

# K to 12 Curriculum Guide PHYSICAL EDUCATION

Revised 1 (October 2020)

PDF

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Department of Education  
Division Office - Marikina City

## 1. Introduction

Physical Education is a compulsory subject in the K to 12 curriculum. It aims to develop the physical, mental, and social well-being of the learners. It also aims to instill the values of discipline, teamwork, and leadership.

### A. Purpose of the Curriculum Guide

This curriculum guide provides the framework for the Physical Education program. It outlines the learning objectives, content, and assessment for each grade level. It also provides the guidelines for the implementation of the program.

The curriculum guide is designed to be flexible and adaptable to the needs of the learners. It allows the teachers to modify the content and assessment to suit the local context.

The curriculum guide is also designed to be user-friendly. It provides the teachers with the necessary information to implement the program effectively.

### B. Scope and Sequence of the Curriculum

The curriculum guide covers the following topics:

1. Physical Education and Health

2. Physical Education and the Environment

3. Physical Education and the Community

4. Physical Education and the Nation

# Curriculum Guide S Mapeh K 2 1

**Tobias Bleicker**



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