and Engineering Science at Fudan University and Director of Shanghai Research Center for Acupuncture and Meridians Shanghai China Gen Cheng Wu is Professor of Neurobiology Chairman Department of Integrative Medicine and Neurobiology Director Institute of Acupuncture Research and Director WHO Collaborating Center for Traditional Medicine at Shanghai Medical College of Fudan University Shanghai China

Acupuncture Research Hugh MacPherson, Richard Hammerschlag, George Thomas Lewith, Rosa N. Schnyer, 2007-10-12 This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture Leading acupuncturists and researchers with international reputations share their expertise They illustrate their descriptions with practical examples of what has worked and what has not It outlines many of the key challenges in the field These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field By focusing the chapters on key research questions rather than methods the book has a user friendly feel Each chapter is easily accessible with brief explanations of research designs as well as vignettes of relevant past research The book is based on a deep understanding of acupuncture with its inherent complexity in practice whether based on traditional principles or more modern concepts By incorporating a more sophisticated understanding of the field this book details a range of strategies aiming to develop the evidence base with the utmost rigour It is the first book on acupuncture research to take this unique

view integrating the very best of evidence based medicine with a genuine sensitivity to the discipline of acupuncture from its traditional and holistic roots to its more modern interpretations *Advanced Acupuncture Research: From Bench to Bedside* Ying Xia, 2022-07-26 Written by over seventy scientists and clinicians worldwide from China USA Germany Canada Japan and other countries this monograph with nearly 450 figures and tables covers a wide range of advanced progress in acupuncture research from experimental research to clinical applications In addition to exploring the histopathological basis for acupuncture and mathematical simulation of acupoint response to stimulation initiation and transduction of acupuncture signals and cellular mechanisms during acupuncture effects as well as chemical and physical characteristics of moxibustion on acupoints are broadly discussed The topics also include novel data on acupuncture effect with advanced imaging techniques a unique understanding of meridian viscera correlation specific interactions between meridians and neurosensory organs within the system of homeostatic regulation and the acupuncture induced influences on autonomic function Several chapters introduce specific approaches with dry needling silver needling and stainless needling for certain diseases such as myofascitis supportive care for breast cancer and chemotherapy induced peripheral neuropathy as well as perioperative care of surgical patients Moreover this book discusses recent research on acupuncture therapy and potential mechanisms for a number of severe and refractory neurological disorders including hyperactivity of hypothalamic pituitary adrenal axis orofacial pain chronic pain itch multiple sclerosis autism spectrum disorders cerebral palsy depressive disorders Alzheimer s disease and ischemic brain injury The vast amount of information offered in this book provides a comprehensive perspective on advanced acupuncture research to not only acupuncturists but also to neuroscientists neurologists and other clinicians For medical students and graduate and undergraduate students majoring in biology physiology and neuroscience this book offers an advanced course in learning about the mechanism driven advances in alternative and complementary medicine

The Acupuncture Revolution: Transforming Modern Medicine AMELIA B. CALLAGHAN., 2023-01-01 Experience the transformative power of acupuncture with *The Acupuncture Revolution Transforming Modern Medicine* This comprehensive guide explores the history and philosophy of acupuncture from its ancient roots to its modern day applications in healthcare Learn about the concept of Qi and the meridian system in Traditional Chinese Medicine as well as the different acupuncture techniques and tools used in treatments Discover the wide ranging benefits of acupuncture including pain relief emotional and mental health digestive issues respiratory health women s and men s health sleep and insomnia immune system support weight management skin health addiction and recovery sports performance aging and longevity and much more Personal stories from acupuncture patients illustrate the transformative power of acupuncture treatment Choose the right acupuncturist prepare for your first appointment and develop a personalized treatment plan that addresses your individual health needs The book also covers topics such as the future of acupuncture and integrative medicine the benefits of combining acupuncture with Western medicine and sustainable practices in Traditional Chinese Medicine Written by

experienced practitioners

The Acupuncture Revolution is a groundbreaking book that explores how acupuncture is transforming modern medicine. Whether you're new to acupuncture or a seasoned practitioner, this book is a valuable resource for expanding your knowledge and exploring new treatments. Join the acupuncture revolution and take charge of your health today.

