



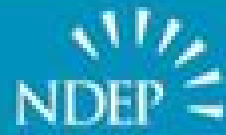
National Diabetes Education Program

A program of the National Institutes of Health and the Centers for Disease Control and Prevention

NDEP Webinar Series

The Dietary Guidelines for Americans 2015-2020

What Are They, How Have They Changed, and How Can You Use Them in Practice?



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