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Translational Acupuncture Research Ying Xia,2019-05-28 Written by many scientists and clinicians from China USA Canada and other countries this monograph discusses translational research on acupuncture Besides general topics on acupuncture practice e g different styles and techniques of acupuncture topics include some refractory diseases such as chronic fatigue syndrome Parkinson s disease cardiovascular dysfunction chronic pain post concussion syndrome and post traumatic stress disorder and cancer related symptoms The factors influencing acupuncture research are comprehensively addressed in the final chapter This unique book provides a translational perspective on modern acupuncture for not only acupuncturists but also neuroscientists neurologists and other clinicians For medical students and undergraduate and graduate students majoring in biology this book is an advanced course for learning the progress in alternative and complementary Medicine

Neurobiology of Acupuncture ,2013-11-07 This book summarises the recent development in acupuncture research and in particular the neurobiology of acupuncture It provides a focus but a diverse range of subjects covering many body systems The first a few chapters discuss the basic principles of acupuncture then its modulatory effects on nervous system such as induction of neurotrophin and neurogenesis in the brain Late chapters explore the clinical effects and potential mechanisms of acupuncture on different conditions ranging from neurological diseases such as Parkinson s Alzheimer s and stroke to psychiatric illnesses insomnia hypertension gastrointestinal diseases and drug addiction We believe this will promote the understanding acupuncture treatment and enhance acupuncture research in the future This volume of International Review of Neurobiology brings together cutting edge research on the neurobiology of acupuncture It reviews current knowledge and understanding provides a starting point for researchers and practitioners entering the field and builds a platform for further research and discovery

Neuroepidemiology in Resource-Limited Areas Ding Ding,Wenzhi Wang,Patrick

Kwan,2020-06-04 Neuroepidemiology is a branch of epidemiology involving the study of neurological disease distribution and determinants of frequency in human populations Neuroepidemiology has been perceived for a long time as a science of incidence prevalence risk factors natural history and prognosis of neurological disorders However the other integral part of neuroepidemiology is experimental neuroepidemiology which is research based on clinical trials of effectiveness or efficacy of various interventions in neurological disorders Neuroepidemiological researches have been conducted since 1960 s with the development of epidemiological methodology and advance of the clinical neurology Most improvement of neuroepidemiology was in western countries largely in US and European countries This study field has been developed quite late in resourcelimited areas where 60% of world s populations are living in Disease burden of neurological disorders such as stroke epilepsy migraine neurodegenerated diseases AD PD multiple sclerosis MS amyotrophic lateral sclerosis ALS are extremely heavy in low and middle income countries LAMICs especially with the increasing aging population in these regions Because of their progressive and disabling nature these neurological disorders have major adverse personal social and economic consequences Prevention and early detection are critical because there are no cures and the clinical diagnosis typically occurs after substantial and often irreversible neuronal loss

Healing with Needles An Introductory Guide to Acupuncture

Amelia B. Callaghan,2023-01-01 Discover the transformative power of acupuncture in your life Introducing Healing with Needles An Introductory Guide to Acupuncture a comprehensive guide to the ancient practice of acupuncture Discover the rich history and philosophy behind acupuncture and gain an understanding of the concepts of Qi and meridians in traditional Chinese medicine Learn about the different types of acupuncture needles complementary techniques such as moxibustion and cupping and the current science behind acupuncture s effectiveness Explore the many ways acupuncture can benefit your physical emotional and mental health including pain relief digestive issues respiratory health and immune system support Discover how acupuncture can help with weight management skin health addiction and recovery and even sports performance Find tips for choosing the right acupuncturist preparing for your first session and maximizing the benefits of your treatment Hear personal stories of acupuncture success and learn how acupuncture can benefit children and adolescents pregnant women and even pets Discover the potential side effects of acupuncture and how to minimize risks as well as the benefits of combining acupuncture with Western medicine Learn about the impact of acupuncture on the environment and explore simple acupressure and self care techniques to complement your acupuncture treatments Whether you re new to acupuncture or a seasoned practitioner Healing with Needles offers valuable insights and practical advice for anyone seeking to improve their physical emotional and mental well being through this ancient practice Build a personalized acupuncture treatment plan and continue your acupuncture journey towards long term health and wellness Table of Contents The History and Philosophy of Acupuncture ANCIENT ROOTS AND CULTURAL SIGNIFICANCE THE DEVELOPMENT OF ACUPUNCTURE OVER TIME Understanding Qi and Meridians THE CONCEPT OF QI IN TRADITIONAL CHINESE

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Acupuncture Essentials: Unlocking the Power of Traditional Chinese Medicine Mei Lin Zhang, 2023-01-01 Acupuncture is not just about healing the body it's about restoring balance in life Discover the ancient wisdom and healing power of acupuncture with Acupuncture Essentials Unlocking the Power of Traditional Chinese Medicine This comprehensive guide offers an in depth exploration of the principles and techniques behind one of the world's oldest healing practices In Acupuncture Essentials you'll learn The history and origins of acupuncture and its role in traditional Chinese medicine The theories and concepts behind acupuncture including qi meridians and acupoints How acupuncture can effectively treat various ailments and conditions from chronic pain to stress relief A detailed examination of acupuncture techniques such as needling moxibustion and cupping How to choose a qualified acupuncturist and what to expect during your treatment The integration of acupuncture with other holistic treatments like herbal medicine and meditation The benefits of acupuncture for overall well being including mental emotional and physical health Practical tips for self care and incorporating acupuncture principles into your daily routine Personal stories of healing and transformation from real acupuncture patients And so much more Whether you're a curious beginner looking to learn more about this ancient healing art or a seasoned practitioner seeking to deepen your understanding Acupuncture Essentials is the ultimate resource for unlocking the transformative power of traditional Chinese medicine Embark on a journey to holistic health and experience the benefits of acupuncture for yourself Order your copy today and take the first step toward a balanced healthier and more vibrant life Contents The History and Philosophy of Acupuncture Ancient roots and cultural significance The development of acupuncture over time Understanding Qi and

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7th Asian-Pacific Conference on Medical and Biological Engineering Yi Peng,Xiaohong Weng,2008-05-17 This volume presents the proceedings of the 7th Asian Pacific Conference on Medical and Biological Engineering APCMBE 2008 Themed Biomedical Engineering Promoting Sustainable Development of Modern Medicine the proceedings address a broad spectrum of topics from Bioengineering and Biomedicine like Biomaterials Artificial Organs Tissue Engineering Nanobiotechnology and Nanomedicine Biomedical Imaging Bio MEMS Biosignal Processing Digital Medicine BME Education It helps medical and biological engineering professionals to interact and exchange their ideas and experiences

Robinson's Current Therapy in Equine Medicine Kim A. Sprayberry,N. Edward Robinson,2014-05-01 ALL NEW topics provide updates on infectious diseases including herpesvirus equine granulocytic anaplasmosis and lawsonia infection and proliferative enteropathy pain diagnosis and multimodal management management of thoracic and airway trauma imaging endoscopy and other diagnostic procedures for the acute abdomen and neurologic injury 212 concise NEW chapters include both a succinct guide to diagnosis of disorders and a detailed discussion of therapy NEW images demonstrate advances in various imaging techniques Thoroughly updated drug appendices including all new coverage of drug dosages for donkeys and mules provide a handy quick reference for the clinical setting

The Acupuncture Prescription: A Holistic Approach to Health JACKSON Q. PRESCOTT.,2023-01-01 Experience the healing power of acupuncture with The Acupuncture Prescription A Holistic Approach to Health This comprehensive guide explores the history and philosophy of acupuncture providing a deep understanding of the ancient roots and cultural significance of this transformative healing modality Learn about the concept of Qi and the meridian system in Traditional Chinese Medicine as well as the different acupuncture techniques and tools used in treatments Discover the wide ranging benefits of acupuncture including pain relief emotional and mental health digestive issues respiratory health women s and men s health sleep and insomnia immune system support weight management skin health addiction and recovery sports performance aging and longevity and much more Choose the right acupuncturist prepare for your first appointment and develop a personalized treatment plan that addresses your individual health needs The book also covers topics such as the future of acupuncture and integrative medicine the benefits of combining acupuncture with Western medicine and sustainable practices in Traditional Chinese Medicine Written by experienced practitioners The Acupuncture Prescription is a

must read for anyone interested in the transformative power of acupuncture Whether you re new to acupuncture or a seasoned practitioner this book is a valuable resource for expanding your knowledge and exploring new treatments Discover how to apply an integrative and holistic approach to health with the power of acupuncture and take charge of your well being today Table of Contents The History and Philosophy of Acupuncture Ancient roots and cultural significance The development of acupuncture over time Understanding Qi and Meridians The concept of Qi in Traditional Chinese Medicine TCM The meridian system and its role in acupuncture Acupuncture Techniques and Tools Different types of acupuncture needles Moxibustion cupping and other complementary techniques The Science Behind Acupuncture Current research and understanding of acupuncture s effectiveness Debunking common acupuncture myths Acupuncture for Pain Relief Treating headaches and migraines Managing chronic pain conditions Acupuncture for Emotional and Mental Health Reducing stress and anxiety Treating depression and mood disorders Acupuncture for Digestive Issues Addressing gastrointestinal disorders Promoting healthy digestion Acupuncture for Respiratory Health Treating asthma and allergies Supporting lung health Acupuncture for Women s Health Addressing fertility and menstrual issues Easing menopause symptoms Acupuncture for Men s Health Supporting prostate health Enhancing sexual health and performance Acupuncture for Sleep and Insomnia Understanding the connection between sleep and TCM Techniques for improving sleep quality Acupuncture for Immune System Support Strengthening immunity and overall wellness Managing autoimmune conditions Acupuncture for Weight Management Understanding the role of TCM in weight control Techniques for promoting healthy weight loss Acupuncture for Skin Health Treating common skin issues Promoting healthy radiant skin Acupuncture for Addiction and Recovery Supporting detoxification and withdrawal Addressing cravings and relapse prevention Acupuncture for Athletes and Sports Performance Enhancing athletic performance Accelerating injury recovery Acupuncture for Aging and Longevity Promoting healthy aging Addressing age related health concerns Choosing the Right Acupuncturist What to look for in an acupuncture practitioner Tips for finding the right fit Preparing for Your Acupuncture Session What to expect during your first appointment Tips for maximizing treatment benefits The Future of Acupuncture and Integrative Medicine The growing role of acupuncture in healthcare The future of research and innovation in the field Frequently Asked Questions About Acupuncture Common misconceptions and concerns Answers from experienced practitioners Personal Stories Acupuncture Success Stories Real life experiences of acupuncture patients The transformative power of acupuncture treatment The Transformative Power of Acupuncture Treatment Acupuncture for Children and Adolescents Adapting acupuncture treatments for younger patients Addressing common childhood health issues Acupuncture for Pregnancy and Postpartum Care Supporting a healthy pregnancy Easing postpartum recovery Acupuncture for Chronic Fatigue and Energy Boost Understanding the TCM perspective on energy and fatigue Techniques for revitalizing energy levels Acupuncture for Eye Health Addressing common eye conditions Supporting vision and overall eye health Acupuncture for Dental and Oral Health

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Ear Acupuncture Cassian Pereira, AI, 2025-03-13 Ear Acupuncture explores the practice of auriculotherapy a technique rooted in traditional Chinese medicine where stimulating specific ear points can trigger healing responses throughout the body This book explains how the ear functions as a microsystem reflecting the entire body and it highlights the therapeutic potential for stress relief pain management and enhanced mental clarity without relying on pharmaceutical interventions Notably auriculotherapy s modern form was significantly developed by Dr Paul Nogier who identified correlations between ear points and anatomical locations The book begins with the history and theory behind ear acupuncture then presents a detailed map of ear acupoints and their corresponding body parts It progresses to therapeutic protocols for common issues like anxiety and digestive disorders culminating in advanced techniques and case studies By bridging theory and practice Ear Acupuncture provides a practical guide for both healthcare professionals and individuals interested in alternative therapies

The Ancient Wisdom of Acupuncture: Applying Traditional Principles to Modern Life LILY N. SINCLAIR, 2023-01-01 Unlock the secrets of Traditional Chinese Medicine with The Ancient Wisdom of Acupuncture Applying Traditional Principles to Modern Life This comprehensive guide explores the history and philosophy of acupuncture providing a deep understanding of the ancient roots and cultural significance of this transformative healing modality Learn about the concept of Qi and the meridian system in Traditional Chinese Medicine as well as the different acupuncture techniques and tools used in treatments Discover the wide ranging benefits of acupuncture including pain relief emotional and mental health digestive issues respiratory health women s and men s health sleep and insomnia immune system support weight management skin health addiction and recovery sports performance aging and longevity and much more Choose the right acupuncturist prepare for your first appointment and develop a personalized treatment plan that addresses your individual health needs The book also covers topics such as

the future of acupuncture and integrative medicine the benefits of combining acupuncture with Western medicine and sustainable practices in Traditional Chinese Medicine Written by experienced practitioners The Ancient Wisdom of Acupuncture is a must read for anyone interested in the transformative power of acupuncture Whether you re new to acupuncture or a seasoned practitioner this book is a valuable resource for expanding your knowledge and exploring new treatments Discover how to apply the ancient wisdom of acupuncture to modern life and take charge of your health today

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Acupuncture: A Comprehensive Guide to the Practice and Benefits Lily N. Sinclair, 2023-01-01 Healing with Needles An Introductory Guide to Acupuncture is the perfect resource for anyone interested in exploring the world of acupuncture With a comprehensive overview of the history philosophy and techniques of acupuncture this book offers a comprehensive guide to the practice and its benefits Part One The History and Philosophy of Acupuncture In this section readers will learn about the ancient roots and cultural significance of acupuncture as well as how the practice has developed over time With a deep understanding of the philosophy behind acupuncture readers will gain a greater appreciation for the power of this ancient healing art Part Two Understanding Qi and Meridians Central to the practice of acupuncture is the concept of Qi and the meridian system This section provides a comprehensive overview of these essential elements of Traditional Chinese Medicine TCM Part Three Acupuncture Techniques and Tools This section covers the different types of acupuncture needles as well as complementary techniques such as moxibustion and cupping Readers will gain a greater understanding of the tools and techniques used in acupuncture practice Part Four The Science Behind Acupuncture With current research and understanding of acupuncture s effectiveness readers will be able to separate fact from fiction and debunk common acupuncture myths Part Five Acupuncture for Pain Relief Acupuncture has been proven effective in treating a wide range of pain conditions from headaches and migraines to chronic pain This section offers practical tips for managing pain through acupuncture Part Six Acupuncture for Emotional and Mental Health Acupuncture is also effective in reducing stress and anxiety and treating depression and mood disorders This section provides valuable insights into the use of acupuncture for emotional and mental

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Neurobiological Mechanism of Acupuncture for Pain and Itch Man Li,Yong Tang,David Baxter,2022-04-22 Neural Mechanism and Effect of Acupuncture for Central Nervous System Diseases Guanhu Yang,Cunzhi Liu ,Xiang-Hong Jing,Weixing Pan ,Qinhong Zhang,2024-05-07 Central nervous system CNS diseases such as stroke Parkinson s disease vascular dementia Alzheimer s disease multiple sclerosis bulbar palsy spinal cord injury traumatic brain injury brain tumor cerebral palsy headache migraine epilepsy depression anxiety etc involve complex neural mechanism and seriously affect quality of life and threaten life safety in patients with these disorders Multiple neural techniques such as functional magnetic resonance imaging positron emission tomography electroencephalography etc provide powerful tools for uncovering complex networks of neural mechanism and exploring key potential biomarkers to reveal the underlying neural feature of those disorders *Proceedings of 10th International Conference on Chinese Medicine, Ayurveda & Acupuncture 2017* ConferenceSeries, May 18 19 2017 Munich Germany Key Topics Traditional Chinese Medicine Acupuncture Holistic Medicine Acupressure Alternative Medicine Herbal medicine Ayurveda Body Mind Soul Homeopathy Medicine The Ayurvedic System of Healing and Marma Therapy Important Milestones in development of TCM Diagnostics The Modernization of Chinese Medical Genre Source of Innovations in Chinese Medicine Menopause: New Insights for the Healthcare Professional: 2011 Edition ,2012-01-09 Menopause New Insights for the Healthcare Professional 2011 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Menopause The editors have built Menopause New Insights for the Healthcare Professional 2011 Edition on the vast information databases of ScholarlyNews You can expect the information about Menopause in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Menopause New Insights

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Supportive Cancer Care with Chinese Medicine William C.S. Cho, 2010-01-08

Cancer is a chronic disease. There are increasing cancer survivors after curative cancer treatment and this makes supportive cancer care an important area that more attention is needed. Chinese medicine has a long history of practice; it has aroused much interest from both Oriental and Western countries. A number of laboratory evidences and clinical trials demonstrated the effectiveness and efficacies of Chinese medicine for supportive cancer care. This book attempts to take a comprehensive approach to overview the different areas of Chinese medicine for supportive cancer care. This book not only serves as an introduction to novices to the area and a useful reference for those already involved but also serves as a stimulus to these and others to employ alternative approaches to current cancer care.

Hong Kong William C. S. Cho December 2009 v

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